

# **I. SERVICES**



# **1. Services for older people**

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## 1.1 Private sector nursing homes for older people

Using PSS EX1 2011/12<sup>1</sup> returns uprated by the PSS pay & prices inflator, the median cost per person for supporting older people in a nursing care home was £519 per week (unchanged from last year), with an interquartile range of £452 to £584. The mean cost was £514 per week. The standard NHS nursing care contribution is £108.70 and the higher level NHS nursing care contribution is £149.60.<sup>2</sup> When we add the standard NHS nursing care contribution to PSS expenditure, the total expected mean cost is £623 and the median cost is £628.

Costs and unit estimation	2012/2013 value	Notes
A. Fees	£750 per week	The direct unit cost of private sector nursing homes is assumed to be the fee. Where a market is fairly competitive, such as that for private sector nursing homes, it is reasonable to assume that the fee will approximate the societal cost of the service. <sup>3</sup> A weighted average fee for England reflecting the distribution of single and shared rooms was taken from the Laing & Buisson market survey. <sup>4</sup>  Care home fees have been split into their component parts by Laing & Buisson (2013). <sup>5</sup> For nursing care for frail elderly people, total fees comprise care costs (45%), accommodation costs (20%), ancillary costs (27%) and operator's profit (8%).
External services B. Community nursing C. GP services D. Other external services		No current studies indicate how external services are used by nursing home residents. See previous editions of this volume for sources of information.
E. Personal living expenses	£23.50 per week	The Department for Work and Pensions (DWP) personal allowance for people in residential care or a nursing home is £23.50. <sup>6</sup> This has been used as a proxy for personal consumption.
Short-term care		No current information is available on whether residents in short-term care are less costly than those who live full-time in a nursing home. See previous editions of this volume for sources of information.
Dependency		No current information is available on the relationship of dependency with cost. See previous editions of this volume for sources of information.
Occupancy	89.8 per cent	The occupancy level in England for-profit and not-for-profit homes was 89.8 per cent in 2012. <sup>4</sup>
London multiplier	1.10 x A	Fees in London nursing homes were 10 per cent higher than the national average. <sup>4</sup>
<b>Unit costs available 2012/2013</b>		
£750 establishment cost per permanent resident week (A); £774 establishment cost plus personal living expenses per permanent resident week		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Department of Health (2012) *Advice note on nursing care bands*, Department of Health, London.

[http://webarchive.nationalarchives.gov.uk/20130107105354/http://www.dh.gov.uk/prod\\_consum\\_dh/groups/dh\\_digitalassets/@dh/@en/documents/digitalasset/dh\\_132886.pdf](http://webarchive.nationalarchives.gov.uk/20130107105354/http://www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/@dh/@en/documents/digitalasset/dh_132886.pdf) [accessed 25 September 2013].

<sup>3</sup> Kavanagh, S., Schneider, J., Knapp, M., Beecham, J. & Netten, A. (1992) *Elderly people with cognitive impairment: costing possible changes in the balance of care*, PSSRU Discussion Paper 817/2, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>4</sup> Laing & Buisson (2012) *Care of elderly people: UK market survey 2012/2013*, Laing & Buisson, London.

<sup>5</sup> Laing & Buisson (2013) *Councils rely on a 'hidden tax' on older care home residents*, Laing & Buisson, London.

<http://www.laingbuisson.co.uk/MediaCentre/PressReleases/CareofElderly201213PressRelease.aspx> [accessed 25 September 2013].

<sup>6</sup> Department of Health (2012) *Charging for residential care*, <https://www.gov.uk/government/news/charging-for-residential-care--2/> [accessed 3 October 2013].

## 1.2 Private sector residential care for older people

Using PSS EX1 2011/12<sup>1</sup> returns uprated by the PSS pay & prices inflator, the median cost per person for supporting older people in a residential care home provided by other organisations (voluntary, private and independent) was £472 per week and the mean cost was £475 per week.

Costs and unit estimation	2012/2013 value	Notes
A. Fees	£532 per week	The direct unit cost of private care homes is assumed to be the fee. Where a market is fairly competitive, such as that for private sector residential homes, it is reasonable to assume that the fee will approximate the societal cost of the service. <sup>2</sup> A weighted average fee for England reflecting the distribution of single and shared rooms was taken from the Laing & Buisson market survey. <sup>3</sup>  Care home fees have been split into their component parts by Laing & Buisson (2013). <sup>4</sup> For residential care for the frail elderly, total fees comprise care costs (33%), accommodation costs (25.5%), ancillary costs (34.5%) and operator's profit (7%).
<b>External service</b> B. Community nursing C. GP services D. Other external services		No current studies indicate how external services are used by residential care home residents. See previous editions of this volume for sources of information.
E. Personal living expenses	£23.50 per week	The Department for Work and Pensions (DWP) personal allowance for people in residential care or a nursing home is £23.50. <sup>5</sup> This has been used as a proxy for personal consumption.
Short-term care		No current information is available on whether residents in short-term care are less costly than those who live full-time in a residential care home. See previous editions of this volume for sources of information.
Dependency		No current information is available on the relationship of dependency with cost. See previous editions of this volume for sources of information.
London multiplier	1.12 x A	Fees in London residential homes were 12 per cent higher than the national average. <sup>3</sup>
Occupancy	90.4 per cent	The occupancy level in England for-profit and not-for-profit homes was 90.4 per cent in 2012. <sup>4</sup>
<b>Unit costs available 2012/2013</b>		
£532 establishment cost per permanent resident week (A); £556 establishment cost plus personal living expenses per permanent resident week (A and E).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Kavanagh, S., Schneider, J., Knapp, M., Beecham, J. & Netten, A. (1992) *Elderly people with cognitive impairment: costing possible changes in the balance of care*, PSSRU Discussion Paper 817/2, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>3</sup> Laing & Buisson (2012) *Care of elderly people: UK market survey 2011/2012*, Laing & Buisson, London.

<sup>4</sup> Laing & Buisson (2013) *Councils rely on a 'hidden tax' on older care home residents*, Laing & Buisson, London.

<http://www.laingbuisson.co.uk/MediaCentre/PressReleases/CareofElderly201213PressRelease.aspx> [accessed 3 October 2013].

<sup>5</sup> Department of Health (2012) *Charging for residential care*, <https://www.gov.uk/government/news/charging-for-residential-care--2> [accessed 3 October 2013].

### 1.3 Local authority residential care for older people

This table uses the Personal Social Services Expenditure return (PSS EX1)<sup>1</sup> for local authority expenditure, which have been uprated using the PSS pay & prices inflator.

Costs and unit estimation	2012/2013 value	Notes
Capital costs (A, B & C)		
A. Buildings and oncosts	£70 per week	Based on the new-build and land requirements for local authority residential care establishments. These allow for 57.3 square metres per person. <sup>2</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
B. Land	£12 per week	Based on Department for Communities and Local Government statistics. <sup>3</sup> The cost of land has been annuitised at 3.5 per cent over 60 years.
C. Other capital costs		Capital costs not relating to buildings and oncosts are included in the local authority expenditure costs so no additional cost has been added for items such as equipment and durables.
D. Total local authority expenditure (minus capital)	£920 per week	The median estimate is taken from PSS EX1 2011/12 uprated using the PSS pay & prices Index. <sup>1</sup> Capital charges relating to buildings and oncosts have been deducted. The mean cost is £864 per week (interquartile range £770-£1,220).
E. Agency overheads		Social services management and support services (SSMSS) costs are included in PSS EX1 total expenditure figures so no additional overheads have been added.
External services F. Community nursing G. GP services H. Other external services		No current studies indicate how external services are used by residential care home residents. See previous editions of this volume for sources of information.
I. Personal living expenses	£23.50 per week	The Department for Work and Pensions (DWP) personal allowance for people in residential care or a nursing home is £23.50. <sup>4</sup> This has been used as a proxy for personal consumption.
Use of facility by client	52.18 weeks per year	
Occupancy	89 per cent	Based on information reported by Laing & Buisson. <sup>5</sup>
Short-term care		No current information is available on whether residents in short-term care are less costly than those who live full-time in a residential care home. See previous editions of this volume for sources of information.
Dependency		No current information is available on the relationship of dependency with cost. See previous editions of this volume for sources of information.
London multiplier	1.89 x (D)	Based on PSS EX1 2011/12 data. <sup>1</sup>
<b>Unit costs available 2012/2013</b>		
£1,002 establishment cost per permanent resident week (includes A to E); £1,026 establishment cost plus personal living expenses per permanent resident week (includes A to D and I).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>3</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>4</sup> Department of Health (2012) *Charging for residential care*, <https://www.gov.uk/government/news/charging-for-residential-care-2> [accessed 3 October 2013].

<sup>5</sup> Laing & Buisson (2010) *Councils set to shunt social care costs to the NHS and service users as cuts take effect*, Laing & Buisson, <http://www.laingbuisson.co.uk/LinkClick.aspx?fileticket=7NqbsCOgKA%3D&tabid=558&mid=1888> [accessed 9 October 2013].

## 1.4 Local authority day care for older people

This table uses the Personal Social Services Expenditure return (PSS EX1)<sup>1</sup> for expenditure, which has been uprated using the PSS pay & prices inflator. The median cost was £114 per client week and the mean cost was £105 per client week (including capital costs). These data do not report on the number of sessions clients attended each week.

Costs and unit estimation	2012/2013 value	Notes
Capital costs (A, B & C) A. Buildings and oncosts	£3.60 per session	Based on the new-build and land requirements for local authority day care facilities (which do not distinguish client group). These allow for 33.4 square metres per person. <sup>2</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
B. Land	£0.70 per session	Based on Department for Communities and Local Government statistics. <sup>3</sup> The cost of land has been annuitised at 3.5 per cent over 60 years.
C. Other capital costs		Capital costs not relating to buildings and oncosts are included in the local authority expenditure figures so no additional cost has been added for items such as equipment and durables.
D. Total local authority expenditure (minus capital)	£34 per session	The median cost is taken from PSS EX1 2011/12 uprated using the PSS pay & prices index. Assuming older people attend 3 sessions per week, the median and mean cost per session are £34 and £31 respectively. Capital charges relating to buildings have been deducted.
E. Agency overheads		Social services management and support services (SSMSS) costs are included in PSS EX1 total expenditure figures so no additional overheads have been added.
Use of facility by client		Assumes clients attend 3 sessions of day care per week.
Occupancy		Based on a study carried out by PSSRU on day care services for older people with dementia, the occupancy rate was 87 per cent. <sup>4</sup>
London multiplier	1.43 x A 2.73 x B 1.51 x D	Relative London costs are drawn from the same source as the base data for each cost element.
<b>Unit costs available 2012/2013</b>		
£38 per session (includes A to D).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>3</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>4</sup> Reilly, S., Venables, D., Challis, D., Hughes, J. & Abendstern, M. (2004) *Day care services for older people with dementia in the north west of England*, Personal Social Services Research Unit, Manchester University, Manchester, <http://www.pssru.ac.uk/pdf/MCpdfs/Daycare1.pdf> [accessed 3 October 2013].



## 1.5 Extra care housing for older people

This is based on an evaluation of extra care housing which followed the development of 19 new-build extra care housing schemes located across England.<sup>1</sup>

Extra care housing is primarily for older people, and the accommodation is (almost always) self-contained. Care can be delivered flexibly, usually by a team of staff on the premises for 24 hours a day. Domestic care and communal facilities are available. For more information, see the Bäumker & Netten article in the 2011 edition of this report.

All costs have been updated from 2008 to current prices using the appropriate inflators. The mean cost of living in extra care housing was estimated at £430.20 per resident per week, with a standard deviation of £183 and a range of £178 to £1,261. The median cost was £368 per resident per week.

Costs and unit estimation	2012/2013 value	Notes
A. Capital costs		
Building and land costs	£100 per resident per week	Based on detailed valuations for the buildings and the land provided by the housing associations operating the extra care schemes. For properties constructed before 2008, capital values were obtained from the BCIS, and down-rated using the All-In Tender Price Index. Includes the cost of land, works including site development and landscaping, equipment and furniture, professional fees (architects, design and surveyors' fees). <sup>1</sup>
B. Housing management and support costs		
Housing management	£54 per resident per week	Information taken from the annual income and expenditure accounts for each individual scheme after at least one full operational year. Average running costs were calculated by dividing the adjusted total running cost by the number of units in the scheme. The cost includes management staff costs (salary and oncosts including national insurance and pension contributions, and office supplies), property maintenance and repairs, grounds maintenance and landscaping, cleaning of communal areas, utilities, and appropriate central establishment costs (excluding capital financing).
Support costs	£10 per resident per week	
C. Personal living expenses	£93 per resident per week	As significant variability existed in the approaches to meal provision in the schemes, items related to catering costs were removed from the financial accounts, and the cost of food and other consumables was estimated using the Family Expenditure Survey (2012), tables 27 and 32. <sup>2</sup>
D. Health and social service costs		
Health services	£70 per resident per week	Estimates of health and social service costs were made combining resource use information reported by 465 residents, six months after admission, with the appropriate unit costs taken from the respective local authorities or, where appropriate, from national sources. <sup>3</sup> Health care estimates ranged from £0-£675.
Social services	£104 per resident per week.	Social care estimates ranged from £0-£644.
Use of facility by client	52.18 weeks per year	
<b>Unit costs available 2012/2013</b>		
£163 accommodation, housing management and support costs; £256 accommodation, housing management, support and living expenses; £430 total cost.		

<sup>1</sup> Darton, R., Bäumker, T., Callaghan, L. & Netten, A. (2011) *The PSSRU evaluation of the extra care housing initiative: Technical Report*, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>2</sup> Office for National Statistics (2012) *Family spending 2012 edition*, Office for National Statistics, London, available at <http://www.ons.gov.uk/ons/rel/family-spending/family-spending-2012-edition/index.html> [accessed 3 October 2013].

<sup>3</sup> Curtis, L. (2008) *Unit Costs of Health and Social Care 2008*, Personal Social Services Research Unit, University of Kent, Canterbury.

## 1.6 Community rehabilitation unit

This table is based on a joint project between Kent County Council, Ashford Borough Council, Age Concern and Ashford Primary Care Trust.<sup>1</sup> Home Bridge provides recuperative care in seven purpose-built self-contained units for older people who need a period of recuperation following an illness, fall or where people have had increasing problems managing daily living. It provides intensive therapy and support to rebuild mobility and confidence so people can return home. Originally estimated in 2005, costs have been updated using the appropriate inflators.

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary and oncosts	£74,409 per year	The team comprises a scheme manager (20%), a part-time care manager (80%) and support workers. Employer's national insurance is included plus 18 per cent of salary for employer's contribution to superannuation.
B. Direct overheads Administrative costs Management costs	£28,272 per year £4,713 per year £17,741 per year	This includes maintenance, running costs, repair/renewal of fixtures/fittings. Building expenses and equipment costs. Includes Project Manager (0.05), CART co-ordinator, social services team leader (0.08) and agency fees.
C. Indirect overheads	£11,446 per year	To cover the finance function.
D. Capital: – building costs – land costs	£23,687 per year £10,889 per year	Based on actual cost of the 7 units, a lounge (shared by sheltered housing) and an office and updated using the Tender Price Index for Public Sector Building (non-housing). Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
Occupancy	71 per cent	On average, 5 of the 7 places are occupied at any one time.
Caseload	32 per year	The annual caseload for January 2004 to January 2005 was 32 clients.
Average length of stay	33 nights	
Hours and length of service	7 days a week (to include weekends and bank holidays)	The service is available 7 days a week with support workers working 10.5 hours daily (3,832 hours per year). The scheme manager is available from Monday to Friday 7 am to 3 pm, and in case of emergency there is cover during evenings, nights and weekends via the call centre.
Patient-related hours  Typical episode Low-cost episode High-cost episode	  7 hours per week 5 hours per week 10 hours per week	All clients receive an initial assessment when referred to Home Bridge, usually in hospital. They are assessed on arrival by a community care manager, who monitors them throughout their stay and discharges them at the end of their stay. 50 per cent of clients stay on average 29 nights and receive 41 hours of contact with a support worker per week. 25 per cent of clients stay 10 days and receive an additional 10 hours with a support worker each week. 25 per cent of clients stay on average 64 days and receive 137 hours with support workers.
Cost of hospital assessment and admission to Homebridge	£309	Between 3-5 hours of a hospital care manager's time who prepares the discharge from hospital and arranges the referral to Home Bridge. A further 3 hours is required by the social services duty desk to make the admission arrangements at Home Bridge. This is based on the salary of a social work assistant.
Cost of discharge from Homebridge	£506	This is carried out by a community care manager and takes 8.5 hours. It involves 7.5 hours face-to-face contact time for liaison with patient, professionals, families and services, and also 1 hour administration.
Cost of health services provided by the Community Assessment and Rehabilitation Team (CART)	£350	On average, 7 hours of therapy or nursing care was provided by the CART team.
<b>Unit costs available 2012/2013</b>		
Full unit costs (all activities): Per person (actual occupancy) £34,232 per year, £657 weekly (includes A to D); per person (full occupancy) £24,451 per year, £469 weekly. Cost per episode: £2,758 (typical episode), £1,835 (low-cost episode); £5,541 (high-cost episode).		

<sup>1</sup> Curtis, L. (2005) The costs of recuperative care housing, in L. Curtis (ed.) *Unit Costs of Health and Social Care 2005*, Personal Social Services Research Unit, University of Kent, Canterbury.

## 1.7 Intermediate care based in residential homes

This information is based on PSSRU research carried out with the Social Work and Social Care Section at the Institute of Psychiatry.<sup>1</sup> It provides the costs of comparative intermediate care schemes based in residential homes. The average weekly cost per client across the four schemes is £585, and the average annual cost per client is £3,341. All costs have been uprated to present values using the appropriate PSS inflators. The *National Evaluation of the Costs and Outcomes of Intermediate Care for Older People*<sup>2</sup> should also be downloaded for comparative costs.

	Social care only			Social and health care
	<b>Scheme A</b> provides a therapeutic programme of recuperative care with 16 recuperative beds. Care staff include care workers, a senior night carer and rehabilitation workers.	<b>Scheme B</b> is provided by the local authority for people with dementia. A fee is paid by the local authority for care staff.	<b>Scheme C</b> is a short-stay residential home for people having difficulty managing at home, or who have been recently discharged from hospital or are considering entry to a residential care home. A fee is paid by the local authority for care staff.	<b>Scheme D</b> is run by the local authority in conjunction with the primary care trust and provides 6 weeks of support and rehabilitation to older people who have the potential to return to their own home after a stay in hospital. Staff include a care manager, therapists, a visiting medical officer and promoting independence assistants.
Wages/salary	£214,335	£146,973	£101,322	£158,664
Oncosts Employer's national insurance plus 14 per cent of salary for employer's contribution to superannuation	£46,082	£31,599	£21,784	£34,113
Direct overheads Includes salaries of supervisory staff, running costs and supplies	£243,263	£52,249	£48,027	£27,335
Indirect overheads Management fees (inc. premises' costs) Capital/premises Total costs <sup>3</sup>	£157,872 £34,836 £699,388	£41,799 £272,620	£171,133	£9,019 £229,130
Caseload	196	51	64	67
Average length of stay	34 days	54 days	46 days	32 days
No. of beds	16	10	8	8
Weekly costs per resident	£835	£523	£410	£571
Average annual cost per client	£3,662	£5,509	£2,756	£3,525
Cost of typical client episode	£4,054	£4,033	£2,667	£2,609

<sup>1</sup> Baumann, M., Evans, S., Perkins, M., Curtis, L., Netten, A., Fernandez, J.L. & Huxley, P. (2007) Organisation and features of hospital, intermediate care and social services in English sites with low rates of delayed discharge, *Health & Social Care in the Community*, 15, 4, 295-305.

<sup>2</sup> Barton, P., Bryan, S., Glasby, J., Hewitt, G., Jagger, C., Kaambwa, B., Martin, G., Nancarrow, S., Parker, H., Parker, S., Regen, E. & Wilson, A. (2006) *A national evaluation of the costs and outcomes of intermediate care for older people. Executive Summary*, Intermediate Care National Evaluation Team (ICNET), University of Birmingham and University of Leicester. <http://www.birmingham.ac.uk/Documents/college-social-sciences/social-policy/HSMC/research/intermediate-care-older-people.pdf> [accessed 30 October 2013].

<sup>3</sup> Where the fee for providing the scheme was provided, 80 per cent was estimated by the service provider as the amount for care staff salaries. The remainder was allocated to overheads.

## 1.8 Dementia memory service

Memory assessment services support the early identification and care of people with dementia. They offer a comprehensive assessment of an individual's current memory abilities and attempt to determine whether they have experienced a greater memory impairment than would be expected for their age. Memory assessment services are typically provided in community centres by community mental health teams, but also are available in psychiatric and general hospitals. Some commissioners consider locating services (or aspects of such services) in primary care, where they are provided by practitioners with a special interest in dementia.<sup>1</sup> The goal is to help people, from the first sign of memory problems, to maintain their health and their independence. See *Commissioning a memory assessment service for the early identification and care of people with dementia* for more information on this service.<sup>2</sup>

Information for this service has been provided by the South London and Maudsley (SLAM) NHS Foundation Trust. Based in the Heavers Resource Centre, Croydon, the service provides early assessment, treatment and care for people aged 65 and over who have memory problems that may be associated with dementia. The initial assessment is provided in the client's own home wherever possible. The average annual cost per client is £1,186. Two further dementia memory services provided by SLAM (but not providing assessments) had average annual costs per client of £978 (Lambeth and Southwark) and £739 (Lewisham). The costs of another London dementia memory service can be found in <http://www.londonhp.nhs.uk/wp-content/uploads/2011/03/Dementia-Services-Guide.pdf>.

In 2013, an audit of memory services was carried out by the Royal College of Psychiatrists. For more information see <http://www.rcpsych.ac.uk/workinpsychiatry/qualityimprovement/nationalclinicalaudits/memoryservicesaudit.aspx>. Using information provided by around half of clinics in England on annual funding and number of patients seen and assessments completed, the average total annual cost was estimated to be £632,765, with an average annual cost per patient attendance of £465. The average minimum cost per patient was £203 and the average maximum cost was £641. Memory clinics not providing complete data were excluded from the analysis.

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary	£439,437 per year	Based on mean salaries for Agenda for Change (AfC) bands. <sup>3</sup> Weighted to reflect the input of 1 WTE associate specialist, 0.40 WTE consultant, 2 WTE occupational therapists (bands 6 & 7), 2.8 WTE psychologists (bands 5, 7 & 8) and nurses (band 6 & two nurses on band 7).
B. Salary oncosts	£112,657 per year	Employer's national insurance is included plus 14 per cent of salary for employer's contribution to superannuation.
C. Overheads Management and administration	£109,468 per year	Provided by the South London and Maudsley NHS Foundation Trust and based on median salaries for Agenda for Change (AfC) administrative and clerical grades. <sup>3</sup> Includes 3 FTE administrative and clerical assistants (bands 3, 4 & 5) and management provided by 0.2 WTE psychologist (band 8).
Non-staff	£175,270 per year	Provided by the South London and Maudsley NHS Foundation Trust. This includes expenditure to the provider for travel/transport and telephone, education and training, office supplies and services (clinical and general), as well as utilities such as water, gas and electricity.
D. Capital overheads	£2,992 per year	Based on the new-build and land requirements of 4 NHS offices and a large open-plan area for shared use <sup>4,5</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
Working time	50.4 weeks per year 40 hours per week	Unit costs are based on 2,016 hours per year: 260 working days (8 hours per day) minus bank holidays.
Caseload	708 clients per year	Provided by the South London and Maudsley NHS Foundation Trust.
<b>Unit costs available 2012/2013</b>		
Total annual cost £839,823; total cost per hour £417; cost per client £1,186.		

<sup>1</sup> Department of Health (2011) *Commissioning services for people with dementia*, [http://webarchive.nationalarchives.gov.uk/+www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/Browsable/DH\\_127381](http://webarchive.nationalarchives.gov.uk/+www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/Browsable/DH_127381) [accessed 17 November 2013].

<sup>2</sup> National Institute for Health and Clinical Excellence (NICE) (2007) *Commissioning a memory assessment service for the early identification and care of people with dementia*, [http://www.nice.org.uk/media/4F1/D6/Memory\\_assessment\\_service\\_commissioning\\_guide.pdf](http://www.nice.org.uk/media/4F1/D6/Memory_assessment_service_commissioning_guide.pdf) [accessed 6 November 2013].

<sup>3</sup> Health & Social Care Information Centre (2013) *NHS staff earnings estimates June 2013*, Health & Social Care Information Centre, Leeds.

<sup>4</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>5</sup> Personal communication with the Department for Communities and Local Government, 2011.

## **2. Services for people with mental health problems**

- 2.1 NHS reference costs for mental health services
- 2.2 Local authority care homes for people with mental health problems
- 2.3 Private sector care homes for people with mental health problems
- 2.4 Local authority social services day care for people with mental health problems
- 2.5 Private sector day care for people with mental health problems
- 2.6 Cognitive behaviour therapy (CBT)
- 2.7 Behavioural activation delivered by the non-specialist
- 2.8 Counselling services in primary medical care
- 2.9 Individual placement and support
- 2.10 Deprivation of liberty safeguards in England: implementation costs
- 2.11 Mindfulness based cognitive therapy – group-based intervention
- 2.12 Interventions for mental health promotion and mental illness prevention



## 2.1 NHS reference costs for mental health services

We have drawn on the *NHS Trust and Primary Care Trusts combined* to report from the NHS reference costs of selected mental health services.<sup>1</sup> All costs have been uprated to 2012/13 prices using the HCHS pay & prices inflators. The costs of selected mental health care services for children can be found in table 6.1.

As the first step towards the introduction of a national tariff for mental health services, the Department of Health mandated the use of the mental health care clusters as the currencies for adult mental health services for working-age adults and older people. The care clusters cover most services for working-age adults and older people, and replace previous reference cost currencies for adult and elderly mental health services. They also replace some currencies previously provided for specialist mental health services or mental health specialist teams. The mental health care cluster for working-age adults and older people, focuses on the characteristics and needs of a service user, rather than the individual interventions they receive or their diagnosis. See *NHS reference costs guidance* for 2011-2012<sup>1</sup> for more information on care clusters.

Each reported unit cost includes:

- (a) direct costs – which can be easily identified with a particular activity (e.g. consultants and nurses)
- (b) indirect costs – which cannot be directly attributed to an activity but can usually be shared among a number of activities (e.g. laundry and lighting)
- (c) overheads – which relate to the overall running of the organisation (e.g. finance and human resources).

For information on the method used to allocate drugs to services, see *NHS reference costs guidance* for 2011-2012.<sup>1</sup>

	Mean £	Lower quartile £	Upper quartile £
<b>MENTAL HEALTH SERVICES</b>			
Mental health care clusters (initial assessment)	£257	£184	£325
Mental health care clusters (non-admitted)	£11	£7	NA
Mental health care clusters (admitted)	£342	£309	£376
Weighted average of all community contacts	£125	£65	£153
Weighted average of mental health specialist teams	£136	£91	£169
Mental health secure units	£528	£456	£583
Weighted average of mental health inpatients specialist services	£430	£340	£508
Weighted average of all adult outpatient attendances (excluding elderly people)	£100	£36	£141

<sup>1</sup> Department of Health (2013) *NHS reference costs 2011-2012*, <https://www.gov.uk/government/news/financial-year-2011-to-2012-reference-costs-published> [accessed 2 October 2013].

## 2.2 Local authority care homes for people with mental health problems

This table uses the Personal Social Services Expenditure return (PSS EX1)<sup>1</sup> for expenditure which has been uprated using the PSS pay & prices inflator.

Costs and unit estimation	2012/2013 value	Notes
Capital costs A. Buildings and oncosts	£88 per resident week	Based on the new-build and land requirements for homes for people with mental health problems. <sup>2</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
B. Total local authority expenditure (minus capital)	£704 per resident week	The median revenue weekly cost estimate (£704) for supporting adults in own-provision residential care (includes full cost paying and preserved rights residents). Capital costs relating to buildings and land have been deducted. The mean cost per client per week is reported as being £1,190. Councils reporting costs of over £2,000 per client week have not been included in this estimate.
C. Agency overheads		Social services management and support services (SSMSS) costs are included in PSS EX1 expenditure figures so no additional overheads have been added.
Other costs D. Personal living expenses	£23.50 per week	The DWP personal allowance for people in residential care or a nursing home is £23.50. <sup>3</sup> This has been used as a proxy for personal consumption.
E. External services		No information is available.
Use of facility by client	365.25 days per year	
Occupancy	100 per cent	No statistics available, therefore 100 per cent occupancy assumed.
London multiplier	1.23 x (A to B)	Relative London costs are drawn from the same source as the base data for each cost element.
<b>Unit costs available 2012/2013</b>		
£793 per resident week establishment costs (includes A to B); £816 per resident week (includes A to D).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>3</sup> Department of Health (2012) *Charging for residential care*, <https://www.gov.uk/government/news/charging-for-residential-care--2/> [accessed 3 October 2013].



## 2.3 Voluntary, private and independent sector care homes for people with mental health problems

This table uses the Personal Social Services Expenditure return (PSS EX1)<sup>1</sup> for expenditure costs, which have been uprated using the PSS pay & prices inflator.

Costs and unit estimation	2012/2013 value	Notes
Capital costs		
A. Buildings and oncosts	£87 per resident week	Based on the new-build and land requirements for homes for people with mental health problems. <sup>2</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
B. Total expenditure (minus capital)	£629 per resident week	The median cost estimate (£629) for supporting adults in residential care provided by other organisations (includes full cost paying and preserved rights residents). The mean cost per client per week is reported as being £683. Capital charges relating to building and oncosts have been deducted. <sup>1</sup> Councils reporting costs of over £2,000 per client week have not been included in these estimate.
C. Agency overheads		Social services management and support services (SSMSS) costs are included in PSS EX1 expenditure figures so no additional overheads have been added.
Other costs		
D. Personal living expenses	£23.50 per week	The DWP allowance is used as a proxy for personal consumption. <sup>3</sup>
E. Service use		No information available on service use.
Use of facility by client	365.25 days per year	
Occupancy	100 per cent	No statistics available, therefore 100 per cent occupancy assumed.
London multiplier	1.16 x (A to B)	Relative London costs are drawn from the same source as the base data for each cost element.
<b>Unit costs available 2012/2013</b>		
£716 per resident week establishment costs (includes A to B); £739 per resident week (includes A to D).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>3</sup> Department of Health (2012) *Charging for residential care*, <https://www.gov.uk/government/news/charging-for-residential-care--2/> [accessed 3 October 2013].

## 2.4 Local authority social services day care for people with mental health problems

This table uses the Personal Social Services Expenditure return (PSS EX1)<sup>1</sup> for local authority expenditure costs, which have been updated using the PSS pay & prices inflator. Councils reporting costs of more than £500 per client week have been excluded from these estimates. The median cost was £112 per client week and the mean cost was £94 per client week (including capital costs). These data do not report on the number of sessions clients attended each week. In order to provide a cost per day care session, it is assumed that clients attend day care on average for three sessions per week as this is recommended as part of a total recovery programme.<sup>2</sup>

Costs and unit estimation	2012/2013 value	Notes
Capital costs		
A. Buildings and oncosts	£3.60 per session	Based on the new-build and land requirements for day care facilities (which do not distinguish by client group). These allow for 33.4 square metres per person. <sup>3</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
B. Land	£0.70 per session	Based on information provided by the Department for Communities and Local Government, 2011. <sup>4</sup> Land costs have been discounted at 3.5 per cent over 60 years.
C. Other capital		Capital costs not relating to buildings and oncosts are included in the local authority expenditure figures, so no additional cost has been added for other items such as equipment and durables.
D. Total local authority expenditure (minus capital)	£34 per session	This is the median cost per session (£34) for own-provision day care for people with mental health problems. Capital charges relating to buildings have been deducted. The mean cost per client session is £28.
E. Agency overheads		Social services management and support services (SSMSS) costs are included in PSS EX1 expenditure figures so no additional overheads have been added.
Occupancy	87 per cent	Based on a study carried out by PSSRU. <sup>5</sup>
London multiplier	1.43 x A 2.73 x B 1.08 x D	Relative London costs are drawn from the same source as the base data.
<b>Unit costs available 2012/2013</b>		
£38 per user session (includes A to D).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Salford City Council (2011) *Mental health*, Salford City Council. <http://www.salford.gov.uk/mentalhealth.htm> [accessed 9 October 2013].

<sup>3</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>4</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>5</sup> Reilly, S., Venables, D., Challis, D., Hughes, J. & Abendstern, M. (2004) *Day care services for older people with dementia in the north west of England*, Personal Social Services Research Unit, Manchester University, Manchester, [www.pssru.ac.uk/pdf/MCpdfs/Daycare1.pdf](http://www.pssru.ac.uk/pdf/MCpdfs/Daycare1.pdf) [accessed 9 October 2013].

## 2.5 Private sector day care for people with mental health problems

This table uses the Personal Social Services Expenditure return (PSS EX1)<sup>1</sup> for expenditure costs, which have been updated using the PSS pay & prices inflator. The median and mean cost was £92 per client week (including capital costs). In order to provide a cost per day care session, it is assumed that clients attend day care on average for three sessions per week as this is recommended as part of a total recovery programme.<sup>2</sup>

Costs and unit estimation	2012/2013 value	Notes
Capital costs		
A. Buildings and oncosts	£3.60 per session	Based on the new-build and land requirements for day care facilities, which do not distinguish by client group. These allow for 33.4 square metres per person. <sup>3</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
B. Land	£0.70 per session	Based on information provided by the Department for Communities and Local Government, 2011. <sup>4</sup> Land costs have been discounted at 3.5 per cent over 60 years.
C. Other capital		Capital costs not relating to buildings are included in the local authority expenditure figures, so no additional cost has been added for other items such as equipment and durables.
D. Total local authority expenditure (minus capital)	£26 per session	The median and mean cost per day care session provided by other organisations is £26. Capital charges relating to buildings have been deducted.
E. Agency overheads		Social services management and support services (SSMSS) costs are included in PSS EX1 expenditure figures so no additional overheads have been added.
Occupancy	87 per cent	Based on study carried out by PSSRU. <sup>5</sup>
London multiplier	1.43 x A 2.73 x B 0.82 x D	Relative London costs are drawn from the same source as the base data.
<b>Unit costs available 2012/2013</b>		
£30 per user session (includes A to E).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds

<sup>2</sup> Salford City Council (2011) *Mental health*, Salford City Council. [www.salford.gov.uk/mentalhealth.htm](http://www.salford.gov.uk/mentalhealth.htm) [accessed 9 October 2013].

<sup>3</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>4</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>5</sup> Reilly, S., Venables, D., Challis, D., Hughes, J., & Abendstern, M. (2004) *Day care services for older people with dementia in the north west of England*, Personal Social Services Research Unit, Manchester University, Manchester, <http://www.pssru.ac.uk/archive/research.php> [accessed 9 October 2013].

## 2.6 Cognitive behaviour therapy (CBT)

This table is based on costs estimated for a randomised controlled trial of interventions for adolescents with depression. The setting was two Child and Mental Health Services (CAMHS) teams in secondary care where CBT was delivered.<sup>1</sup> Barrett and Petkova summarise CBT costs over 21 studies in a short article at the beginning of this volume.

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary	£42,359 per year	Based on full-time equivalent basic salary of the July 2012-June 2013 NHS staff earnings estimates for a specialty doctor (midpoint), clinical psychologist (band 8) and mental health nurse (band 5). <sup>2</sup> An average has been taken of these salaries.
B. Oncosts	£5,577 per year	Employer's national insurance is included plus 14 per cent of salary for employer's contribution to superannuation.
C. Qualifications		No information available.
D. Overheads		Taken from NHS (England) Summarised accounts. <sup>3</sup>
Management, administrative and estates staff	£9,256 per year	Management and other non-care staff costs were 19.31 per cent of direct care salary costs and included administration and estates staff.
Non-staff	£20,119 per year	Non-staff costs were 41.97 per cent of direct care salary costs. They include costs to the provider for office, travel/transport and telephone, education and training, supplies and services (clinical and general), as well as utilities such as water, gas and electricity.
E. Ongoing training		Information not available for all care staff.
F. Capital overheads	£3,387 per year	Based on the new-build and land requirements of an NHS office and shared facilities, capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent. <sup>4,5</sup> Based on the assumption that there is one office per team.
Working time	43.4 weeks per year, 37.5 hours per week	Unit costs are based on 1,626 hours per year: 225 working days minus sickness absence and training/study days as reported for all NHS staff groups. <sup>6</sup>
Ratio of direct to indirect time on face-to-face contact	1:1	Fifty per cent of time is spent on face-to-face contact and 50 per cent on other activities.
Length of contact	55 minutes	Average duration of CBT session.
<b>Unit costs available 2012/2013</b>		
£50 per hour; £99 per hour face-to-face contact; £91 cost per CBT session.		

<sup>1</sup> Goodyer, I., Harrington, R., Breen, S., Dubicka, B., Leech, A., Rothwell, J., White, L., Ford, C., Kelvin, R., Wilkinson, P., Barrett, B., Byford, S. & Roberts, C. (2007) A randomised controlled trial of SSRIs with and without cognitive behavioural therapy in adolescents with major depression, *British Medical Journal*, doi:10.1136/bmj.39224.494340.55.

<sup>2</sup> Health & Social Care Information Centre (2013) *NHS staff earnings estimates 2013* (not publicly available), Health & Social Care Information Centre, Leeds.

<sup>3</sup> Audit Commission (2012) *NHS summarised accounts 2011-2012*, NHS, London.

<sup>4</sup> Personal communication with the Department for Communities and Local Government, 2012.

<sup>5</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>6</sup> Contracted hours are taken from NHS Careers (2012) *Pay and benefits*, National Health Service, London. <http://www.nhscareers.nhs.uk/> [accessed 9 October 2013]. Working days and sickness absence rates as reported in Health & Social Care Information Centre (2013) *Sickness absence rates in the NHS: January-March 2012 and Annual Summary 2009-10 to 2011-12*, Health & Social Care Information Centre, Leeds.

## 2.7 Behavioural activation delivered by the non-specialist

Behavioural activation provides a simple, effective treatment for depression. It is delivered over 12 one-hour sessions by two mental health nurses on post-qualification pay bands with no previous formal therapy training. They received 5 days training in behavioural activation and 1 hour clinical supervision fortnightly from the principal investigator.<sup>1</sup> Sessions are usually attended by 10 people. Costs are based on Agenda for Change band 7, the grade normally used for this service. However, if we base the costs on Agenda for Change band 5, the cost per session per person is £10 (£12 with qualifications) and for 12 sessions £122 (£145 with qualifications).<sup>1</sup>

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary	£76,114 per year	Based on the median full-time equivalent basic salary for Agenda for Change band 7 (2 qualified mental health nurses) of the April-June 2012 NHS staff earnings estimates.
B. Salary oncosts	£19,093 per year	Employer's national insurance is included plus 14 per cent of salary for contribution to superannuation.
C. Qualifications	£20,878 per year	Qualification costs have been calculated using the method described in Netten et al. (1998). <sup>2</sup> Current cost information has been provided by the Department of Health and Health Education England (HEE). <sup>3</sup> See table 7.4 for more details. This is for 2 mental health nurses.
D. Training for behavioural activation	£639 per year	Training costs were calculated by facilitators' hourly rate for the duration of the training (35 hours) divided by the number of participants attending (n=10) (£195 per therapist). Supervision costs were based on 1 hour fortnightly contact for 40 weeks (£2,856 per therapist). 12 session behavioural protocol (£220 per therapist). These costs have been annuitised over the working life of the nurse.
E. Overheads		Taken from NHS (England) Summarised accounts. <sup>4</sup>
Management, administration and estates staff	£18,384 per year	Management and other non-care staff costs were 19.31 per cent of direct care salary costs and included administration and estates staff.
Non-staff	£39,958 per year	Non-staff costs were 41.97 per cent of direct care salary costs. They include costs to the provider for office, travel/transport and telephone, education and training, supplies and services (clinical and general), as well as utilities such as water, gas and electricity.
F. Capital overheads	£5,932 per year	Based on the new-build and land requirements of NHS facilities (2 offices) but adjusted to reflect shared use of both treatment and non-treatment space. <sup>5,6</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
Working time	42 weeks per year 37.5 hours per week	Unit costs are based on 1,572 hours per year: 225 working days minus sickness absence and training/study days as reported for all NHS staff groups. <sup>7</sup>
Ratio of direct to indirect time		Based on the National Child and Adolescent Mental Health Service Mapping data and returns from over 500 grade G nurses, 45 per cent of time was spent on direct clinical work, 13 per cent on consultation and liaison, 8 per cent on training and education, 4 per cent on research and evaluation, 23 per cent on admin and management, 7 per cent on other work. Seventeen per cent was spent on tier 1 work and this was assumed to be spread across all types of activity for the purpose of the analysis.
Face-to-face contacts	1:0.89	
Patient-related work	1:0.33	
Duration of contact		One-hour sessions included direct treatment time of 40-50 minutes and administration.
<b>Unit costs available 2012/2013 (costs including qualifications given in brackets)</b>		
Cost per hour £102 (£115); Cost per hour face-to-face contact £192 (£218); Cost per hour of patient-related work £135 (£153); Cost per session per person £15 (£17); Cost per 12 sessions per person £178 (£201)		

<sup>1</sup> Ekers, D., Godfrey, C., Gilbody, S., Parrott, S., Richards, D., Hammond, D. & Hayes, A. (2011) Cost utility of behavioural activation delivered by the non-specialist, *British Journal of Psychology*, 199, 510-511, doi:10.1192/bjp.bp.110.090266

<sup>2</sup> Netten, A., Knight, J., Dennett, J., Cooley, R. & Slight, A. (1998) *Development of a ready reckoner for staff costs in the NHS, Vols 1 & 2*, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>3</sup> Personal communication with the Department of Health and Health Education England (HEE), 2013.

<sup>4</sup> Audit Commission (2012) *NHS summarised accounts 2011-2012*, NHS, London.

<sup>5</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>6</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>7</sup> Contracted hours are taken from NHS Careers (2012) *Pay and benefits, National Health Service*, London, <http://www.nhs Careers.nhs.uk/> [accessed 9 October 2013]. Working days and sickness absence rates as reported in Health & Social Care Information Centre (2013) *Sickness absence rates in the NHS: January 2013 – March 2013*, Health & Social Care Information Centre, Leeds.

## 2.8 Counselling services in primary medical care

Counselling and psychotherapy are umbrella terms that cover a range of talking therapies. They are delivered by trained practitioners who work with people over a short or long term to help them bring about effective change or enhance their wellbeing.<sup>1</sup>

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary	£38,146 per year	Based on the mean full-time equivalent basic salary for Agenda for Change band 7 of the July 2012-June 2013 NHS staff earnings estimates. <sup>2</sup>
B. Salary oncosts	£9,571 per year	Employer's national insurance is included plus 14 per cent of salary for employer's contribution to superannuation.
C. Overheads		
Management and administration	£9,214 per year	No information available on management and administrative overheads for professionals working in primary care. The same level of support has been assumed for counsellors as for other NHS staff (19.31 per cent of direct care salary costs).
Office, general business and premises (including advertising and promotion)	£17,667 per year	No information available on overheads for a counsellor working in primary care. All information on office and general business expenses is drawn from the GP earnings and expenses report. <sup>3</sup> The same level of overheads (office & general business, premises and other expenses) has been assumed as for a practice nurse (see table 10.6).
D. Capital overheads	£3,051 per year	Based on new-build and land requirements for a practice nurse non-treatment space. Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent. <sup>4,5</sup>
E. Travel		No information available on average mileage covered per visit. From July 2013, NHS reimbursement will be based on a single rate for the first 3500 miles travelled (67p) and a reduced rate thereafter, irrespective of the type of car or fuel used (24p). <sup>6</sup>
Ratio of direct to indirect time on client contact	1:0.30	A study of nine practices found that the mean number of sessions was 7 (median 6). <sup>7</sup> Seventy-seven per cent of the time was spent on face-to-face contact, and 23 per cent of the time on other work.
Consultations	55 minutes	Average length of surgery consultation. <sup>8</sup>
Working time	42.7 weeks per year 37.5 hours per week	Unit costs are based on 1,602 hours per year: 225 working days minus sickness absence and training/study days as reported for all NHS staff groups. <sup>9</sup> Each practice in the study employed counsellors for between 6 and 49 hours per week.
<b>Unit costs available 2012/2013</b>		
£48 per hour (includes A to D); £63 per hour of client contact (A to D); £58 per consultation.		

<sup>1</sup> British Association for Counselling and Psychotherapy (2011) *BACP definition of counselling*, BACP. [www.bacp.co.uk/](http://www.bacp.co.uk/) [accessed 9 October 2013].

<sup>2</sup> Health & Social Care Information Centre (2013) *NHS staff earnings estimates 2013* (not publicly available), Health & Social Care Information Centre, Leeds.

<sup>3</sup> Information Centre (2012) *GP earnings and expenses 2009/2010*, Information Centre, Leeds. <http://data.gov.uk/dataset/gp-earnings-and-expenses/> [accessed 3 October 2013].

<sup>4</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>5</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>6</sup> NHS Employers (2013) *New mileage arrangements for Agenda for Change staff*, <http://www.nhsemployers.org/PayAndContracts/LatestNews/Pages/New-pay-circular-for-Agenda-for-Change-Staff.aspx> [accessed 1 October 2013].

<sup>7</sup> Simpson, S., Corney, R., Fitzgerald, P. & Beecham, J. (2000) *A randomised controlled trial to evaluate the efficacy and cost-effectiveness of counselling with patients with chronic depression*, Report to the NHS Health Technology Assessment Programme, Vol. 4, No. 36.

<sup>8</sup> Crossroads Counselling Practice (2012) see <http://www.crossroadscounsellingpractice.com.au/> [accessed 9 October 2013].

<sup>9</sup> Contracted hours are taken from NHS Careers (2012) *Pay and benefits*, National Health Service, London. <http://www.nhs Careers.nhs.uk/> [accessed 9 October 2013]. Working days and sickness absence rates as reported in Health & Social Care Information Centre (2013) *Sickness absence rates in the NHS: January 2013 – March 2013*, Health & Social Care Information Centre, Leeds.

## 2.9 Individual placement and support

Provided by Justine Schneider and Sheila Durie

### Description of IPS

People with severe mental health problems face particular barriers to employment, both in relation to their impairments<sup>1</sup> and as a result of stigma and prejudice.<sup>2</sup> To overcome these, an approach known as Individual Placement and Support (IPS) has been developed<sup>3</sup> and has strong evidence to support it.<sup>4,5</sup> There are 25 criteria for 'fidelity' of IPS to the standards of best practice. The management ratio and the caseload sizes used here are within the bounds of 'good to exemplary' scores; most of the other fidelity criteria have little or no direct impact on service costs. Caseload capacity is determined both by size and by turnover. There is evidence from the US that each place on a caseload serves about 1.8 clients over a year, so a caseload of 20 has a throughput of 38 individuals per year on average. Although caseload size is used here to estimate a range of unit costs for IPS, turnover has not been factored in because it is likely to vary according to the skills of the post-holder.

### Necessary conditions for IPS to operate

Successful operation of IPS requires work-oriented mental health services, through cross-sector engagement and partnership working. The specialist skills of IPS staff and managers provide direct interventions with service users and employers to place people in work and support them as required. Responsibility for the maintenance of work-oriented mental health is shared more widely across professionals in the field.

### Variations in the costs presented

The IPS approach requires employment specialists to be integrated into the mental health team. However, there is a wide range of levels at which the specialists are currently appointed. Therefore, in table 2.9.1, we offer costs for four grades of staff, two with professional qualifications (e.g. psychology, occupational therapy) and two with no particular qualifications. These different levels of pay, combined with a range of caseload sizes, yield a range of unit costs, as shown in table 2.9.2. To the salary costs are added the usual overheads, plus a cost for a team leader, who according to IPS wisdom should not supervise more than 10 staff and should be available to provide practical support. A small marketing budget is included here, but annual costs for training were not available. We were advised by experienced IPS services that no other costs are commonly incurred. The unit cost per year shown in table 2.9.2 ranges from £1,864 to £7,214, depending on caseload size and salary level of the worker. This does not take account of turnover in clients, who are unlikely to remain in the service for a full year.

### Comparative costs of day care

Unit costs of IPS may be compared to the costs of private sector day care. In table 2.5 of this volume, the cost of private sector day care was £35 per session outside of London. Table 2.9.3 shows the unit cost per day for the four grades of staff, combined with the same range of caseload sizes as in table 2.9.2. The unit cost per day shown in table 2.9.2 ranges from £44 to £172 depending on caseload size and salary level of the worker. Whereas day care is often allocated in perpetuity, IPS is geared to finding a person paid work, and therefore the amount used by a given individual is likely to decrease over time. Moreover, there is some evidence that those individuals who attain work gain self-esteem<sup>6</sup> and reduce their reliance on mental health services, though not necessarily on social security benefits.<sup>7</sup>

<sup>1</sup> McGurk, S. & Mueser, K. (2004) Cognitive functioning, symptoms and work in supported employment; a review and heuristic model, *Schizophrenia Research*, 70, 147-174.

<sup>2</sup> Thornicroft, G. (2006) *Shunned: discrimination against people with mental illness*, Oxford University Press, Oxford.

<sup>3</sup> Department of Health (2006) *Vocational services for people with severe mental health problems: commissioning guidance*, CSIP for Department of Work and Pensions and Department of Health.

<sup>4</sup> Bond, G.R., Drake, R.E. & Becker, D.R. (2008) An update on randomized controlled trials of evidence based supported employment, *Psychiatric Rehabilitation Journal*, 31, 280-289.

<sup>5</sup> Burns, T., Catty, J., Becker, T., Drake, R., Fioritti, A., Knapp, M., Lauber, C., Rossler, W., Tomov, T., van Busschbach, J., White, S. & Wiersma, D. (2007) The effectiveness of supported employment for people with severe mental illness: a randomised controlled trial, *The Lancet*, 370, 1146-1152.

<sup>6</sup> Sesami Research and Practice Partnership (2007) The SESAMI evaluation of employment support in the UK: background and baseline data, *Journal of Mental Health*, 16, 3, 375-388.

<sup>7</sup> Schneider, J., Boyce, M., Johnson, R., Secker, J., Grove, B. & Floyd, M. (2009) Impact of supported employment on service costs and income of people, *Journal of Mental Health*, 18, 6, 533-542.

## 2.9.1 Cost components

	<b>Unqualified</b>	<b>Unqualified</b>	<b>Qualified</b>	<b>Qualified</b>
	<b>Band 3</b>	<b>Band 4</b>	<b>Band 5</b>	<b>Band 6</b>
Salary	£18,315	£21,058	£23,441	£30,712
Salary oncosts	£4,058	£4,821	£5,483	£7,505
Overheads – staff	£4,320	£4,997	£5,585	£7,380
Overheads – other	£9,390	£10,861	£12,140	£16,040
Capital	£2,180	£2,180	£2,180	£2,180
Team leader	£7,239	£7,239	£7,239	£7,239
Marketing budget	£1,089	£1,089	£1,089	£1,089
<b>Total</b>	<b>£46,591</b>	<b>£52,245</b>	<b>£57,157</b>	<b>£72,144</b>

## 2.9.2 Unit costs per person per year

	<b>Unqualified</b>	<b>Unqualified</b>	<b>Qualified</b>	<b>Qualified</b>
<b>Caseload size</b>	<b>Band 3</b>	<b>Band 4</b>	<b>Band 5</b>	<b>Band 6</b>
10 people	£4,659	£5,235	£5,716	£7,214
15 people	£3,106	£3,483	£3,810	£4,810
20 people	£2,330	£2,612	£3,607	£3,607
25 people	£1,864	£2,090	£2,286	£2,886

## 2.9.3 Unit costs per person per day

	<b>Unqualified</b>	<b>Unqualified</b>	<b>Qualified</b>	<b>Qualified</b>
<b>Caseload size</b>	<b>Band 3</b>	<b>Band 4</b>	<b>Band 5</b>	<b>Band 6</b>
10 people	£111	£124	£136	£172
15 people	£74	£83	£91	£115
20 people	£55	£62	£68	£86
25 people	£44	£50	£54	£69



## 2.10 Deprivation of liberty safeguards in England: implementation costs

In 2009, the government provided additional funding of £10 million for local authorities and £2.2 million for the National Health Service (NHS) for the implementation of deprivation of liberty safeguards (DoLS). This amends a breach of the European Convention on Human Rights and provides for the lawful deprivation of liberty of those people who lack the capacity to consent to arrangements made for their care or treatment in either hospitals or care homes, but who need to be deprived of liberty in their own best interests, to protect them from harm.

In 2009, a study was carried out to estimate the costs likely to be incurred with the implementation of the DoLS in England, and data on resource utilisation were collected from professionals conducting the six formal assessments required.<sup>1</sup> These are: age assessment, mental health assessment, mental capacity assessment, best-interest assessment, eligibility assessment and no refusal assessment, the latter of which establishes whether authorisation of deprivation of liberty would conflict with other authorities (for example, power of attorney) for decision-making for that individual.

A total of 40 interviews were planned to include professionals conducting the six DoLS assessments, the secretarial staff in DoLS offices and the independent mental capacity advocates. Each professional provided the average time taken for an individual DoLS assessment or for combined assessments, when more than one of the six DoLS assessments were conducted together. Information on average travelling time and distance was also provided. Total assessment time for each individual (including travelling time) was multiplied by the unit cost for that professional and a travelling allowance.

The average cost for a single DoLS assessment across the five DoLS offices was £1,374. The standard deviation around the estimated cost of a single DoLS assessment was £411, and the 95 per cent confidence interval was £529 to £2,140. All costs have been updated to 2012/2013 prices using the appropriate inflators.

### Costs for a single deprivation of liberty safeguards (DoLS) assessment

All assessments include travel time	DoLS office 1	DoLS office 2	DoLS office 3	DoLS office 4	DoLS office 5	Average of the five offices
Assessments by mental health assessor	£490	£223	£570	£283	£243	£362
Assessments by best-interest assessor	£688	£413	£289	£1,006	£561	£591
Secretarial costs	£321	£180	£127	£578	£303	£302
Independent mental capacity advocates assessments	£111	£85	£60	£58	£72	£77
Court protection costs	£42	£42	£42	£42	£42	£42
<b>Total costs</b>	<b>£1,651</b>	<b>£943</b>	<b>£1,089</b>	<b>£1,967</b>	<b>£1,221</b>	<b>£1,374</b>

<sup>1</sup> Shah, A., Pennington, M., Heginbotham, C. & Donaldson, C. (2011) Deprivation of liberty safeguards in England: implementation costs, *British Journal of Psychiatry*, 199,232-238, doi:10.1192/bjp.bp.110.089474.

## 2.11 Mindfulness-based cognitive therapy – group-based intervention

Mindfulness-based cognitive therapy (MBCT) is a manualised, group-based skills training programme designed to enable patients to learn skills that prevent the recurrence of depression. It is derived from mindfulness-based stress reduction, a programme with proven efficacy in ameliorating distress in people suffering chronic disease.

To provide the unit costs of this service, we have drawn on information provided by Kuyken et al. (2008)<sup>1</sup> which was based on data from three mindfulness-based cognitive therapy therapists who took part in the study. There were 12 individuals in each group.

Costs and unit estimation	Unit cost 2012/2013	Notes
A. Wages/salary	£38,146 per year	Based on the mean basic salary for Agenda for Change band 7 of the July 2012-June 2013 NHS staff earnings estimates for qualified Allied Health Professionals. <sup>2</sup> See section V for further information on salaries.
B. Salary oncosts	£9,571 per year	Employer's national insurance is included plus 14 per cent of salary for employer's contribution to superannuation.
C. Qualifications		No information available
D. Overheads		Taken from NHS (England) Summarised accounts. <sup>3</sup>
Management, administration and estates staff	£9,214 per year	Management and other non-care staff costs were 19.31 per cent of direct care salary costs and included administration and estates staff.
Non-staff	£20,027 per year	Non-staff costs were 41.97 per cent of direct care salary costs. They include costs to the provider for office, travel/transport and telephone, education and training, supplies and services (clinical and general), as well as utilities such as water, gas and electricity.
E. Capital overheads	£3,483 per year	Based on the new-build requirements of NHS facilities, but adjusted to reflect shared use of both treatment and non-treatment space. <sup>4,5</sup>
Working time	42.7 weeks per year 37.5 hours per week	Unit costs are based on 1,602 hours per year: 225 working days minus sickness absence and training/study days as reported for all NHS staff groups. <sup>6</sup>
Face-to-face time	1:0.67	Based on data from the three MBCT therapists who took part in the study.
Length of sessions	2 hours	Therapy sessions lasted two hours.
<b>Unit costs available 2012/2013</b>		
£50 per hour, £84 per direct contact hour, £168 per session, £14 per service user.		

<sup>1</sup> Kuyken, W., Byford, S., Taylor, R.S., Watkins, E., Holden, E., White, K., Barrett, B., Byng, R., Evans, A Mullan, E. & Teasdale, J.D. (2008) Mindfulness-based cognitive therapy to prevent relapse in recurrent depression, *Journal of Consulting and Clinical Psychology*, 76, 966-978.

<sup>2</sup> Health & Social Care Information Centre (2013) *NHS staff earnings estimates 2013* (not publicly available), Health & Social Care Information Centre, Leeds.

<sup>3</sup> Audit Commission (2012) *NHS summarised accounts 2011-2012*, NHS, London.

<sup>4</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>5</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>6</sup> Contracted hours are taken from NHS Careers (2012) *Pay and benefits*, National Health Service, London. <http://www.nhscareers.nhs.uk/> [accessed 9 October 2013]. Working days and sickness absence rates as reported in Health & Social Care Information Centre (2013) *Sickness absence rates in the NHS: January 2013 – March 2013*, Health & Social Care Information Centre, Leeds.

## 2.12 Interventions for mental health promotion and mental illness prevention

Information has been drawn from Knapp et al. (2011)<sup>1</sup> and provides a summary of the key findings of a study exploring the economic case for mental health promotion and prevention, based on a detailed analysis of costs and benefits for 15 different interventions. All costs have been updated using the appropriate inflators.

The full report can be downloaded at:

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_126085/](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_126085/).

### Health visiting and reducing post-natal depression

**Context:** Moderate-to-severe post-natal depression affects around one in eight women in the early months following childbirth. The National Institute for Health and Clinical Excellence (NICE) recommends the screening of post-natal depression as part of routine care, and the use of psychosocial interventions and psychological therapy for women, depending on the severity of depressive symptoms.

**Intervention:** Health visitors are well placed to identify mothers suffering from post-natal depression and to provide preventative screening and early interventions. A number of UK trials of health visitor interventions have found positive effects: women were more likely to recover fully after three months; targeted ante-natal intervention with high-risk groups was shown to reduce the average time mothers spent in a depressed state; and a combination of screening and psychologically informed sessions with health visitors was clinically effective 6 and 12 months after childbirth.

**Cost:** The biggest direct costs of the intervention were associated with training (estimated at £1,428 per health visitor), plus the additional time spent by health visitors providing screening and counselling for mothers.

### Parenting interventions for the prevention of persistent conduct disorders

**Context:** Conduct disorders are the most common childhood psychiatric disorders, with a UK prevalence of 4.9 per cent for children aged 5-10 years. The condition leads to adulthood anti-social personality disorder in about 50 per cent of cases, and is associated with a wide range of adverse long-term outcomes, particularly delinquency and criminality. The costs to society are high, with average potential savings from early intervention previously estimated at £150,000 per case.

**Intervention:** Parenting programmes can be targeted at parents of children with, or at risk of, developing conduct disorder, and are designed to improve parenting styles and parent-child relationships. Reviews have found parent training to have positive effects on children's behaviour, and that benefits remain one year later. Longer-term studies show sustained effects but lack control groups; cost-effectiveness data are limited, but, in one trial, health and social services costs were found to reduce over time.

**Cost:** The median cost of an 8-12 week group-based parenting programme is estimated at £971 per family, while that of individual interventions is £2,120. Assuming 80 per cent of people receive group-based interventions and 20 per cent individual interventions, in line with NICE guidance, the average cost of the intervention can be estimated at £1,201 per family.

### School-based social and emotional learning programmes to prevent conduct problems in childhood.

**Context:** Conduct problems in childhood cover a range of oppositional or anti-social forms of behaviour, such as disobedience, lying, fighting and stealing, and are associated with a range of poor outcomes, including increased risk of criminal activity, fewer school qualifications, parenthood at a young age, unemployment, divorce or separation, substance abuse and psychiatric disorders, many of which lead to increased costs across several agencies.

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<sup>1</sup> Knapp, M., McDaid, D. & Parsonage, M. (2011) *Mental health promotion and mental illness prevention: the economic case*, Department of Health, London.

**Intervention:** School-based Social and Emotional Learning (SEL) programmes help children and young people to recognise and manage emotions, and to set and achieve positive goals. International evidence shows that SEL participants demonstrate significantly improved social and emotional skills, attitudes, behaviour and academic performance.

**Cost:** The costs of a representative intervention, including teacher training, programme co-ordinator and materials, were estimated at £135 per child per year at current prices.

### **School-based interventions to reduce bullying**

**Context:** Being bullied at school has adverse effects on both psychological well-being and educational attainment. There is evidence from longitudinal data that this has a negative long-term impact on employability and earnings; on average, lifetime earnings of a victim of bullying are reduced by around £50,000. According to an Ofsted survey,<sup>1</sup> 39 per cent of children reported being bullied in the previous 12 months.

**Intervention:** Anti-bullying programmes show mixed results. One high-quality evaluation of a school-based anti-bullying intervention found a 21-22 per cent reduction in the proportion of children victimised.

**Cost:** Information is limited on the cost of anti-bullying programmes, but one study estimates this at £16 per pupil per year at current prices.

### **Early detection for psychosis**

**Context:** It is estimated that each year in England more than 15,000 people exhibit early symptoms before the onset of full psychosis. Progression of the disease is associated with higher costs to public services (including health, social care and criminal justice), lost employment, and greatly diminished quality of life for the individual and their family.

**Intervention:** Early detection services aim to identify the early symptoms of psychosis, reduce the risk of transition to full psychosis, and shorten the duration of untreated psychosis for those who develop it. Such services include cognitive behavioural therapy, psychotropic medication, and contact with psychiatrists. This contrasts with treatment as usual which typically consists of GP and counsellor contacts.

**Cost:** One year of an early detection intervention has been estimated to cost £3,007 per patient, compared with £758 for standard care (2009 prices).

### **Early intervention for psychosis**

**Context:** Psychosis related to schizophrenia is associated with higher costs to public services (including health, social care and criminal justice), lost employment, and greatly diminished quality of life for the individual with the illness and their family.

**Intervention:** Early intervention teams aim to reduce relapse and readmission rates for patients who have suffered a first episode of psychosis, and to improve their chances of returning to employment, education or training, and more generally their future quality of life. This intervention involves a multidisciplinary team that could include a range of professionals (psychiatrists, psychologists, occupational therapists, community support workers, social workers and vocational workers).

**Cost:** The annual direct cost per patient of this type of service, plus other community psychiatric services and inpatient care, has been estimated at £11,491 at current prices. The first year of the early intervention team's input is estimated to cost £2,400 per patient.

### **Screening and brief intervention in primary care for alcohol misuse**

**Context:** It is estimated that 6.6 million adults in England currently consume alcohol at hazardous levels, and 2.3 million at harmful levels.

**Intervention:** An inexpensive intervention in primary care combines universal screening by GPs of all patients, followed by a 5-minute advice session for those who screen positive.

<sup>1</sup> Ofsted (2008) *Children on bullying*, Ofsted, <http://www.ofsted.gov.uk/resources/children-bullying> [accessed 9 October 2013].

**Cost:** The total cost of the intervention averaged over all those screened was £17.80 at current prices.

### **Workplace screening for depression and anxiety disorders**

**Context:** Labour Force Survey data suggest that 11.4 million working days were lost in Britain in 2008/09 due to work-related stress, depression or anxiety. This equates to 27.3 days lost per affected worker.

**Intervention:** Workplace-based enhanced depression care consists of employees completing a screening questionnaire, followed by care management for those found to be suffering from, or at risk of developing, depression and/or anxiety disorders. Those at risk of depression or anxiety disorders are offered a course of cognitive behaviour therapy (CBT) delivered in six sessions over 12 weeks.

**Cost:** It is estimated that £32 covers the cost of facilitating the completion of the screening questionnaire, follow-up assessment to confirm depression, and care management costs. For those identified as being at risk, the cost of six sessions of face-to-face CBT is £245.

### **Promoting well-being in the workplace**

**Context:** Deteriorating well-being in the workplace is potentially costly for businesses as it may increase absenteeism and presenteeism (lost productivity while at work), and in the longer term potentially leads to premature withdrawal from the labour market.

**Intervention:** There are a wide range of approaches: flexible working arrangements; career progression opportunities; ergonomics and environment; stress audits; and improved recognition of risk factors for poor mental health by line managers. A multi-component health promotion intervention consists of personalised health and well-being information and advice; a health risk appraisal questionnaire; access to a tailored health improvement web portal; wellness literature, and seminars and workshops focused on identified wellness issues.

**Cost:** The cost of a multi-component intervention is estimated at £82 per employee per year at current prices.

### **Debt and mental health**

**Context:** Only about half of all people with debt problems seek advice, and without intervention almost two-thirds of people with unmanageable debt problems will still face such problems 12 months later. Research has demonstrated a link between debt and mental health. On average, the lost employment costs of each case of poor mental health are £12,302 per year, while the annual costs of health and social service use are £1,623.

**Intervention:** Current evidence suggests that there is potential for debt advice interventions to alleviate financial debt, and hence reduce mental health problems resulting from debt. For the general population, contact with face-to-face advice services is associated with a 5 per cent likelihood of debt becoming manageable, while telephone services achieve 47 per cent.

**Cost:** The costs of this type of intervention vary significantly, depending on whether it is through face-to-face, telephone or internet-based services. The Department for Business, Innovation and Skills suggests expenditure of £255 per client for face-face-debt advice; telephone and internet-based services are cheaper.

### **Population-level suicide awareness training and intervention**

**Context:** The economic impacts of suicide are profound, although comparatively few studies have sought to quantify these costs. This is in part because a proportion of individuals who survive suicide attempts are likely to make further attempts, in some cases fatal.

**Intervention:** There is evidence that suicide prevention education for GPs can have an impact as a population-level intervention to prevent suicide. With better identification of those at risk, individuals can receive cognitive behavioural therapy (CBT), followed by ongoing pharmaceutical and psychological support to help manage underlying depressive disorders.

**Cost:** A course of CBT in the first year is around £430 per person. Further ongoing pharmaceutical and psychological therapy is estimated to cost £1,272 a year. The cost of suicide prevention training for GPs, based on the Applied Suicide Intervention Skills Training (ASIST) course, is £215.

### **Bridge safety measures for suicide prevention**

**Context:** Jumping from height accounts for around 3 per cent of completed suicides.

**Intervention and cost:** Following the installation of a safety barrier in 1998, at a cost of £319,030 at current prices, the number of suicides reduced from an average of 8.2 per year in the five years before the barrier, to 4 per year in the five years after it was installed.

### **Collaborative care for depression in individuals with Type II diabetes**

**Context:** Depression is commonly associated with chronic physical health problems. US data indicate that 13 per cent of all new cases of Type II diabetes will also have clinical depression. These patterns are important as evidence shows that co-morbid depression exacerbates the complications and adverse consequences of diabetes, in part because patients may more poorly manage their diabetes. This has substantial economic consequences.

**Intervention:** 'Collaborative care', including GP advice and care, the use of antidepressants and cognitive behavioural therapy (CBT) for some patients, can be delivered in a primary care setting to individuals with co-morbid diabetes.

**Cost:** It is estimated that the total cost of six months of collaborative care is £734, compared with £372 for usual care.

### **Tackling medically unexplained symptoms**

**Context:** Somatoform conditions present physical symptoms for which there is no identifiable physical cause. These medically unexplained symptoms are thought to be triggered or exacerbated by mental and emotional factors, such as psychosocial stress, depression or anxiety. The financial costs to public services and society are considerable.

**Intervention:** Cognitive behavioural therapy (CBT) has been found to be an effective intervention for tackling somatoform conditions and their underlying psychological causes.

**Cost:** A course of CBT may last for 10 sessions at £91 per session. Costs associated with the need to raise the awareness of GPs to the potential role of CBT treatment for somatoform conditions, either through e-learning or face-to-face training, are also included.

### **Befriending of older adults**

**Context:** Befriending initiatives, often delivered by volunteers, provide an 'upstream' intervention that is potentially of value both to the person being befriended and the befriender.

**Intervention:** The intervention is not usually structured and nor does it have formally-defined goals. Instead, an informal, natural relationship develops between the participants, who will usually have been matched for interests and preferences. This relationship facilitates improved mental health, reduced loneliness and greater social inclusion.

**Cost:** The contact is generally for an hour per week or fortnight. The cost to public services of 12 hours of befriending contact is estimated at £87, based on the lower end of the cost range for befriending interventions.

### **3. Services for people who misuse drugs or alcohol**

3.1 Residential rehabilitation for people who misuse drugs or alcohol

3.2 Inpatient detoxification for people who misuse drugs or alcohol

3.3 Specialist prescribing

3.4 Alcohol health worker, Accident & Emergency Department





## Services for people who misuse drugs or alcohol

Statistics produced by the National Drug Treatment Monitoring System (NDTMS), presented in the National Treatment Agency's (NTA) Annual Report 2008/09,<sup>1</sup> revealed the prevalence of people who misuse drugs or alcohol.

The information presented in tables 3.1 to 3.3 was provided by the National Treatment Agency<sup>2</sup> and present the unit costs of three treatment interventions: (a) residential rehabilitation, (b) inpatient detoxification and (c) specialist prescribing. These interventions are described fully in *Business Definition for Adult Drug Treatment Providers* (National Treatment Agency, 2010).<sup>3</sup>

National average costs for the interventions were calculated. These excluded instances where the provider data fell in the top and bottom 5 per cent of unit costs for service users in treatment **OR** days in treatment, and the top and bottom 10 per cent of unit costs for service users in treatment **AND** days in treatment.

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<sup>1</sup> National Treatment Agency for Substance Misuse (2009) *Annual report, 2008/09*. [http://www.nta.nhs.uk/uploads/nta\\_annual\\_report\\_08-09\\_2.pdf](http://www.nta.nhs.uk/uploads/nta_annual_report_08-09_2.pdf) [accessed 18 November 2013].

<sup>2</sup> Personal communication with the National Treatment Agency, 2010.

<sup>3</sup> National Treatment Agency for Substance Misuse (2010) *NDTMS dataset G, definition, business definition for adult drug treatment providers*, <http://www.nta.nhs.uk/core-data-set.aspx/> [accessed 9 October 2013].

### **3.1 Residential rehabilitation for people who misuse drugs or alcohol**

Residential rehabilitation consists of a range of treatment delivery models or programmes to address drug and alcohol misuse, including abstinence orientated drug interventions within the context of residential accommodation. Other examples include inpatient treatment for the pharmacological management of substance misuse, and therapeutic residential services designed to address adolescent substance misuse. Of the 210,815 individuals receiving structured drug treatment in 2008/09,<sup>1</sup> 4,711 were in residential rehabilitation. The real figure is likely to be higher as only about two-thirds of residential providers sent data to the National Drug Treatment Monitoring System in 2008/09.

Information has been drawn from a sample of 34 residential rehabilitation programmes to produce a unit cost per resident week of £669 at 2012/2013 prices. The Gross Domestic Product (GDP) index has been used to uprate from 2007/08 prices, as suggested by the NTA. It was not possible to provide details of costs for this service due to the method of data collection.

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<sup>1</sup> National Treatment Agency for Substance Misuse (2009) *Annual report, 2008/09*, [http://www.nta.nhs.uk/uploads/nta\\_annual\\_report\\_08-09\\_2.pdf](http://www.nta.nhs.uk/uploads/nta_annual_report_08-09_2.pdf) [accessed 18 November 2013].

### 3.2 Inpatient detoxification for people who misuse drugs or alcohol

An Inpatient Unit (IPU) provides care to service users with substance-related problems (medical, psychological or social) that are so severe that they require medical, psychiatric and psychological care. The key feature of an IPU is the provision of these services with 24-hour cover, seven days per week, from a multidisciplinary clinical team who have had specialist training in managing addictive behaviours.

Treatment in an inpatient setting may involve one or more of the following interventions: (a) assessment, (b) stabilisation and (c) assisted withdrawal (detoxification). A combination of all three may be provided, or one followed by another.

The three main settings for inpatient treatment are: (a) general hospital psychiatric units, (b) specialist drug misuse inpatient units in hospitals and (c) residential rehabilitation units (usually as a precursor to the rehabilitation programme). See *Business Definition for Adult Drug Treatment Providers*<sup>1</sup> for more detailed information on this intervention.

Based on information provided by the National Treatment Agency in 2010, the average cost for inpatient detoxification (NHS and voluntary organisations) is £152 per patient day, which is equivalent to £1,061 per patient week (unchanged from last year).

Costs and unit estimation	2012/2013 value	Notes
A. Direct pay	£88 per patient day	Salaries plus oncosts for care staff.
B. Direct overheads	£16 per patient day	Includes drugs, pharmacy and dispensing costs. Also includes other treatment materials, toxicology and drug testing, medical supplies, rent and rates, staff travel, training, service user travel costs, volunteer expenses, contingency management, office costs specifically attributed to the provision of the service, non-pay administration (for example, telephones and information technology).
C. Indirect costs and overheads	£47 per patient day	Includes capital charges, expenditure on refurbishment, property and buildings, housekeeping, catering, portage, transport, waste disposal, security, finance, human resources, personnel, communications and corporate charges.
<b>Unit costs available 2012/2013</b>		
£152 per patient day or £1,061 per patient week		

<sup>1</sup> National Treatment Agency for Substance Misuse (2010) *NDTMS dataset G, definition, business definition for adult drug treatment providers*, <http://www.nta.nhs.uk/core-data-set.aspx> [accessed 9 October 2013].

### 3.3 Specialist prescribing

Specialist prescribing is community prescribing for drug misuse in a specialist drug service setting, normally staffed by a multidisciplinary substance misuse team. Specialist prescribing interventions normally include comprehensive assessments of drug treatment need and the provision of a full range of prescribing treatments in the context of care-planned drug treatment. The specialist team should also provide, or provide access to, a range of other care-planned health-care interventions including psychosocial interventions, a wide range of harm reduction interventions, Blood Borne Virus (BBV) prevention and vaccination, and abstinence-oriented interventions.

The teams include specialist doctors who are usually consultant addiction psychiatrists 'with a Certificate of Completion of Training (CCT) in psychiatry, with endorsement in substance misuse working exclusively to provide a full range of services to substance misusers'. See *Business Definition for Adult Drug Treatment Providers*<sup>1</sup> for more detailed information on this intervention.

Based on information provided by the National Treatment Agency,<sup>2</sup> the average cost for specialist prescribing is £53 per patient week. All costs have been uprated from 2007/08 using the Gross Domestic Product (GDP) index, as suggested by the NTA.

Using reference costs 2011/2012,<sup>3</sup> the mean cost per client contact in a NHS and PCT combined drugs and alcohol mental health team was £119 per face-to-face contact and £51 per non face-to-face contact. These costs have been uprated using the Hospital and Community Health Services (HCHS) inflator.

Costs and unit estimation	2012/2013 value	Notes
A. Direct pay	£26 per patient week	Salaries plus oncosts for care staff.
B. Direct overheads	£18 per patient week	Includes drugs, pharmacy and dispensing costs. Also includes other treatment materials, toxicology and drug testing, medical supplies, rent and rates, staff travel, training, service user travel costs, volunteer expenses, contingency management, office costs specifically attributed to the provision of the service, non-pay administration (for example, telephones and information technology).
C. Indirect costs and overheads	£10 per patient week	Includes capital charges, capital on refurbishment, property and buildings, housekeeping, catering, portage, transport, waste disposal, security, finance, human resources, personnel, communications and corporate charges.
<b>Unit costs available 2012/2013</b>		
£54 per patient week		

<sup>1</sup> National Treatment Agency for Substance Misuse (2010) *NDTMS dataset G, definition, business definition for adult drug treatment providers*, <http://www.nta.nhs.uk/core-data-set.aspx> [accessed 9 October 2013].

<sup>2</sup> Personal communication with the National Treatment Agency, 2010.

<sup>3</sup> Department of Health (2013) *NHS reference costs 2011-2012*, <https://www.gov.uk/government/news/financial-year-2011-to-2012-reference-costs-published> [accessed 9 October 2013].

### 3.4 Alcohol health worker, Accident & Emergency

Alcohol health workers (AHWs) are experienced mental health nurses who have undertaken specific training in counselling people who misuse alcohol. AHWs interact with people in a non-confrontational and patient-centred way, and during an assessment may offer feedback about safe levels of drinking and suggest a range of strategies aimed at reducing levels of consumption. Information for this table is based on a study carried out by the Centre for the Economics of Mental and Physical Health at the Institute of Psychiatry, London.<sup>1</sup>

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary	£31,752 per year	Based on the mean full-time equivalent basic salary for Agenda for Change band 6 of the July 2012-June 2013 NHS staff earnings estimates for qualified nurses. <sup>2</sup> An additional 14.7 per cent can be added to reflect payments for activity such as over-time, shift work and geographic allowances. <sup>3</sup> See preface and section V for further information on salaries.
B. Salary oncosts	£7,794 per year	Employer's national insurance contribution is included plus 14 per cent of salary for employer's contribution to superannuation.
C. Qualifications	£10,439 per year	Qualification costs have been calculated using the method described in Netten et al. (1998). <sup>4</sup> Current cost information has been provided by the Department of Health and Health Education England (HEE). <sup>5</sup> See the preface for more information on qualifications and also table 7.4 for details. It has been assumed that this health worker requires the same qualifications as a staff nurse/ward manager.
D. Overheads		Taken from NHS (England) Summarised accounts. <sup>6</sup>
Management, administration and estates staff	£7,636 per year	Management and other non-care staff costs were 19.31 per cent of direct care salary costs and included administration and estates staff.
Non-staff	£16,597 per year	Non-staff costs were 41.97 per cent of direct care salary costs. They include costs to the provider for office, travel/transport and telephone, education and training, supplies and services (clinical and general), as well as utilities such as water, gas and electricity.
E. Capital overheads	£2,966 per year	Based on the new-build and land requirements of NHS facilities, but adjusted to reflect shared office space for administration, and recreational and changing facilities. <sup>7,8</sup> Treatment space has not been included.
Working time	42.8 weeks per year 37.5 hours per week	Unit costs are based on 1,603 hours per year: 225 working days minus sickness absence and training/study days as reported for all NHS staff groups. <sup>9</sup>
Ratio of direct to indirect time on: clinic contacts	1:0.22	Based on a survey of AHWs in a London A&E department, <sup>1</sup> 82 per cent of time is spent on face-to-face contact and 18 per cent on onward referral. Please complete our new time-use survey: <a href="https://www.surveymonkey.com/s/SZMF5YL/">https://www.surveymonkey.com/s/SZMF5YL/</a> .
Length of contact	55 minutes	Per clinic contact. Based on survey of AHWs in London A&E department. <sup>1</sup>
<b>Unit costs available 2012/2013 (costs including qualifications given in brackets)</b>		
£42 (£47) per hour; £48 (£54) per clinic consultation		

<sup>1</sup> Barrett, B., Byford, S., Crawford, M.J., Patton, R., Drummond, C., Henry, J.A. & Touquet, R. (2006) Cost-effectiveness of screening and referral to an alcohol health worker in alcohol misusing patients attending an accident and emergency department: a decision-making approach, *Drug and Alcohol Dependence*, 81, 1, 47-54.

<sup>2</sup> Health & Social Care Information Centre (2013) *NHS staff earnings estimates 2013* (not publicly available), Health & Social Care Information Centre, Leeds.

<sup>3</sup> Health & Social Care Information Centre (2013) *NHS staff earnings estimates 2013*, Health & Social Care Information Centre, Leeds.

<sup>4</sup> Netten, A., Knight, J., Dennett, J., Cooley, R. & Slight, A. (1998) *Development of a ready reckoner for staff costs in the NHS, Vols 1 & 2*, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>5</sup> Personal communication with the Department of Health and Health Education England (HEE), 2013.

<sup>6</sup> Audit Commission (2012) *NHS summarised accounts 2011-2012*, NHS, London.

<sup>7</sup> Personal communication with the Department for Communities and Local Government, 2012.

<sup>8</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>9</sup> Contracted hours are taken from NHS Careers (2012) *Pay and benefits*, National Health Service, London. <http://www.nhs Careers.nhs.uk/> [accessed 9 October 2013] Training days as recommended by professional bodies. Working days and sickness absence rates as reported in Health & Social Care Information Centre (2013) *Sickness absence rates in the NHS: January 2013 – March 2013*.



## **4. Services for people with learning disabilities**

4.1 Group homes for people with learning disabilities

4.2 Fully staffed living settings

4.3 Semi-independent living settings

4.4 Local authority day care for people with learning disabilities





## 4.1 Group homes for people with learning disabilities

The costs of group homes are based on the results of a study funded by the Wellcome Trust and conducted by Felce and colleagues in 2005.<sup>1</sup> The sample comprises residents living in fully-staffed and semi-independent living settings (53 service users). These costs have been updated using the appropriate inflators. See *Deinstitutionalisation and Community Living: outcomes and costs* (Mansell et al., 2007, chapter 3), which provides further details on service provision for people with intellectual disabilities.<sup>2,3</sup>

Costs and unit estimation	2012/2013 value	Notes
A. Capital costs	£67 per week	Capital costs for buildings and land were calculated using market valuations of property. Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent. <sup>1</sup>
<b>Revenue costs</b>		
B. Staffing (direct and non-direct staffing)	£697 per week	Calculated using facility-specific accounts information. <sup>1</sup>
C. On-site administration	£21 per week	
D. Agency overheads	£122 per week	
Other costs		
E. Personal living expenses for items such as food, utilities, personal care and leisure	£266 per week	This cost has been based on the allowances received by a sample of residents living in fully-staffed and semi-independent living settings. It includes a Lower Disability Allowance (care component), Employment and Support Allowance 25 plus, Job Seekers Allowance (income based) and Housing Benefit as well as the Personal Allowances for a single person (25 plus) and Housing Benefit (premium single). <sup>4</sup>
External services		
F. Hospital	£10 per week	Client-specific service use was recorded using the Client Service Receipt Inventory (CSRI) <sup>5</sup> with 35 residents in group homes interviewed. <sup>1</sup>
G. Community	£18 per week	
H. Day services	£200 per week	
Use of facility by client	52.18 weeks per year	
Multiplier for level of disability	Higher levels of ability: 0.82 x (B to H)  Lower levels of ability: 1.60 x (B to H)	The sample of service users used to derive the table were of mild to moderate learning disability and therefore relate to those with higher levels of ability (ABS>145). <sup>1,6</sup> For lower levels of ability a multiplier of 1.60 could be applied. <sup>1,6</sup>
<b>Unit costs available 2012/2013</b>		
£906 establishment cost per resident week (includes A to D), £1,401 care package costs (includes A to H).		

<sup>1</sup> Felce, D., Perry, J., Romeo, R., Robertson, J., Meek, A., Emerson, E. & Knapp, M. (2008) Outcomes and costs of community living semi-independent living and fully staffed group homes, *American Journal on Mental Retardation*, 113, 2, 87-101.

<sup>2</sup> Mansell, J., Knapp, M., Beadle-Brown, J. & Beecham, J. (2007) *Deinstitutionalisation and community living: outcomes and costs: report of a European study. Volume 2: Main Report*, Tizard Centre, University of Kent, Canterbury.

<sup>3</sup> Mansell, J., Knapp, M., Beadle-Brown, J. & Beecham, J. (2007) *Deinstitutionalisation and community living: outcomes and costs: report of a European study, country report: United Kingdom*, Tizard Centre, University of Kent, Canterbury.

<sup>4</sup> Department for Work and Pensions (2011) Benefits uprating, [http://gmwrag.files.wordpress.com/2010/12/benefit\\_rates\\_2011\\_2012.pdf](http://gmwrag.files.wordpress.com/2010/12/benefit_rates_2011_2012.pdf) [accessed 9 October 2013].

<sup>5</sup> Beecham, J. & Knapp, M. (1992) Costing psychiatric interventions, in G. Thornicroft, C. Brewin & J. Wing (eds) *Measuring Mental Health Needs*, Oxford University Press, Oxford.

<sup>6</sup> Nihira, K., Leland, H. & Lambert, N. (1993) *Adaptive behavior scale — Residential and Community*, 2nd Edition, Pro-Ed, Austin, Texas.

## 4.2 Fully-staffed living settings

The costs of fully-staffed living settings are based on the results of a study funded by the Wellcome Trust and conducted by Felce and colleagues in 2005.<sup>1</sup> All costs have been uprated using the appropriate inflators. See *Deinstitutionalisation and Community Living: outcomes and costs* (Mansell et al. 2007, chapter 3), which provides further details on service provision for people with learning disabilities.<sup>2,3</sup>

Costs and unit estimation	2012/2013 value	Notes
A. Capital costs	£77 per week	Capital costs for buildings and land were calculated using market valuations of property. Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
Revenue costs B. Staffing (direct and non-direct staffing) C. On-site administration D. Agency overheads	£932 per week £29 per week £147 per week	Calculated using facility-specific accounts information. <sup>1</sup>
Other costs E. Personal living expenses for items such as food, utilities, personal care and leisure	£266 per week	This cost has been based on the allowances received by a sample of residents living in fully-staffed and semi-independent living settings. It includes a Lower Disability Allowance (care component), Employment and Support Allowance 25 plus, Job Seekers Allowance (income based) and Housing Benefit as well as the Personal Allowances for a single person (25 plus) and Housing Benefit (premium single). <sup>4</sup>
External services F. Hospital G. Community H. Day services	£8 per week £17 per week £227 per week	Client-specific service use was recorded using the Client Service Receipt Inventory (CSRI), <sup>5</sup> with 35 residents in fully-staffed living settings interviewed. Costs for day services were estimated using accounts information, where available. <sup>1</sup> Unit costs for all other services were taken from this volume.
Use of facility by client	52.18 weeks per year	
Multiplier for level of disability	Higher levels of ability: 0.82 x (B to H) Lower levels of ability: 1.60 x (B to H)	Clients were grouped according to scores on the Adaptive Behaviour Scale (ABS). <sup>6</sup> Scores between zero and 145 were grouped as less able; scores higher than 145 were grouped as more able (145 was selected to allow relatively even distribution between groups). All participants in the study had mild to moderate learning disability. <sup>1</sup>
<b>Unit costs available 2012/2013</b>		
£1,186 establishment costs per resident week (includes A to D); £1,703 care package costs (includes A to H).		

<sup>1</sup> Felce, D., Perry, J., Romeo, R., Robertson, J., Meek, A., Emerson, E. & Knapp, M. (2008) Outcomes and costs of community living semi-independent living and fully staffed group homes, *American Journal on Mental Retardation*, 113, 2, 87-101.

<sup>2</sup> Mansell, J., Knapp, M., Beadle-Brown, J. & Beecham, J. (2007) *Deinstitutionalisation and community living: outcomes and costs: report of a European study. Volume 2: Main Report*, Tizard Centre, University of Kent, Canterbury.

<sup>3</sup> Mansell, J., Knapp, M., Beadle-Brown, J. & Beecham, J. (2007) *Deinstitutionalisation and community living: outcomes and costs: report of a European study, country report: United Kingdom*, Tizard Centre, University of Kent, Canterbury.

<sup>4</sup> Department for Work and Pensions (2011) *Benefits uprating*, [http://gmwrag.files.wordpress.com/2010/12/benefit\\_rates\\_2011\\_2012.pdf](http://gmwrag.files.wordpress.com/2010/12/benefit_rates_2011_2012.pdf) [accessed 9 October 2013].

<sup>5</sup> Beecham, J. & Knapp, M. (1992) Costing psychiatric interventions, in G. Thornicroft, C. Brewin & J. Wing (eds) *Measuring Mental Health Needs*, Oxford University Press, Oxford.

<sup>6</sup> Nihira, K., Leland, H. & Lambert, N. (1993) *Adaptive behavior scale — Residential and Community*, 2nd Edition, Pro-Ed, Austin, Texas.

### 4.3 Semi-independent living settings

The costs of semi-independent living settings are based on the results of a study funded by the Wellcome Trust and conducted by Felce and colleagues in 2005.<sup>1</sup> The sample comprised 35 service users who were resident in semi-independent living settings. These settings were partially staffed, having no paid support for at least 28 hours per week when service users were awake at home. These settings did not have any regular night-time support or sleep-over presence. All costs have been uprated using the appropriate inflators. See *Deinstitutionalisation and Community Living: outcomes and costs* (Mansell et al., 2007, chapter 3), which provides further details on service provision for people with learning disabilities.<sup>2,3</sup>

Costs and unit estimation	2012/2013 value	Notes
A. Capital costs	£52 per week	Capital costs for buildings and land were calculated using market valuations of property. They have been annuitised over 60 years at a discount rate of 3.5 per cent.
Revenue costs B. Staffing (direct and non-direct staffing) C. On-site administration D. Agency overheads	£255 per week £10 per week £61 per week	Calculated using facility-specific accounts information. <sup>1</sup>
Other costs E. Personal living expenses for items such as food, utilities, personal care and leisure	£266 per week	This cost has been based on the allowances received by a sample of residents living in fully-staffed and semi-independent living settings. It includes a Lower Disability Allowance (care component), Employment and Support Allowance 25 plus, Job Seekers Allowance (income based) and Housing Benefit as well as the Personal Allowances for a single person (25 plus) and Housing Benefit (premium single). <sup>4</sup>
External services F. Hospital G. Community H. Day services	£10 per week £15 per week £125 per week	Client-specific service use was recorded using the Client Service Receipt Inventory (CSRI), <sup>5</sup> with 35 residents in semi-independent living settings interviewed. Costs for day services were estimated using accounts information, where available. <sup>1</sup> Unit costs for all other services were taken from this volume.
Use of facility by client	52.18 weeks per year	
Multiplier for level of disability	Higher levels of ability: 0.82 x (B to H) Lower levels of ability: 1.60 x (B to H)	Clients were grouped according to scores on the Adaptive Behaviour Scale (ABS). <sup>6</sup> Scores between zero and 145 were grouped as less able; scores higher than 145 were grouped as more able (145 was selected to allow relatively even distribution between groups). All participants in the study had mild to moderate intellectual disability. <sup>1</sup>
<b>Unit costs available 2012/2013</b>		
£378 establishment costs per resident week (includes A to D); £794 care package costs (includes A to H).		

<sup>1</sup> Felce, D., Perry, J., Romeo, R., Robertson, J., Meek, A., Emerson, E. & Knapp, M. (2008) Outcomes and costs of community living semi-independent living and fully staffed group homes, *American Journal on Mental Retardation*, 113, 2, 87-101.

<sup>2</sup> Mansell, J., Knapp, M., Beadle-Brown, J. & Beecham, J. (2007) *Deinstitutionalisation and community living: outcomes and costs: report of a European study. Volume 2: Main Report*, Tizard Centre, University of Kent, Canterbury.

<sup>3</sup> Mansell, J., Knapp, M., Beadle-Brown, J. & Beecham, J. (2007) *Deinstitutionalisation and community living: outcomes and costs: report of a European study, country report: United Kingdom*, Tizard Centre, University of Kent, Canterbury.

<sup>4</sup> Department for Work and Pensions (2011) *Benefits uprating*, [http://gmwrag.files.wordpress.com/2010/12/benefit\\_rates\\_2011\\_2012.pdf](http://gmwrag.files.wordpress.com/2010/12/benefit_rates_2011_2012.pdf) [accessed 9 October 2013].

<sup>5</sup> Beecham, J. & Knapp, M. (1992) Costing psychiatric interventions, in G. Thornicroft, C. Brewin & J. Wing (eds) *Measuring Mental Health Needs*, Oxford University Press, Oxford.

<sup>6</sup> Nihira, K., Leland, H. & Lambert, N. (1993) *Adaptive behavior scale — Residential and Community*, 2nd Edition, Pro-Ed, Austin, Texas.

#### 4.4 Local authority day care for people with learning disabilities

This table uses the Personal Social Services Expenditure return (PSS EX1)<sup>1</sup> for expenditure costs, which have been updated using the PSS pay & prices inflator. The median cost was £284 per client week and the mean cost was £293 per client week (including capital costs). These data do not report on the number of sessions clients attended each week.

Costs and unit estimation	2012/2013 value	Notes
Capital costs (A, B & C)		
A. Buildings and oncosts	£3.10 per day	Based on the new-build and land requirements for local authority day care facilities (which do not distinguish by client group). These allow for 33.4 square metres per person. <sup>2</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
B. Land	£0.60 per day	Based on Department for Communities and Local Government statistics. <sup>3</sup> Land costs have been discounted at 3.5 per cent over 60 years.
C. Other capital		Capital costs not relating to buildings and oncosts are included in the revenue costs so no additional cost has been added for other capital such as equipment and durables.
D. Total local authority expenditure (minus capital)	£53 per day	Assuming people with learning disabilities attend day care five days a week, the median and mean costs per day were £53 and £55 respectively. Capital charges on the revenue account which relate to buildings have been deducted.
E. Agency overheads		Social services management and support services (SSMSS) costs are included in PSS EX1 expenditure figures so no additional overheads have been added.
Use of facility by client		Assumes attendance of 5 sessions a week.
Occupancy		No current information is available.
London multiplier	1.20 x (A to B) 1.33 x (D to E)	Relative London costs are drawn from the same source as the base data for each cost element.
<b>Unit costs available 2012/2013</b>		
£57 per day (includes A to D).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>3</sup> Personal communication with the Department for Communities and Local Government, 2011.

## **5. Services for adults with physical disability**

5.1 Local authority care homes for adults with a physical disability

5.2 Voluntary, private and independent sector care homes for adults with a physical disability

5.2 Day care for adults with a physical disability

5.3 Home care for adults with a physical disability



## 5.1 Local authority care homes for adults with a physical disability

This table uses the Personal Social Services Expenditure return (PSS EX1)<sup>1</sup> for expenditure which has been uprated using the PSS pay & prices inflator.

Costs and unit estimation	2012/2013 value	Notes
Capital costs		
A. Buildings and oncosts	£106 per resident week	Based on the new-build and land requirements for local authority residential care establishments. These allow for 57.3 square metres per person. <sup>2</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
B. Land costs	£10 per resident week	Based on Department for Communities and Local Government statistics. <sup>3</sup> The cost of land has been annuitised at 3.5 per cent over 60 years.
C. Total local authority expenditure (minus capital)	£735 per resident week	The median revenue weekly cost estimate (£735) for supporting adults in own-provision residential care (includes full cost paying and preserved rights residents). Capital costs relating to buildings and land have been deducted. The mean cost per client per week is reported as being £1,087.
D. Agency overheads		Social services management and support services (SSMSS) costs are included in PSS EX1 expenditure figures so no additional overheads have been added.
Other costs		
E. Personal living expenses	£23.50 per week	The DWP personal allowance for people in residential care or a nursing home is £23.50. <sup>4</sup> This has been used as a proxy for personal consumption.
F. External services		No information is available.
Use of facility by client	365.25 days per year	
Occupancy	100 per cent	No statistics available, therefore 100 per cent occupancy assumed.
London multiplier		No statistics available.
<b>Unit costs available 2012/2013</b>		
£851 per resident week establishment costs (includes A to C); £874 per resident week (includes A to E).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>3</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>4</sup> Department of Health (2012) *Charging for residential care*, <https://www.gov.uk/government/news/charging-for-residential-care--2/> [accessed 3 October 2013].

## 5.2 Voluntary, private and independent sector care homes for adults with a physical disability

This table uses the Personal Social Services Expenditure return (PSS EX1)<sup>1</sup> for expenditure which has been updated using the PSS pay & prices inflator.

Costs and unit estimation	2012/2013 value	Notes
Capital costs		
A. Buildings and oncosts	£106 per resident week	Based on the new-build and land requirements for local authority residential care establishments. These allow for 57.3 square metres per person. <sup>2</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
B. Land costs	£10 per resident week	Based on Department for Communities and Local Government statistics. <sup>3</sup> The cost of land has been annuitised at 3.5 per cent over 60 years.
C. Total expenditure (minus capital)	£730 per resident week	The median revenue weekly cost estimate (£730) for supporting adults in residential care provided by others (includes full cost paying and preserved rights residents). Capital costs relating to buildings and land have been deducted. The mean cost per client per week is reported as being £846.
D. Agency overheads		Social services management and support services (SSMSS) costs are included in PSS EX1 expenditure figures so no additional overheads have been added.
Other costs		
E. Personal living expenses	£23.50 per week	The DWP personal allowance for people in residential care or a nursing home is £23.50. <sup>4</sup> This has been used as a proxy for personal consumption.
F. External services		No information is available.
Use of facility by client	365.25 days per year	
Occupancy	100 per cent	No statistics available, therefore 100 per cent occupancy assumed.
London multiplier		No statistics available.
<b>Unit costs available 2012/2013</b>		
£846 per resident week establishment costs (includes A to C); £869 per resident week (includes A to E).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>3</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>4</sup> Department of Health (2012) *Charging for residential care*, <https://www.gov.uk/government/news/charging-for-residential-care--2/> [accessed 3 October 2013].



### 5.3 Day care for adults with a physical disability

This table uses the Personal Social Services Expenditure return (PSS EX1)<sup>1</sup> for revenue costs, which have been uprated using the PSS pay & prices inflator. The median cost was £171 per client week and the mean cost was £195 per client week (including capital costs). These data do not report on how many sessions clients attended each week.

Costs and unit estimation	2012/2013 value	Notes
Capital costs (A, B & C)		
A. Buildings and oncosts	£11 per day	Based on the new-build and land requirements for local authority day care facilities (which do not distinguish by client group). These allow for 33.4 square metres per person. <sup>2</sup> Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
B. Land	£1.10 per day	Based on Department for Communities and Local Government statistics. <sup>3</sup> Land costs have been discounted at 3.5 per cent over 60 years.
C. Other capital		Capital costs not relating to buildings and oncosts are included in the revenue costs so no additional cost has been added for other capital such as equipment and durables.
Revenue costs		
D. Salary and other revenue costs	£45 per day	Assuming people with physical disabilities attend day care three days a week, the median and mean costs per day were £45 and £53 respectively. Capital charges on the revenue account which relate to buildings have been deducted.
E. Agency overheads		Social services management and support services (SSMSS) costs are included in PSS EX1 expenditure figures so no additional overheads have been added.
Use of facility by client		Assumes clients attend 3 sessions of day care per week.
Occupancy		No current information is available.
London multiplier	1.20 x (A to B) 1.33 x (D to E)	Relative London costs are drawn from the same source as the base data for each cost element. <sup>1,2,3</sup>
<b>Unit costs available 2012/2013</b>		
£57 per day (includes A to D).		

<sup>1</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>3</sup> Personal communication with the Department for Communities and Local Government, 2011.

## **5.4 Home care**

The mean (median) gross weekly expenditure on home care per adult aged under 65 with a physical disability is £201 (£200). Assuming home care is provided 7 days a week, the mean and median weekly expenditure is £29.

See table 11.6 for more information on home care.

## **6. Services for children and their families**

- 6.1 NHS reference costs for children's health services
- 6.2 Care home for children—local authority
- 6.3 Care home for children—non-statutory sector
- 6.4 Local authority foster care for children
- 6.5 Social services support for children in need
- 6.6 Key worker services for disabled children and their families
- 6.7 End-of-life care at home for children
- 6.8 Multi-systemic therapy (MST)
- 6.9 Adoption
- 6.10 Multidimensional treatment foster care
- 6.11 Decision-making panels
- 6.12 Short break provision for disabled children and their families
- 6.13 Local safeguarding children's boards
- 6.14 Incredible Years parenting programme
- 6.15 Parenting programmes for the prevention of persistent conduct disorder
- 6.16 Parent training interventions for parents of disabled children with sleep problems



## 6.1 NHS reference costs for children's health services

We have drawn on the *NHS Trust and Primary Care Trusts combined* to report from the NHS reference costs of selected children's health services.<sup>1</sup> All costs have been updated to 2012/2013 levels using the HCHS pay & prices inflator.

Each reported unit cost includes:

- (a) direct costs – which can be easily identified with a particular activity (e.g. consultants and nurses)
- (b) indirect costs – which cannot be directly attributed to an activity but can usually be shared among a number of activities (e.g. laundry and lighting)
- (c) overheads – which relate to the overall running of the organisation (e.g. finance and human resources).

For information on the method used to allocate drugs to services, see *NHS reference costs guidance* for 2011-2012.<sup>1</sup>

	Lower quartile	Upper quartile	National average
<b>COMMUNITY SERVICES</b>			
Therapy services			
Physiotherapy group (one-to-one)	£73 (£53)	£105 (£92)	£101 (£76)
Occupational therapy group (one-to-one)	£79 (£79)	£165 (£141)	£138 (£116)
Speech therapy services group (one-to-one) <sup>2</sup>	£41 (£73)	£109 (£101)	£90 (£91)
<b>All community paediatrician services (excluding Treatment Function Code (TFC) and vaccination programmes)</b>			
Weighted average of face-to-face contacts	£195	£333	£289
Weighted average of non-face-to-face contact	£115	£233	£181
<b>Community nursing services for children</b>			
	£55	£113	£95
<b>Vaccination programmes</b>			
School-based children's health services	£14	£36	£27
Health visiting services: vaccination and immunisation	£20	£31	£26
<b>OUTPATIENT ATTENDANCES</b>			
Weighted average for all paediatric services	n/a	n/a	£172
<b>MENTAL HEALTH</b>			
Day care facilities — regular attendances	£131	£379	£300
Child and adolescent medium secure services	£1141	£1503	£1339
Specialist inpatient services (weighted average of eating disorder, alcohol and drug services)	£333	£630	£487
Mental health inpatients (children and adolescents)	£538	£730	£647

<sup>1</sup> Department of Health (2013) *NHS reference costs 2011-2012*, <https://www.gov.uk/government/news/financial-year-2011-to-2012-reference-costs-published> [accessed 2 October 2013].

<sup>2</sup> Law, J., Zeng, B., Lindsay, G. & Beecham, J. (2012) Cost-effectiveness of interventions for children with speech, language and communication needs (SLCN): a review using the Drummond and Jefferson (1996) 'Referee's Checklist', *International Journal of Language and Communication Disorders*, 47, 5, 477-486.

## 6.2 Care home for children — local authority

This table presents the costs per resident week for a local authority care home for children. Establishment costs are £2,964 per resident week. All costs have been uprated using the PSS pay & prices index. For more information on the market in children's care homes see *DfES Children's Services: Children's Homes and Fostering*,<sup>1</sup> and for information on secure children's homes see Mooney et al. (2012).<sup>2</sup>

Costs and unit estimation	2012/2013 value	Notes
Capital costs (A & B)		
A. Buildings	£112 per resident week	Based on the new-build and land requirements for local authority children's homes. These allow for 59.95 m <sup>2</sup> per person. <sup>3</sup> Capital costs are discounted at 3.5 per cent over 60 years. This remains unchanged from last year.
B. Land	£13 per resident week	Based on statistics provided by the Department for Communities and Local Government. <sup>4</sup> Land costs have been annuitised at 3.5 per cent over 60 years. This remains unchanged from last year.
C. Total local authority expenditure (minus capital)	£2,839 per resident week	<p>Mean costs for children looked after in own-provision children's homes are based on the underlying data of the Section 251<sup>5</sup> of the Department for Education's <i>Financial Data collection for outturn 2011/12</i><sup>6</sup> and the <i>Children's homes data pack (2013)</i>.<sup>7</sup></p> <p>The cost for a child for a week in an own-provision residential care home was £2,839. This was calculated by dividing net current expenditure for local authority (LA) provision children's care homes (£323,793,084) by the number of LA provision care days for children in residential care (763,209).<sup>5</sup> We have excluded capital charges for buildings and uprated costs using the PSS pay &amp; prices inflator. Local authorities reporting costs of more than £14,000 per week (£2,000 per day) have been excluded. This estimate differs from what is reported in the children's homes data pack (2013).<sup>7</sup> There, the mean spend on LA provision is reported as £4,135 per child per week. The difference is due to the method used to calculate the average and a different handling of outliers. LAs reporting costs of more than £14,000 per week are not excluded in that analysis and the average spend refers to the average of each individual LA's average spend per week.</p>
D. Agency overheads		Most of the direct social work costs and the commissioning costs for children's services have been excluded from these estimates. Also excluded are occupational therapy services and child protection social work costs.
E. Other costs		No current information available on the costs of external services received. See previous editions of this publication for sources of information.
Use of facility by client	52.18 weeks	
Occupancy		No current information available. See previous editions of this volume for sources of information.
London multiplier	1.20 x A 2.73 x B 1.11 x C	Relative London costs are drawn from the same source as the base data for each cost element. <sup>3,4,7</sup>
<b>Unit costs available 2012/2013</b>		
£2,964 establishment costs per resident week (includes A to C).		

<sup>1</sup> Department for Education (2006) *DfES children's services: children's homes and fostering*, PricewaterhouseCoopers, London.

<sup>2</sup> Mooney, A., Statham, J., Knight, A. & Holmes, L. (2012) *Understanding the market for secure children's homes*, Summary Report, A rapid response study for the Department for Education, Childhood Wellbeing Research Centre, Loughborough.

<sup>3</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>4</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>5</sup> Department for Education (2012) *Underlying data of the section 251 data archive: outturn data-detailed level 2008-09 onwards, outturn summary 2011-12*, Department for Education, London.

[www.education.gov.uk/schools/adminandfinance/financialmanagement/schoolsrevenuefunding/section251/archive/b0068383/section-251-data-archive/outturn-data---detailed-level-2008-09-onwards](http://www.education.gov.uk/schools/adminandfinance/financialmanagement/schoolsrevenuefunding/section251/archive/b0068383/section-251-data-archive/outturn-data---detailed-level-2008-09-onwards) [accessed 9 October 2013].

<sup>6</sup> Department for Education (2011) *Children looked after in England including adoption and care leavers, year ending 31 March 2012, SSDA903*. Data provided by DfE. <http://www.education.gov.uk/rsgateway/DB/SFR/s001084/index.shtml> [accessed 1 October 2013].

<sup>7</sup> Department for Education (2013) *Children's homes data pack*,

<http://media.education.gov.uk/assets/files/pdf/c/childrens%20homes%20data%20pack%20march%202012.pdf> [accessed 9 October 2013].

## 6.3 Voluntary, private and independent sector care homes for children

This table presents the costs per resident week for a non-statutory care home for children. Establishment costs are £3,282 per resident week. See *DfES Children's Services: Children's Homes and Fostering*, for information on the market in children's care homes.<sup>1</sup>

Costs and unit estimation	2012/2013 value	Notes
Capital costs (A & B)		
A. Buildings	£112 per resident week	Based on the new-build and land requirements for local authority children's homes. These allow for 59.95 m <sup>2</sup> per person. <sup>2</sup> Capital costs are discounted at 3.5 per cent over 60 years. This remains unchanged from last year.
B. Land	£13 per resident week	Based on Department for Communities and Local Government statistics. <sup>3</sup> Land costs have been annuitised at 3.5 per cent over 60 years. This remains unchanged from last year.
C. Total expenditure (minus capital)	£3,157 per resident week	<p>Mean costs for children looked after in externally provided children's homes (e.g. non local authority (LA) own provision) are based on the underlying data of the Section 251<sup>4</sup> of the Department for Education's <i>Financial Data collection for outturn 2011/12</i><sup>5</sup> and the <i>Children's homes data pack (2013)</i>.<sup>6</sup></p> <p>The cost for a child for a week in a non-statutory residential care home for children was £3,157. This was calculated by dividing net current expenditure for other provision children's care homes (£646,305,437) by the number of care days in non-LA provision for children in residential care (1,380,095).<sup>4</sup> We have excluded capital charges for buildings and uprated costs using the PSS pay &amp; prices inflator. The number of local authorities reporting costs of more than £14,000 per week (£2,000 per day) have been excluded.</p> <p>This estimate differs from what is reported in the <i>children's homes data pack (2013)</i>.<sup>6</sup> There, the mean spend on homes not run by the LA is reported as £3,860 per child per week. The difference is due to the method used to calculate the average and a different handling of outliers. Local authorities reporting costs of more than £14,000 per week are not excluded in that analysis and the average spend refers to the average of each individual LA's average spend per week.</p>
D. Agency overheads		Most of the direct social work costs and the commissioning costs for children's services have been excluded from these estimates. Also excluded are occupational therapy services and child protection social work costs.
E. Other costs		
External services		No current information available on the costs of external services received. See previous editions of this publication for sources of information.
Use of facility by client	52.18 weeks	
Occupancy		No current information available. See previous editions of this volume for sources of information.
London multiplier	1.20 x A 2.73 x B 1.07 x C	Relative London costs are drawn from the same source as the base data for each cost element. <sup>2,3,6</sup>
<b>Unit costs available 2012/2013</b>		
£3,282 establishment costs per resident week (includes A to C).		

<sup>1</sup> Department for Education (2006) *DfES children's services: children's homes and fostering*, PricewaterhouseCoopers, London. <https://www.education.gov.uk/publications/RSG/publicationDetail/Page1/RW74> [accessed 9 October 2013].

<sup>2</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>3</sup> Personal communication with the Department for Communities and Local Government, 2011.

<sup>4</sup> Department for Education (2012) *Underlying data of the section 251 data archive: outturn data-detailed level 2008-09 onwards, outturn summary 2011-12*, Department for Education, London. [www.education.gov.uk/schools/adminandfinance/financialmanagement/schoolsrevenuefunding/section251/archive/b0068383/section-251-data-archive/outturn-data---detailed-level-2008-09-onwards](http://www.education.gov.uk/schools/adminandfinance/financialmanagement/schoolsrevenuefunding/section251/archive/b0068383/section-251-data-archive/outturn-data---detailed-level-2008-09-onwards) [accessed 9 October 2013].

<sup>5</sup> Department for Education (2011) *Children looked after in England including adoption and care leavers, year ending 31 March 2012, SSDA903. Data provided by DfE*, <http://www.education.gov.uk/rsgateway/DB/SFR/s001084/index.shtml> [accessed 1 October 2013].

<sup>6</sup> Department for Education (2013) *Children's homes data pack*, <http://media.education.gov.uk/assets/files/pdf/c/childrens%20homes%20data%20pack%20march%202012.pdf> [accessed 9 October 2013].

## 6.4 Local authority foster care for children

This table provides the cost of local authority foster care for children. For information on multidimensional treatment foster care, see table 6.10 of this volume. See Holmes & Soper (2010)<sup>1</sup> and Department for Education (2006)<sup>2</sup> for more information on the costs of foster care.

Costs and unit estimation	2012/2013 value	Notes
A. Boarding out allowances, administration and the costs of social worker and other support staff who support foster carers	£408 per child per week	Using Section 251 <sup>3</sup> data and dividing total net expenditure for own-provision foster care of £731,928,773 by the total number of days of care (12,553,520), <sup>4</sup> the cost per day for 2011/12 was £58 (£408 per week) and £408 when uprated to 2012/13 prices using the PSS pay & prices inflator.  Using Section 251 and dividing total net expenditure for all foster care (includes own-provision, private, other public and voluntary foster care) of £1,376,869,081 <sup>3</sup> by the total number of activity days (17,968,000), <sup>4</sup> the cost per day for all provision foster care for 2011/12 was £77 (£536 per week) and £538 when uprated using the Personal Social Services (PSS) pay & prices inflator.
B. Social services (including cost of social worker and support)	£228 per child per week	Although Section 251 data includes the costs of social workers and staff who support foster carers, it excludes social work costs related directly to the fostered children. The majority of children looked after are in foster placements and the mean cost of social services support from fieldwork teams and centres (costed staff/centre time) has been estimated from the Children in Need (CiN) census 2005 <sup>5</sup> and has been uprated to current levels using the PSS pay & prices inflators. At 2012/2013 prices, this was £228 per child per week.
C. Other services, including education		No current information available on the costs of other external services received. See previous editions of this publication for sources of information.
Service use by client	52.18 weeks per year	
London multiplier	1.72 x A	Relative London costs are drawn from the same source as the base data. <sup>2</sup>
<b>Unit costs available 2012/2013</b>		
£636 per child per week		

<sup>1</sup> Holmes, L. & Soper, J. (2010) *Update to the cost of foster care*, Loughborough University, Loughborough.

<sup>2</sup> Department for Education (2006) *DfES children's services: children's homes and fostering*, PricewaterhouseCoopers, London. <https://www.education.gov.uk/publications/RSG/publicationDetail/Page1/RW74> [accessed 9 October 2013].

<sup>3</sup> Department for Education (2012) *Section 251 data archive: outturn data-detailed level 2008-09 onwards, outturn summary 2011-12*, Department for Education, London. [www.education.gov.uk/schools/adminandfinance/financialmanagement/schoolsrevenuefunding/section251/archive/b0068383/section-251-data-archive/outturn-data---detailed-level-2008-09-onwards](http://www.education.gov.uk/schools/adminandfinance/financialmanagement/schoolsrevenuefunding/section251/archive/b0068383/section-251-data-archive/outturn-data---detailed-level-2008-09-onwards) [accessed 9 October 2013].

<sup>4</sup> Department for Education (2011) *Children looked after in England including adoption and care leavers, year ending 31 March 2011, SSSA903*. Data provided by DfE, <http://www.education.gov.uk/rsgateway/DB/SFR/s001084/index.shtml> [accessed 1 October 2013].

<sup>5</sup> Department for Education and Skills (2005) *Children in need in England: results of a survey of activity and expenditure as reported by local authority social services' children and families teams for a survey week in February 2005*, Department for Education and Skills, London.



## 6.5 Social services support for children in need

Until 2005, the Children in Need census was a biennial survey which collected information on the numbers and characteristics of children in need: that is, children receiving social services support. The unit costs of these services were also published for a survey week in February 2005 which included 234,700 children.<sup>1</sup> Since 2008/09, the Children in Need census has been annual, but has contained slightly different information. In 2008/09, although financial information was collected, rather than being for a sample week as in previous censuses, the collection covered six months. Further differences between these two surveys are discussed in Mahon (2008).<sup>2</sup>

In this table, therefore, we present information collected in 2005 which is based on services received by each child seen during a survey week in February. These costs have been updated to 2012/2013 costs using the PSS pay & prices inflators. At 2012/2013 prices, the average weekly cost for looked-after children was £776, while for children supported in their families or independently, the cost was £160, with an average cost per child in need of £331.

For care package costs which provide examples of the support received by children in need, see tables 6.5.1-6.5.4.

Three types of expenditure are captured in the tables below:

- 1) The costs of field and centre staff time carrying out social services activities with, or on behalf of, identified children in need and their families.
- 2) The costs of providing care and accommodation for children looked after (and similar regular, ongoing expenditure that can be treated in the same way).
- 3) One-off or ad hoc payments and purchases for children in need or their families.

### 6.5.1 Social services' costs per child per week by region

Location	Children supported in families or independently		Children looked after		Total	
	Total no. of children	Average cost per child	Total no. of children	Average cost per child	Total no. of children	Average cost per child
All shire counties	60,265	£143	22,875	£731	83,140	£303
All unitary authorities	35,235	£143	12,115	£839	47,350	£320
All metropolitan districts	40,760	£154	18,685	£696	59,445	£325
All London authorities	32,490	£223	12,230	£936	44,720	£417
England	168,750	£160	65,900	£776	234,650	£331

<sup>1</sup> For further information on this survey see <http://www.education.gov.uk/rsgateway/DB/SFR/s001084/sfr20-2012md.pdf> [accessed 9 October 2013].

<sup>2</sup> Mahon, J. (2008) *Towards the new children in need census*, York Consulting, <https://www.education.gov.uk/publications/standard/publicationDetail/Page1/DCSF-RW039> [accessed 9 October 2013].

### 6.5.2 Social services costs per child per week by need category

Need category <sup>1</sup>	Children supported in families or independently		Children looked after	
	Total no. of children	Mean cost per child	Total no. of children	Mean cost per child
Abuse/neglect	50,900	£160	36,000	£742
Disability	21,100	£183	8,700	£742
Parental illness or disability	8,400	£160	3,200	£696
Family in acute stress	20,000	£137	4,100	£970
Family dysfunction	23,400	£148	6,400	£879
Socially unacceptable behaviour	12,200	£183	1,800	£1,370
Low income	3,900	£171	270	£754
Absent parenting	5,500	£228	4,400	£685
Cases other than children in need	8,000	£148	460	£662
Cases not stated	15,400	£148	660	£537

### 6.5.3 Average cost (£ per week) per child receiving support: by service categories

	Children supported in families or independently	Children looked after	Total
	Mean cost per child	Mean cost per child	Mean cost per child
Costs for staff/centre time	£131	£228	£160
Ongoing costs	£23	£542	£166
One-off costs	£6	£11	£5
Total costs	£160	£776	£331

### 6.5.4 Average cost (£ per week) for identified groups of children

	Children supported in families or independently		Children looked after		Total	
	Mean hours per child	Mean cost per child	Mean hours per child	Mean cost per child	Mean hours per child	Mean cost per child
Asylum-seeking children	1.5	£251	2.4	£685	1.8	£405
Disabled children	2.5	£183	3.0	£811	2.7	£400
Autistic children	2.6	£188	2.8	£942	2.7	£480
All children	2.3	£160	3.5	£777	2.7	£331

<sup>1</sup> As specified in Department for Education and Skills (2005) Children in need in England: results of a survey of activity and expenditure as reported by local authority social services' children and families teams for a survey week in February 2005, Department for Education and Skills, London.

## 6.6 Key worker services for disabled children and their families

Key workers provide a single point of contact for disabled children and their families, supporting them and facilitating access to other services. Both key workers and the families supported see the key worker role as providing information and advice, identifying and addressing needs, accessing and co-ordinating services for the family, providing emotional support, and acting as an advocate. Research has shown that key worker services generate good outcomes for families, and provision is encouraged through central government policy.

In 2004/05, research was carried out in seven sites providing key worker services to explore the effectiveness of different models and also to calculate costs.<sup>1,2</sup> In total, 205 families returned questionnaires of which there were 189 valid responses. Predominantly, key workers included in the study came from four professional backgrounds: health visiting, nursing, teaching and social work. However, parents, paediatricians, dietitians, speech therapists, occupational therapists, physiotherapists and early years workers also acted as key workers. The children supported by these seven key worker services had a range of diagnoses, of which autistic spectrum disorders, cerebral palsy and developmental delay were the most common. Most children had more than one condition.

The table below shows that the average cost per working hour for the seven services was £34, ranging from £24 to £42. This has been calculated by dividing the total cost by the total number of hours for which staff members undertook key-working activities. The unit cost is, therefore, weighted for the staff-mix on each service. Over a three-month period, the mean and median costs of contact, taking into account telephone calls and the costs of visits, were £151 and £87 respectively. All costs have been uprated to reflect 2012/2013 prices.

Assuming this level of contact to be constant over 12 months, annual average contact costs would be £605. Using information provided by 11 key workers reporting time use, the contact to other activity ratio is 1:1.6 (for each hour spent in contact with the family, two and a half hours are spent on activities such as travel, liaison, meetings etc.). At 2012/2013 prices, the total cost of all participating schemes was £2,254,755 and this total caseload was 1,237, giving an average annual cost per family across the schemes of £1,823.

Use and costs of key worker services in three months prior to survey					
Service	Cost per working hour	Mean number of visits (range)	Mean number of telephone calls (range)	Mean cost of visits and telephone calls	Median cost of visits and telephone calls
A	£26	2.9 (0-8)	6.7 (1-16)	£143	£125
B	£42	2.7 (0-24)	5.0 (0-60)	£185	£90
C	£36	3.6 (0-10)	5.4 (1-80)	£189	£141
D	£38	1.9 (0-12)	2.5 (0-12)	£108	£60
E	£38	2.8 (0-20)	4.6 (0-50)	£184	£114
F	£32	4.4 (0-12)	2.5 (0-12)	£111	£75
G	£24	1.4 (0-6)	2.1 (0-6)	£39	£24
<b>Total/average</b>	<b>£34</b>	<b>2.8 (0-24)</b>	<b>4.4 (0-60)</b>	<b>£151</b>	<b>£87</b>

<sup>1</sup> Greco, V., Sloper, P., Webb, R. & Beecham, J. (2005) *An exploration of different models of multi-agency partnerships in key worker services for disabled children: effectiveness and costs*, Social Policy Research Unit, University of York.

<sup>2</sup> Beecham, J., Sloper, P., Greco, V. & Webb, R. (2007) The costs of key worker support for disabled children and their families, *Child: Care, Health and Development*, 33, 5, 611-618.

## 6.7 End-of-life care at home for children

Information for this table has been provided by Rhiannon Edwards and Jane Noyes at Bangor University and was taken from the *My Choices* project report<sup>1</sup> which provided a summary of the proposed *additional costs* associated with providing palliative care at home (assuming care is provided for one week, 24 hours per day).

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary	£278,292 per year	Based on the mean basic salaries for 5.5 community nurses (band 6), 1 specialist palliative care nurse (band 7), 0.2 medical equipment technician (band 6), 0.5 clinical psychologist (band 7) and 15 band 7 nurses, each working 100 hours per year.
B. Salary oncosts	£68,933 per year	Employer's national insurance plus 14 per cent of salary for employer's contribution to superannuation.
C. Overheads Staff costs	£20,443 per year	Includes IT and administrative support, 0.5 WTE band 7 and 0.5 WTE band 5 respectively.
D. Travel costs	£24,205 per year	No travel costs available but the assumption is that they are equivalent to those reported in table 7.5.
Working time	24 hours per day, 52.18 weeks	Unit costs based on 168 hours per week and 58.18 weeks per year.
<b>Unit costs available 2012/2013</b>		
Cost per week £7,510; cost per hour £44.70 (if working 24/7).		

<sup>1</sup> Noyes, J., Hain, R., Tudor Edwards, R., Spencer, L., Bennett, V., Hobson, L., & Thompson, A. (2010) *My choices project* report, Bangor University, CRC Cymru, Cardiff University School of Medicine, N Warwickshire PCT, Royal College of Paediatrics and Child Health, Public Health Wales NHS Trust, Bath and NE Somerset PCT, <http://www.bangor.ac.uk/healthcaresciences/research/My%20Choices%20Project%20Report%20-%2022-09-2011.pdf> [accessed 9 October 2013].

## 6.8 Multi-systemic therapy (MST)

Multi-systemic therapy (MST) is an intensive family- and community-based treatment programme that focuses on addressing all environmental systems that impact on chronic and violent juvenile offenders: their homes and families, schools and teachers, neighbourhoods and friends (<http://mstservices.com/>).

This table is based on a costing which was undertaken for a randomised controlled trial of interventions for adolescents aged 11-17 years at risk of continuing criminal activity.<sup>1</sup>

Costs and unit estimation	Unit cost 2012/2013	Notes
A. Salary plus oncosts	£46,806 per year	Based on the salary of a chartered counselling psychologist. <sup>1</sup> Employer's national insurance is included plus 14 per cent of salary for employer's contribution to superannuation.
B. Overheads		Taken from NHS (England) Summarised accounts. <sup>2</sup>
Management, administration and estates staff.	£9,038 per year	Management and other non-care staff costs were 19.31 per cent of direct care salary costs and included administration and estates staff.
Non-staff	£19,645 per year	Non-staff costs were 41.97 per cent of direct care salary costs. They include costs to the provider for office, travel/transport and telephone, education and training, supplies and services (clinical and general), as well as utilities such as water, gas and electricity.
C. Capital overheads	£2,966 per year	Based on the new-build and land requirements of NHS facilities and adjusted to reflect shared used of both treatment and non-treatment space. Capital costs have been annuitised over 60 years at a discount rate of 3.5 per cent.
Working time	42.7 weeks per year 37.5 hours per week	Unit costs are based on 1,602 hours per year: 225 working days minus sickness absence and training/study days as reported for NHS staff groups. <sup>3</sup>
Face-to-face time	1:1.40	The direct: indirect ratio was based on a survey of the three MST therapists who took part in the trial.
Length of sessions	60 minutes	Therapy sessions lasted 60 minutes.
<b>Unit costs available 2012/2013</b>		
£49 per hour; £118 per therapy session.		

<sup>1</sup> Butler, S., Baruch, G., Hickey, N. & Fonagy, P. (2011) A randomized controlled trial of multi systemic therapy and statutory therapeutic intervention for young offenders, *Journal of the American Academy of Child and Adolescent Psychiatry*, 50, 12, 1220-1235.e2.

<sup>2</sup> Audit Commission (2012) *NHS summarised accounts 2011-2012*, NHS, London.

<sup>3</sup> Contracted hours are taken from NHS Careers (2012) *Pay and benefits, National Health Service*, London <http://www.nhs.gov.uk/> [accessed 9 October 2013]. Training days as recommended by professional bodies. Working days and sickness absence rates as reported in Health & Social Care Information Centre (2013) *Sickness absence rates in the NHS: January 2013 – March 2013*.

## 6.9 Adoption

In 2013, an overview of the adoption research initiative was published.<sup>1</sup> This draws on studies commissioned by the Department for Education (DfE) as part of the Adoption Research Initiative (ARI) to explore issues relating to the implementation of the Adoption and Children Act 2002 in England and Wales. This table draws mainly on information contained in this overview, providing the costs of various stages of the adoption process, from the fees to post-adoption support for families. It also includes information from a routine source: Section 251 of the Department of Education's financial data collection. All costs have been uprated using appropriate inflators.

### Local authority expenditure – Section 251

In the Section 251 financial accounts, adoption services include 'adoption allowances paid and other staff and overhead costs associated with adoption including the costs of social workers seeking new and supporting existing adoptive parents'.<sup>2</sup> Based on the outturn accounts for 2011/12<sup>3</sup> and activity data taken from the Department of Education's statistical release for children looked after in England,<sup>4</sup> the average cost per day for own-provision adoption services was £233. This was calculated by dividing total expenditure (£208,253,640) for own-provision adoption services by the total number of days of care for both own-provision (PR1) and other local authority provision (PR2) (854,114). At 2012/2013 prices, the cost per day for own-provision adoption services is £237. The average cost per day across all adoption services (including the private and voluntary sector) at 2012/2013 prices is £246. This was calculated by dividing total expenditure (£239,712,969) by total number of days of care (984,000) and uprating by the PSS pay & prices index.

### Inter-agency fees

Local authorities (LAs) and voluntary adoption agencies (VAAs) arrange adoptions in England. LAs place children for adoption with their own approved prospective adopters (an 'internal placement') or with approved prospective adopters provided by another local authority or by a VAA (an 'external placement'). VAAs also place a very small number of children relinquished into their care for adoption. Where an external placement is made, an inter-agency fee is charged. This fee enables an agency that has recruited and approved the prospective adopters to recoup their costs. Current fees (2013) are shown in 6.9.1 below ([http://www.baaf.org.uk/webfm\\_send/3161/](http://www.baaf.org.uk/webfm_send/3161/)).

### 6.9.1 Inter-agency fees

Local authorities	Costs for 2012/2013
Fees for one child	£27,000
Fees for two children	150% of the above fee
Fees for three or more children	200% of the above fee
Voluntary adoption agencies	
Fees for one child	£27,000 comprising £18,000 on placement, and £9,000 when the adoption order is made or 12 months from start of placement, whichever is sooner
Ongoing support	£750 per month

As part of the Adoption Research Initiative, the DfE funded a study to establish whether the inter-agency fee was a good reflection of the expenditure incurred by LAs and VAAs in placing a child or sibling group (Selwyn et al., 2009, 2011).<sup>5</sup> Financial accounts for 2007-08 from ten LAs and 17 VAAs were analysed and the average cost per adoptive placement was estimated as £37,200 for a VAA, and £35,000 for LAs, when expenditure on inter-agency fees had been excluded. The inter-agency fee in 2009 was £24,080 for a VAA, or around three-quarters of the estimated cost per placement in a typical

<sup>1</sup> Thomas, C. (2013) *Adoption for looked after children: messages from research*, British Association for Adoption & Fostering (BAAF).

<sup>2</sup> [www.education.gov.uk/childrenandyoungpeople/strategy/financeandfunding/section251/a00191786/outturn-guidance/](http://www.education.gov.uk/childrenandyoungpeople/strategy/financeandfunding/section251/a00191786/outturn-guidance/) [accessed 9 October 2013].

<sup>3</sup> Department for Education (2012) *Section 251 data archive: outturn data-detailed level 2008-09 onwards, outturn summary 2010-11*, Department for Education, London.  
[www.education.gov.uk/schools/adminandfinance/financialmanagement/schoolsrevenuefunding/section251/archive/b0068383/section-251-data-archive/outturn-data--detailed-level-2008-09-onwards](http://www.education.gov.uk/schools/adminandfinance/financialmanagement/schoolsrevenuefunding/section251/archive/b0068383/section-251-data-archive/outturn-data--detailed-level-2008-09-onwards) [accessed 9 October 2013].

<sup>4</sup> Department for Education (2011) *Children looked after in England including adoption and care leavers, year ending 31 March 2011, SSDA903*. Data provided by DfE, see <http://www.education.gov.uk/rsgateway/DB/SFR/s001084/sfr20-2012md.pdf> [accessed 9 October 2013].

<sup>5</sup> Selwyn, J., Sempik, J., Thurston, P. & Wijedasa, D. (2009) *Adoption and the inter-agency fee*, Centre for Child and Family Research, <http://www.bristol.ac.uk/sps/research/projects/current/rk6582a/rk6582afinalreport.pdf> [accessed 9 October 2013]. See also Selwyn, J. & Sempik, J. (2011) Recruiting adoptive families: the costs of family finding and the failure of the inter-agency fee, *British Journal of Social Work*, 41, 415-431.

VAA: a shortfall of around £10,000 per placement. 'Accounts submitted to the Charity Commission 2007-08 suggest VAAs contribute about £3.5 million to adoption services from income received from donations, legacies and investments' (Selwyn, 2011, p 427).<sup>4</sup>

### Family-finding

Linking and matching in adoption is the process of identifying an adoptive family which might best be able to meet the needs of a specific child who is waiting for an adoptive placement. More specifically, linking refers to the process of investigating the suitability of one or more prospective adoptive families who might meet the needs of a certain child or sibling group, based on their prospective adopter reports. Matching refers to the process whereby a local authority decides which prospective adoptive family is the most suitable to adopt a particular child. This family will be identified as a 'match' for the child or sibling group at the Adoption Panel, but the large variation in the way adoption panels are implemented means these costs are difficult to estimate.

Information has been drawn from a survey of adoption agencies (Dance et al., 2008),<sup>1</sup> and 6.9.2 shows how much social worker time was spent on the relevant activities required to produce the assessment form for a prospective adoptive family. The number of hours spent on each activity was broadly in line with other research (Selwyn et al., 2006).<sup>2</sup> Many other activities are undertaken as part of the adoption process, including completing the various legal procedures, writing reports for adoption panel meetings, and preparing and introducing children and adoptive families. Each of these activities will involve considerable amounts of social work time and input from other professions, thereby adding to the costs shown here.<sup>3</sup> The average cost to the adoption agency of these four sub-processes amounts to £6,344. Costs for participating teams were estimated during the study and have been updated from 2007/08 prices using the PSS pay & prices inflator.

## 6.9.2 Cost estimation of adoption activities

		Costs 2012/2013
Child assessment	55 social work hours (over four months)	£2,622
Adopter's assessment	64 social work hours (over six months)	£2,308
Preparing child's profile	6 social work hours	£154
Family-finding process – talking to children, families and professionals as part of the linking process	16 social work hours	£1,259
<b>Total</b>	<b>141 social work hours</b>	<b>£6,344</b>

### Helping birth families

A study undertaken by Neil & colleagues (2010)<sup>4</sup> and commissioned by the DfE aimed to estimate the cost of providing support services to birth relatives over 12 months. Seventy-three birth relatives were interviewed, and 57 (78%) were re-interviewed approximately 15 months later. Case workers completed diaries to record time spent on each of the various services provided to birth relatives, and other agencies provided information about the number and type of services provided for each person in the interview sample over one year. For each type of support, a unit cost was taken from the 2007 volume of the *Unit Costs of Health and Social Care*. The unit costs were combined with each person's use of support services to calculate the total costs of support. Costs have been updated using the PSS pay & prices inflator.

Birth relatives were reported to have used 8.35 support services (range 0 to 70) over the 12-month study period at an average cost of £560 (range £0 to £4,997). Services included a telephone line for out-of-hours support, drop-in sessions, duty sessions, following referrals by telephone, providing venues for meetings, and liaison with other service providers. All other services were excluded from the cost estimates. The research was completed before the current consultation on the review of contact arrangements <http://www.education.gov.uk/childrenandyoungpeople/families/adoption/a00212027/>.

<sup>1</sup> Dance, C., Ouwejan, D., Beecham, J. & Farmer, E. (2008) *Adoption agency linking and matching practice in adoption in England and Wales, Survey Findings*, Department for Education, Research Brief DCSF-RBX-16-08.

<https://www.education.gov.uk/publications/standard/publicationDetail/Page1/DCSF-RBX-16-08/> [accessed 9 October 2013].

<sup>2</sup> Selwyn, J., Sturgess, W., Quinton, D. & Baxter, C. (2006) *Costs and outcomes of non-infant adoptions*, BAAF, London.

<sup>3</sup> Dance, C., Ouwejan, D., Beecham, J. & Farmer, E. (2010) *Linking and matching: a survey of adoption agency practice in England and Wales*, BAAF, London.

<sup>4</sup> Neil, E., Cossar, J., Lorgelly, P. & Young, J. (2010) *Helping birth families: a study of service provision, costs and outcomes*.

<http://www.adoptionresearchinitiative.org.uk/study5.html> [accessed 9 October 2013]. See also *consultation on the review of contact arrangements for children in care and adopted children and on the placement of sibling groups for adoption*,

<http://www.education.gov.uk/childrenandyoungpeople/families/adoption/a00212027/> [accessed 9 October 2013].

### Supporting direct contact after adoption

A study undertaken by Neil & colleagues (2010)<sup>1</sup> explored services provided to support post-adoption contact in 'complex' cases, i.e. direct contact where agencies had an ongoing role in the contact. They reported that the average adoptive family was estimated to have used contact support services 12 times over a 12-month period at a mean total cost of £1,074 (range £0-£4,356). The average birth relative used contact support services 8.9 times over a 12-month period, at a mean total cost of £814 (range £0-£2,133).

### Post-adoption support for adoptive parents

A legal framework for the provision of adoption support is set out in the Adoption and Children Act 2002 and the Adoption Support Services Regulations 2005 (Department of Health, 2005; Bonin et al. 2013).<sup>1,2</sup> Families have a right to an assessment of their support needs and may be entitled to (means-tested) financial support, access to support groups, support for contact with birth relatives, and therapeutic services that support the relationship between children and their adoptive parents, including training to meet the child's needs, respite care and assistance in cases of disruption.

Bonin et al. (2013)<sup>1</sup> provide the costs of services over a six-month period through data collected from 19 adoptive parents six months after a child (average age 23 months) had been placed with them. Table 6.9.3 shows that the total mean public sector cost for support services was £3,953 (uprated from 2007/08 prices), rising to £7,078 if financial support is included.

## 6.9.3 Services received by adoptive parents

Service or support	Mean costs (sd)	Range (lower)	Range (upper)
Adoption support & social care	£2,326	£823	£6,265
Health care	£505	£0	£1,948
Education support	£10	£0	£114
Specialist services	£111	£0	£1,284
<b>Total cost of services</b>	<b>£3,953</b>	<b>£1,018</b>	<b>£6,515</b>
Financial support	£4,125	£0	£22,113
<b>Total cost (services and financial support)</b>	<b>£7,078</b>	<b>£1,372</b>	<b>£23,132</b>

Financial support includes Adoption Allowances (n=6 families), settling-in grants (n=7), reimbursed expenses over the introductory period (n=8), and benefits and tax credits. In a more recent study, 61 adoptive parents caring for 94 children were interviewed; 88 per cent were reimbursed for expenses during introductions, 70 per cent had received a settling-in grant, and 26 per cent received an Adoption Allowance (Selwyn et al., 2009).<sup>2</sup>

Another study funded through the Adoption Research Initiative reported costs of £3,225 (uprated from 2006/07 prices using the PSS pay & prices inflator) for adopters of children with severe behavioural difficulties, estimated over an average of 12 months of the placement (Sharac et al., 2011).<sup>3</sup> Social work was at the heart of adoption support, accounting for nearly half (44%) of costs. Use of education support (20% of total costs), health care (13%) and other services such as day care and home help (23%) were also recorded.

<sup>1</sup>Neil, E., Cossar, J., Jones, C., Lorgelly, P. & Young, J. (2010) *Helping birth relatives and supporting contact after adoption*, Adoption Research Initiative, [http://www.adoptionresearchinitiative.org.uk/summaries/ARI\\_summary\\_8.pdf](http://www.adoptionresearchinitiative.org.uk/summaries/ARI_summary_8.pdf) [accessed 23 October 2013].

<sup>2</sup>Selwyn, J., Sempik, J., Thurston, P. & Wijedasa, D. (2009) *Adoption and the inter-agency fee*, University of Bristol, Bristol.

<sup>3</sup>Sharac, J., McCrone, P., Rushton, A. & Monck, E. (2011) *Enhancing adoptive parenting: a cost-effectiveness analysis*, Child and Adolescent Mental Health, 16, 2, 110-115. See also <http://www.adoptionresearchinitiative.org.uk/study6.html> [accessed 9 October 2013].



## 6.10 Multidimensional treatment foster care (MTFC)

Multidimensional treatment foster care (MTFC) is a programme of intervention designed for young people who display emotional and behavioural difficulties. It is based on social learning and attachment theories, and provides intensive support in a family setting. A multidisciplinary team of professionals works with foster carers to change behaviour through the promotion of positive role models. Placements are intensive and tailored to the child's specific needs, with 24-hour support to carers. The specialised team of professionals is responsible for the planning and delivery of the programme, and each practitioner has a clearly-defined role. The core team consists of a programme supervisor, individual therapist, birth family therapist, skills worker, administrator, foster carer recruiter and education worker; additional staff may be appointed in some local authorities (see table 6.4 for information on local authority foster care for children).

Research was carried out by the Centre for Child and Family Research, Loughborough University, to calculate the costs of multidimensional treatment foster care<sup>1,2</sup> and to analyse how these costs compare with those of other types of provision for young people with similar needs. This research built on a previous study to explore the costs and outcomes of services provided to looked-after children, and the calculation of unit costs of eight social care processes.<sup>3</sup> The process costs shown below align with those in the tables for children in care (8.6.1-8.6.4); in particular the high-cost children. Costs per hour have been calculated using Curtis (2007)<sup>4</sup> and include overheads and capital costs. For each process, the salary and overhead costs have been multiplied by the time spent by the practitioners involved to calculate the unit costs. The costs tabulated below for providing and maintaining the placement account for over 90 per cent of the costs of a care episode, but exclude the set-up costs. Costs have been updated from 2006/2007 to 2012/2013 prices using the PSS pay & prices inflators.

### 6.10.1 Costs of eight social care processes for MTFC

Process number	MTFC cost per child (2012/2013 prices)
Process one: decision to place and finding first MTFC placement	£9,575
Process two: care planning	£246
Process three: maintaining the placement (per month)	£7,241
Process four: leaving care/accommodation	£476
Process five: finding subsequent MTFC placement	£8,899
Process six: review	£679
Process seven: legal process	£4,791
Process eight: transition to leaving care services	£2,123

### 6.10.2 Process costs for other types of provision for young people

Process number	LA foster care in LA area (2012/2013 prices)	Agency/foster care in LA area (2012/2013 prices)	Agency residential in LA area (2012/2013 prices)
Process one	£1,198	£1,701	£1,510
Process two	£246	£246	£246
Process three	£3,752	£5,427	£10,405
Process four	£476	£476	£476
Process five	£537	£1,071	£1,092
Process six	£813	£813	£813
Process seven	£4,791	£4,791	£4,791
Process eight	£2,123	£2,123	£2,123

<sup>1</sup> Holmes, L., Westlake, D. & Ward, H. (2008) *Calculating and comparing the costs of multidimensional treatment foster care*, Report to the Department for Children, Schools and Families, Loughborough Centre for Child and Family Research, Loughborough University.

<sup>2</sup> Holmes, L., Ward, H. & McDermid, S. (2012) *Calculating and comparing the costs of multidimensional treatment foster care in English local authorities*, *Children and Youth Services Review*, 34, 2141-2146.

<sup>3</sup> Ward, H., Holmes, L. & Soper, J. (2008) *Costs and Consequences of Placing Children in Care*, Jessica Kingsley, London.

<sup>4</sup> Curtis, L. (2007) *Unit Costs of Health and Social Care 2007*, Personal Social Services Research Unit, University of Kent, Canterbury.

## 6.11 Decision-making panels

A number of studies carried out by the Centre for Child and Family Research, at Loughborough University have explored the costs of decision-making panels across Children's Services; these include the Common Assessment Framework (CAF)<sup>1</sup>, short-break services for disabled children and their families,<sup>2</sup> and joint commissioning for children with additional needs.<sup>3</sup> The joint commissioning panels were held to discuss both looked-after children and children in need cases. Information was gathered from practitioners, managers and administrative staff on the time taken to complete activities prior to, during and after panel meetings. The costs of the Common Assessment Framework and short-breaks panels are based on data provided by two local authorities. The joint commissioning panel is based on information gathered in one local authority. The activity times for each personnel type involved in the three panels are shown in the table below.

### Activity times for CAF, short breaks for disabled children and their families and joint commissioning for children with additional needs panels by personnel type

Panel	Activity times				
	Panel member	Social worker	Principal manager	Administrator	Lead professional
CAF panel	1 hour 10 minutes	N/A	N/A		5 hours
Short breaks panel	3 hours 20 minutes	1 hour 45 minutes	N/A	4 hours 40 minutes	N/A
Joint commissioning panel	1 hour 45 minutes	2 hours	1 hour 45 minutes	3 hours 20 minutes	N/A

Unit costs are calculated by multiplying the number of hours carried out for each process by each type of personnel, by the relevant unit costs per hour. Unit costs per hour are based on average salaries for each staff type using national salary scales including salary oncosts (National insurance and superannuation). Direct, indirect and capital overheads are applied as outlined in the *Unit Costs of Health and Social Care* (2011).

Personnel type	Unit cost per hour
Panel member (senior manager)	£47
Family support worker	£29
Social worker	£40
Team manager	£47
Administration	£28

The cost of the CAF panel is based on twelve panel members, discussing eight cases per meeting. The cost of the short breaks panel is based on five panel members, discussing four cases per meeting. The cost of the joint commissioning panel is based on four panel members, discussing eight cases per meeting.

### Cost per case for CAF, short breaks and joint commissioning panels

Panel	Costs per case considered £					Total cost per case
	Panel member	Social worker	Principal manager	Administrator	Lead professional	
CAF panel	£82.00				£137	£219.10
Short breaks panel	£112.10	£62.20		£132.40		£306.60
Joint commissioning panel	£41.20	£70.00	£82.50	£94.20		£287.70

<sup>1</sup> Holmes, L., McDermid, S., Padley, M. & Soper, J. (2012) *Exploration of the costs and impact of the Common Assessment Framework*, Department for Education, London.

<sup>2</sup> Holmes, L., McDermid, S. & Sempik, J. (2010) *The costs of short break provision*, Department for Children, Schools and Families, London.

<sup>3</sup> Holmes, L. & Jones, A. (forthcoming) *Unit costs of decision making for looked after children and children in need*, Loughborough: Centre for Child and Family Research, Loughborough University.

## 6.12 Short-break provision for disabled children and their families

The Centre for Child and Family Research were commissioned by the Department for Children, Schools and Families (now the Department for Education) to calculate the costs incurred by children's services departments to provide short-break services.<sup>1</sup> The average cost of different types of short-break services was estimated, along with the costs of the routes by which families access provision and the ongoing activity undertaken to support the child and family once in receipt of short-break services.<sup>1</sup> The study employs a bottom-up costing methodology,<sup>2</sup> using social care activity time data as the basis for building up unit costs. See Holmes & McDermid in Curtis (2010) for detailed information on the methods employed.<sup>3</sup>

### The services

Short breaks can be delivered in the form of overnight stays, day, evening and weekend activities, and can take place in the child's own home, the home of an approved carer, or a residential or community setting.<sup>4</sup> A range of services and their costs were identified in this study.

Service type	Unit	Average cost 2012/13 value		Range 2012/13 value
		Mean cost	Median cost	
Residential	Per child per night (24 hour period)	£267	£293	£71-£412
Family-based overnight	Per child per night (24 hour period)	£174	£150	£143-£230
Day care	Per child per session (8 hours)	£133	£124	£101-£209
Home support	Per family per hour	£22	£22	£18-£26
Home sitting	Per family per hour	£19	£19	£11-£27
General groups	Per session	£338	£386	£99-£625
Afterschool clubs	Per session	£284	£276	£244-£336
Weekend clubs	Per session	£316	£317	£301-£329
Activity holidays	Per child per break	£1,304	£842	£115 <sup>a</sup> -£3,762 <sup>b</sup>

<sup>a</sup> Short break of two days

<sup>b</sup> Short break of seven days

### The social care processes

The study also calculated the costs of social care activity associated with providing short-break services to disabled children and their families. This included the routes by which families were able to access short-break provision, and any ongoing activity undertaken to support the child and family once in receipt of short-break services.

Process	Out of London cost 2012/2013 value	London cost 2012/13 value
<b>Referral and assessment processes</b>		
Local Core Offer eligibility models <sup>5</sup>	Not available	£12 <sup>a</sup>
Common Assessment Framework	£190 <sup>a</sup>	Not available
Initial assessment	£341 <sup>a</sup>	£312 <sup>a</sup>
Core assessment	£513 <sup>a</sup>	£722 <sup>a</sup>
Resource panels for short-break services <sup>6</sup>	£97 <sup>a</sup>	£53 <sup>a</sup>
<b>Ongoing support</b>		
Ongoing support	£78 <sup>b</sup>	£101 <sup>b</sup>
Reviews	£197 <sup>a</sup>	£265 <sup>a</sup>

<sup>a</sup> per process per child

<sup>b</sup> per month per child

<sup>1</sup> Holmes, L., McDermid, S. & Sempik, J. (2009) *The costs of short break provision: report to the Department for Children, Schools and Families*, Centre for Child and Family Research, Loughborough University.

<sup>2</sup> Beecham, J. (2000) *Unit Costs – Not exactly child's play: a guide to estimating unit costs for children's social care*, Department of Health, Dartington Social Research Unit and the Personal Social Services Research Unit, University of Kent; Ward, H., Holmes, L. & Soper, J. (2008) *Costs and consequences of placing children in care*, Jessica Kingsley, London.

<sup>3</sup> Holmes, L. & McDermid, S. (2010) The costs of short break provision, in L. Curtis (ed.) *Unit Costs of Health and Social Care 2011*, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>4</sup> Department for Children, Schools and Families (2008) *Aiming high for disabled children: short breaks implementation guidance*, Department for Children, Schools and Families, London.

<sup>5</sup> 'Local core offer eligibility model' refers to an access route whereby a local authority offers the provision of a standardised package of short-break services to a specific population of disabled children and young people, who meet an identified set of eligibility criteria.

<sup>6</sup> Two of the three participating authorities used panels in deciding how resources may be most usefully deployed to support families. The out of London authority held panels once a fortnight and the London authority held their panel monthly.

## 6.13 Local safeguarding children's boards

Research carried out by the Centre for Child and Family Research examined the cost of local safeguarding children's boards (LSCBs) as part of a wider study commissioned by the Department for Children, Schools and Families to explore the effectiveness of the boards in meeting their objectives.<sup>1</sup>

To understand the costs of the LSCB meetings, information was gathered from practitioners, managers and administrative staff on the time taken to complete activities prior to, during and after LSCB meetings. Board members were asked to complete a time use event record to indicate the time they spent on different LSCB activities in the month preceding the LSCB meeting. Activities included: travel to and from meetings, preparation for meetings and provision of feedback to their agency. Data were collected in relation to the main LSCB meetings and subgroup meetings. The activity times are outlined in the table below.

### Average time spent by board members on LSCB meetings

Activity	Average time spent per meeting <sup>a</sup>
Travel	0.89 hours
Preparation for meetings	3.07 hours
Feedback to own agency	1.33 hours
<b>Total</b>	<b>5.29 hours</b>

<sup>a</sup> Figures do not include the time spent in the meeting.

Unit costs are calculated by multiplying the number of hours carried out for each activity by each type of personnel by the relevant unit costs per hour. Unit costs per hour are based on average salaries for each staff type using national salary scales and applying oncosts and overheads as presented in this volume.

Six local authority areas contributed to the study. The structure and activities of the LSCBs in these six areas varied considerably. The costs for each of the areas and the overall average cost is shown below updated to 2012/13 using the appropriate inflators.

### The costs of local safeguarding children's boards

LSCB	Infrastructure (staffing, including Chair) per year	Estimated costs of board member attendance at LSCB meetings		Cost of subgroups
		Estimated cost per meeting	Estimated cost per year	
Area one	£131,807	£11,312	£67,875	£65,763
Area two	£102,734	£7,071	£42,427	£21,559
Area three	£297,038	£17,136	£205,634	£144,398
Area four	£95,349*	£15,783	£63,134	£78,508
Area five	£111,781	£9,393	£56,357	Data not available
Area six	£193,537	£16,403	£65,514	Data not available
<b>Average cost</b>	<b>£155,374</b>	<b>£12,850</b>	<b>£83,507</b>	<b>£77,557</b>

\*Figures do not include the time spent in the meeting.

<sup>1</sup> France, A., Munro, E. & Waring, A. (2010) *The evaluation of arrangements for effective operation of the new local safeguarding children boards in England*, Final Report, Department for Education, London.

## 6.14 Incredible Years parenting programme

The Incredible Years series includes three interlocking training programmes for parents, children and teachers.<sup>1</sup> The parenting programmes are targeted at children up to 12 years of age, and the child and teacher programmes are for children aged 3-8 years. The table below shows costs for the Webster-Stratton Incredible Years basic parenting programme, which were collected in 2003/04 and have been updated using the hospital and community health services inflators (HCHS). The costs have been calculated using weekly diaries completed by leaders of four groups, and the cost information supplied by the Incredible Years Welsh Office. The figures include costs of weekly attendance at supervision for group leaders. This was required because these leaders were participating in a randomised controlled trial and were relatively inexperienced and were not certified leaders. Generally, supervision for inexperienced leaders would be recommended on a termly basis, with encouragement to work for leader certification. Further details of the study are available from Edwards et al. (2007).<sup>2</sup>

Set-up costs are not itemised in the table below. These include producing the programme kits and also the training of two leaders, and their travel and supervision time. The total cost for these activities was £4,730 and the total time taken was 53 hours.

Costs and unit estimation	2012/2013 value	Notes
A. Capital costs premises	£3,724	Capital costs were 25 per cent of total costs.
B. Salaries and oncosts	£7,560	Direct salary and oncosts for running the group included the recruitment costs (£1,082), supervision costs (£4,590) and group running costs (£1,888). The activities included: - 2 group leaders to recruit parents, including travel time - 2 leaders to run the group - salary in group session preparation time for 2 leaders - supervision time for 2 leaders including travel - trainer costs to deliver supervision
C. Overheads	£2,263	Telephone costs (£50), mileage costs (£805), clerical support costs (£102) and transport and crèche costs (£1,307).
Venue costs and refreshments	£1,372	Venue costs and refreshments.
Working time Length of programme	379.25 hours	375.25 hours spent by 2 leaders to run the programme.
<b>Unit costs available 2012/2013</b>		
Based on 8 parents per group: total costs per child (including set-up costs) £1,862 (£2,453); Based on 12 parents per group: total cost per child (including set-up costs) £1,241 (£1,636).		

<sup>1</sup> Webster-Stratton, C. & Hancock, L. (1998) Training for parents of young children with conduct problems: content, methods and therapeutic processes, in C.E Schaefer & J.M. Briesmeister (eds) *Handbook of parent training*, Vol. 9, September, John Wiley, New York.

<sup>2</sup> Edwards, R.T., Céilleachair, A., Bywater, T., Hughes, D.A. & Hutchings, J. (2007) Parenting programme for parents of children at risk of developing conduct disorder: cost and effectiveness analysis, *British Medical Journal*, 334, 682-688.

## 6.15 Parenting programmes for the prevention of persistent conduct disorder

The most successful parenting programmes targeted at parents of children with or at risk of developing conduct disorder are designed to improve parenting styles and parent-child relationships, in turn having positive effects on child behaviour. This table draws information from a study by Bonin & colleagues (2011)<sup>1</sup> which identified the average costs for group-based interventions and one-to-one delivery-based interventions. While there are many different parenting programmes, administered in a variety of formats, often they are group-based lasting between 1.5 and 2.0 hours per week over 8-12 weeks.

Tables 6.15.1 and 6.15.2 show the cost of delivering five parenting programmes for which there is evidence of effectiveness. Costs for group-based intervention range from £294-£1,541 with a median of £988 per participant (6.15.1), while for individual interventions (6.15.2) the costs range from £797-£5,853 with a median of £2,152. According to NICE (2007),<sup>2</sup> about 80 per cent of parenting programmes can be delivered in a group format, and this figure is used to weight the median costs. The expected intervention cost based on 80 per cent group and 20 per cent individual provision used for the model is therefore £1,213 per participant. All costs have been updated to 2012/2013 using the appropriate inflators.

### 6.15.1 Group delivery (Incredible Years, Triple P and Strengthening Families, Strengthening communities)

	Median	Mean	Low	High
Total practitioner cost (includes time in session, preparation and supervision time)	£6,438	£6,274	£1,207	£11,001
Venue hire	£935	£885	£534	£1,136
Food and refreshment	£488	£462	£279	£592
Childcare	£568	£505	£195	£689
Translation services	£636	£565	£218	£772
Materials	£145	£138	£109	£152
Total cost per session for training, supervision and materials	£9,210	£8,829	£2,542	£14,353
<b>Total per person assuming 10 per group</b>	<b>£921</b>	<b>£883</b>	<b>£254</b>	<b>£1,435</b>
Total costs of practitioners' training time and fees	£2,001	£2,306	£1,410	£3,816
Training/100 (assuming 10 participants per group +10 sessions delivered per training received)	£20	£23	£14	38
Per person estimate include a component for training	<b>£941</b>	<b>£906</b>	<b>£268</b>	<b>£1,473</b>
Hours of supervision needed x hourly cost of minimum recommended level of supervisor	£469	£469	£256	£680
Per person supervision estimate assuming: 10 per group; cost does not depend on number of practitioners; nor the number of programmes run at once	£47	£47	£26	£68
<b>Per person estimate including a component for training and supervisor cost</b>	<b>£988</b>	<b>£953</b>	<b>£294</b>	<b>£1,541</b>

<sup>1</sup> Bonin, E., Stevens, M., Beecham, J., Byford, S. & Parsonage, M. (2011) Costs and longer-term savings of parenting programmes for the prevention of persistent conduct disorder: a modelling study, *BMC Public Health* 2011, 11:803 doi:10.1186 1471-2458-11-803.

<sup>2</sup> National Institute for Health and Clinical Excellence (2007) *Parent-training/education programmes in the management of children with conduct disorders*, National Institute for Health and Clinical Excellence, London.

### 6.15.2 One-to-one delivery (Incredible Years, Triple P, Strengthening Families, Strengthening communities and Helping the Noncompliant Child)

	Median	Mean	Low	High
Total staff cost (includes session, preparation and supervision time) for one lead practitioner	£1,904	£2,711	£758	£5,505
Total food/10	£49	£37	£0	£59
Childcare/10	£57	£40	£0	£69
Translation/10	£64	£45	£0	£78
Materials/10	£14	£12	£1	£15
<b>Total session costs (including preparation, supervision, materials etc.)</b>	<b>£2,087</b>	<b>£2,845</b>	<b>£759</b>	<b>£5,726</b>
Training costs (lead practitioner)	£682	£668	£487	£853
Training fees	£637	£861	£142	£2,111
Total costs of lead practitioner's training time and fees	£1,319	£1,529	£629	£2,964
Per person training component/50 (assuming 50 deliveries per training)	£26	£31	£13	£59
<b>Total including training component</b>	<b>£2,113</b>	<b>£2,876</b>	<b>£772</b>	<b>£5,785</b>
Hours of supervision needed x hourly cost of minimum recommended level of supervisor	384 hrs	452 hrs	256 hrs	680 hrs
Per person supervision estimate assuming: 10 one-to-one programmes delivered per supervisor term; cost does not depend on the number of practitioners	£38	£45	£26	£68
<b>Per person estimates include a component for training and supervisor cost</b>	<b>£2,152</b>	<b>£2,921</b>	<b>£797</b>	<b>£5,853</b>

## 6.16 Parent training interventions for parents of disabled children with sleep problems

This table draws on work carried out by Beresford and colleagues (2012)<sup>1</sup> and provides the costs of five different parent training interventions for parents of disabled children with sleep problems. Costs have been updated using current salaries and overhead information. The cost for each programme is an average cost.

Description of programme	Staff (Agenda for Change band/local authority band if provided) FTE unless otherwise noted	Staff sessions and hours (including preparation, delivery, debrief).	Total cost (including programme and staff)
The <b>Ascend Programme</b> is a group-delivered parent-training programme for parents of children with Autistic Spectrum Conditions (ASC). Up to 20 participants per programme.	Clinical psychologist (7), learning disability nurse (7), S&L therapist (5), consultant clinical psychologist (8D), consultant psychiatrist (8DD), learning disability nurse (6), CAMHS therapist (6), social worker assistant, learning disability nurse (7), clinical psychologist (6)	Delivered in 10 weekly sessions of 2-2.5 hours plus final follow up session. In total 46.5 hours were delivered by staff in 4 programmes.	<b>Staff cost</b> £7,626 <b>Programme cost</b> £171 <b>Total</b> £7,797
The <b>Cygnets programme</b> is a group delivered parent-training programme for parents of children with Autistic Spectrum Conditions, age 7 to 18.	Cygnets co-ordinator, BADASG co-ordinator, child psychologist (8B), consultant clinical psychologist (8D), clinical psychologist (7), social worker, teacher, administrator (level 3), senior CAMHS practitioner (7), 3 STARS workers and a student nurse	Delivered in CAMHS and voluntary sector community facilities in 6- weekly 2.5 hour sessions. There is a reunion session at three months. In total staff delivered 51.5 hours in 6 programmes	<b>Staff cost</b> £3,848 <b>Programme cost</b> £181 <b>Total</b> £4,029
The <b>Confident Parenting Programme</b> is a 6-week, group-delivered parent-training programme for parents of disabled children (aged 7 to 18 years). A maximum of 12 participants is recommended.	Consultant clinical psychologist (8C), 2 clinical psychologists (7 and 5), head teacher, assistant psychologist (6) and teacher.  There are typically 3 members of staff at each session.	The programme has 6-weekly sessions of 2 hours (+1 optional follow-up). In total staff delivered 69 sessions (15 hours) in 4 programmes An additional 40 hours was required to set up the group.	<b>Staff cost</b> £3,978 <b>Programme cost</b> £240 <b>Total cost</b> £4,217
<b>Riding the Rapids</b> is a group- delivered parent-training programme for parents of children with Autistic Spectrum Conditions and other disabilities (aged 4-10).	Clinical psychologist (8b), teaching assistant (TA4), S&L therapist, clinical psychologist, senior nurse, deputy head, community nurse (7), parent facilitator, 2 clinical psychologists, assistant psychologist and a community nurse.	The programme is delivered in 10-weekly sessions of 2 hours. In total 33.5 hours were delivered in 7 programmes	<b>Staff cost</b> £3,133 <b>Programme cost</b> £270 <b>Total cost</b> £3,402
The <b>Promoting Better Sleep Programme</b> is a group-delivered intervention for parents of children with Autistic Spectrum Disorder and/or learning and/or sensory disabilities.	C & A learning disabilities team co-ordinator (7), community learning disability nurse (6), consultant clinical psychologist (8D), autistic spectrum link nurse (4). (Typically 2 members of staff at each session).	A manual-based programme in 4-weekly sessions of 3 hours over 5-6 weeks. In total 32 sessions (16.5 hours) were delivered in 4 programmes.	<b>Staff cost</b> £1,763 <b>Programme cost</b> £117 <b>Total cost</b> £1,880

<sup>1</sup> Beresford, B., Stuttard, L., Clarke, S., Maddison, J. & Beecham, J. (2012) *Managing behaviour and sleep problems in disabled children: an investigation into the effectiveness and costs of parent-training interventions*, Research Report DFE-RR204a, Department for Education, London.



## **7. Hospital and other services**

7.1 NHS reference costs for hospital services

7.2 NHS wheelchairs

7.3 Local authority equipment and adaptations

7.4 Training costs of health service professionals

7.5 Rapid Response Service

7.6 Hospital-based rehabilitation care scheme

7.7 Expert Patients Programme

7.8 Re-ablement service

7.9 Public health interventions

7.10 Rehabilitation services

7.11 End-of-life care



## 7.1 NHS reference costs for hospital services

We have drawn on the *NHS Trust and Primary Care Trusts combined* to report from the NHS reference costs of selected adult health services.<sup>1</sup> All costs have been uprated to 2012/13 levels using the HCHS pay & prices inflator.

Each reported unit cost includes:

- (a) direct costs – which can be easily identified with a particular activity (e.g. consultants and nurses)
- (b) indirect costs – which cannot be directly attributed to an activity but can usually be shared among a number of activities (e.g. laundry and lighting)
- (c) overheads – which relate to the overall running of the organisation (e.g. finance and human resources).

For information on the method used to allocate drugs to services, see reference cost guidance for 2012-2013.<sup>1</sup>

	National average	Lower quartile	Upper quartile
<b>Elective/non elective Health Care Resource Group (HRG) data (average cost per episode)</b>			
Elective inpatient stays	£3,283	£2,377	£3,891
Non-elective inpatient stays (long stays)	£2,581	£1,902	£3,007
Non-elective inpatient stays (short stays)	£598	£399	£704
<b>Day cases HRG data</b>			
Weighted average of all stays	£697	£479	£846
<b>Outpatient procedures</b>			
Weighted average of all outpatient procedures	£135	£91	£158
<b>PALLIATIVE CARE</b>			
Specialist inpatient palliative care (adults only)	£348	£163	£470
Specialist inpatient palliative care support (adults only)	£116	£59	£123
Outpatient medical specialist palliative care attendance (19 years and over)	£195	Not available	Not available
Outpatient non-medical specialist palliative care attendance (19 years and over)	£95	Not available	Not available
<b>AMBULANCE SERVICES (Weighted average of attendances)</b>			
Calls	£8	£6	£10
Hear and treat and refer	£45	£34	£47
See and treat and refer	£177	£144	£227
See and treat and convey	£235	£197	£266

NB See *Transforming NHS ambulance services* for further information on paramedic services unit costs.<sup>2</sup>

<sup>1</sup> Department of Health (2013) *NHS reference costs 2011-2012*, <https://www.gov.uk/government/news/financial-year-2011-to-2012-reference-costs-published/> [accessed 2 October 2013].

<sup>2</sup> National Audit Office (2011) *Transforming NHS ambulance services*, <http://www.nao.org.uk/wp-content/uploads/2011/06/n10121086.pdf> [accessed 22 October 2013].

## 7.2 NHS wheelchairs

Information about wheelchair costs is based on the results of a study of six sites supplying wheelchairs to adults and older people.<sup>1</sup> The study information was supplemented with national data not available from the sites. Three main types are identified: those propelled by an attendant or self-propelled; a lighter type of chair especially designed for active users; and powered wheelchairs. (Active users are difficult to define, but generally refers to individuals who are permanently restricted to a wheelchair but are otherwise well and have high mobility needs.) The cost of modifications are included in the estimated capital value, but this is a very approximate mid-range figure so specific information should be used wherever possible. All costs have been updated using the retail price index.

Although no further studies have been carried out on wheelchairs, current price information suggests that powered wheelchairs range from £700-£3,000 and self- or attendant-propelled wheelchairs range from £100-£650.

Type of chair	Total value 2012/2013	Annual cost 2012/2013	Notes
Capital costs			
Self- or attendant-propelled	£270	£60	Capital value has been annuitised over five years at a discount rate of 3.5 per cent to allow for the expected life of a new chair. In practice, 50 per cent of wheelchairs supplied have been reconditioned, not having been worn out by the time their first users ceased to need them.
Active user	£673	£149	
Powered	£1,345	£298	
Revenue costs			
Maintenance			Revenue costs exclude therapists' time but include the staff costs of maintenance. The costs include all costs for pressure relief. The cost of reconditioning has not been included in the cost of maintenance.
- non-powered		£29	
- powered		£114	
Agency overheads			No estimate of management overhead costs is available. They are likely to be minimal.
<b>Unit costs available 2012/2013</b>			
£89 per self or attendant propelled chair per year; £178 per active user per chair per year; £412 per powered chair per year.			

<sup>1</sup> Personal communication with Richard Murray, National Health Service Management Executive, 1995.

## 7.3 Local authority equipment and adaptations

Community equipment refers to any items of equipment prescribed by occupational therapists, physiotherapists and other health staff, designed to help vulnerable or older people and those with disabilities or long-term health conditions to manage everyday tasks independently at home. This table provides the prices for a selection of equipment listed in the *TCES National Catalogue of equipment for independent daily living*: <http://www.national-catalogue.org/smartassist/nationalcatalogue> and *Equipment for older and disabled people: an analysis of the market* (Consumer Focus, 2010).<sup>1</sup>

The table includes Simple Aids for Daily Living (SADL) and some more complex aids (CADL). SADLs refer to simple pieces of equipment which support mobility and independence at home, work and in other social environments. They require little adaptation and have a relatively low product value, usually below £100. Complex aids to daily living are products, largely provided by the state, to support care in the home setting, such as profiling beds, hoists and standing frames.

Excluded from this list is equipment and systems commonly regarded as telecare or telehealth (see Henderson & colleagues article on pages 26-31). Logistics costs (e.g. assessment, storage, delivery and installation) described in *Transforming Community Equipment Services* (Centre for Economics and Business Research Ltd, 2009) have also been excluded.

The period over which adaptations to housing should be annuitised is open to debate. Ideally it should be annuitised over the useful life of the aid or adaptation. In many cases this is linked to the length of time the person using the appliance is expected to remain at home. Where it is expected that the house would be occupied by someone else who would also make use of the equipment, a longer period would be appropriate. Clearly, this is difficult to do in practice. Many housing authorities have problems making sure that heavily adapted dwellings are occupied by people who can make use of the adaptations. Following government guidelines on the discount rate, the items in the table below have been annuitised over 10 years at 3.5 per cent.

### 7.3.1 Simple aids for daily living

Equipment or adaptation	Range of total costs	Annual equipment cost (3.5% discount)
Adjustable shower stools and chairs	£14-£148	£1.80-£18
Perching stool with arms and/or back	£23	£2.70
Toilet frame, and seat	£30	£3.60
Mobile shower chair	£55	£6.60
Bath step	£20	£2.50
Standard bath lift, 2 types	£303-£330	£36-£40
Linked bed raisers, pair	£32	£3.80
Adjustable trolley	£34	£4.10
Highback chair	£121	£14.50
Variety of indoor and outdoor grab rails	£3.40-£91	£0.40-£11
Walking sticks, choice of 6 sizes, types	£22-£54	£2.60-£6.40
Commodes	£29-£85	£3.40-£10.30

### 7.3.2 Complex aids for daily living (CADLs)

Products falling into this category are generally more complex, require installation and regular servicing and in some cases training of the user or carer. Due to their more complex nature, these items are generally more expensive than simple aids for daily living

Equipment or adaptation	Range of total costs	Annual equipment cost (3.5% discount)
Mobile seat hoists (powered)	£2,505-£5,821	£301-£700
Variable posture beds	£626-£8,541	£75-£1,027
Lifting cushions	£1,019-£1,646	£123-£198
Backrests with pressure relieving features	£351-£650	£42-£78

<sup>1</sup> Consumer Focus (2010) *Equipment for older and disabled people: an analysis of the market*, <http://www.consumerfocus.org.uk/files/2010/11/Equipment-for-older-and-disabled-people-an-analysis-of-the-market.pdf> [accessed 9 October 2013].

## 7.4 Training costs of health service professionals

This table provides a breakdown of the training costs incurred using standard estimation approaches.<sup>1</sup> The investment costs of education should be included when evaluating the cost-effectiveness of different approaches to using health service staff so that all the costs implicit in changing the professional mix are considered. For the most part, these investment costs are borne by the wider NHS and individuals undertaking the training rather than trusts.

This year, a new funding structure has been put in place for tuition and clinical placements (see preface for more detailed information). Although the strategic education funding responsibility is retained by the Department of Health, under the new system responsibility for the allocation and operational management of education funding has passed to Health Education England (HEE) (<http://hee.nhs.uk/>), a new organisation which became fully operational in April 2013.

The components of the cost of training health service professionals are for pre-registration and post-graduate training; the costs of tuition; infrastructure costs (such as libraries); costs or benefits from clinical placement activities; and lost production costs during the period of training where staff are away from their posts. Although further training is available to all professionals to enable them to progress to higher grades, the cost of post-graduate training is only known for doctors.

This table shows details of the total investment incurred during the working life of the professional after allowing for the distribution of the costs over time. The final column shows the expected annual cost.

	Pre-registration			Post-graduate training	Totals	
	Tuition	Living expenses/ lost production costs	Clinical placement	Tuition and replacement costs	Total investment	Expected annual cost at 3.5%
<b>Scientific and professional</b>						
Physiotherapist	£25,454	£37,418	£4,603	NA	£67,474	£5,549
Occupational therapist	£25,454	£37,418	£4,603	NA	£67,474	£5,531
Speech and language therapist	£27,995	£37,418	£4,603	NA	£69,976	£5,880
Dietitian	£25,454	£37,418	£4,603	NA	£67,474	£5,738
Radiographer	£30,499	£37,418	£4,603	NA	£72,520	£5,910
Hospital pharmacist	£36,549	£49,056	£38,078	NA	£95,560	£9,747
Community pharmacist	£36,549	£49,056	£27,441	NA	£90,333	£8,906
<b>Nurses</b>	£24,111	£49,890	£4,603	NA	£78,604	£10,439
<b>Doctors</b>						
(This year based on a revised working life) <sup>2</sup>						
<i>Pre-registration training</i>	£42,964	£59,287	£129,415	NA	£231,666	£19,800
<i>Post-graduate</i>						
Foundation officer 1	£42,964	£59,287	£129,415	0	£231,666	£19,800
Foundation officer 2	£42,964	£59,287	£129,415	£43,192	£274,858	£23,790
Registrar group	£42,964	£59,287	£129,415	£203,910	£435,576	£39,295
Associate specialist	£42,964	£59,287	£129,415	£260,696	£492,362	£45,596
GP	£42,964	£59,287	£129,415	£247,455	£479,121	£44,286
Consultants	£42,964	£59,287	£129,415	£493,026	£724,692	£72,092
<b>Social workers (degree)</b>	£24,224	£37,418	£6,701	NA	£68,343	£25,430

<sup>1</sup> Netten, A., Knight, J., Dennett, J., Cooley, R. & Slight, A. (1998) *Development of a ready reckoner for staff costs in the NHS, Vols 1 & 2*, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>2</sup> Curtis, L., Moriarty, J. & Netten, A. (2009) The expected working life of a social worker, *British Journal of Social Work*, 40, 5, 1628-1643.

## 7.5 Rapid Response Service

This table is based on a Rapid Response Service located at Folkestone Hospital which serves the Shepway Primary Care Trust Area. It is designed to provide the local community with an alternative to hospital admission or long-term care. The information is based on a description of the service in 2002/2003.

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary	£160,996 per year	Based on mean Agenda for Change (AfC) salaries. Includes a team of two nurses (band 5), five clinical support assistants (band 2), and two nurse managers (band 7) (0.75 wte) <sup>1</sup>
B. Salary oncosts	£36,748 per year	Employer's national insurance is included plus 14 per cent of salary for employer's contribution to superannuation.
C. Qualifications	Not known	
D. Training	Not known	In-house training is provided. The health care assistants often study to NVQ level. No costs are available.
E. Overheads		Taken from NHS (England) Summarised accounts. <sup>2</sup>
Management, administration and estates staff.	£38,184 per year	Management and other non-care staff costs were 19.31 per cent of direct care salary costs and included administration and estates staff.
Non-staff	£82,993 per year	Non-staff costs were 41.97 per cent of direct care salary costs. They include costs to the provider for office, travel/transport and telephone, education and training, supplies and services (clinical and general), as well as utilities such as water, gas and electricity.
F. Capital overheads	£2,416 per year	Based on the new-build and land requirements of NHS facilities. <sup>3,4</sup> One office houses all the staff and 'hot-desking' is used. It is estimated that the office measures 25 square metres. Capital has been annuitised at 3.5 per cent.
G. Equipment costs	£1,532 per year	The service shares equipment with another so the total cost has been divided equally and annuitised over five years to allow for the expected life. Equipment includes facsimile machines, computers etc. Prices have been updated from 2002/2003 using the retail price index.
H. Travel	£24,205 per year	Based on information provided by the Trust.
Caseload	7 per week	The average annual caseload is 364 patients.
Hours and length of service	7 days a week (to include weekends and bank holidays) 8.00 am – 9.00 pm (24 hours if required), 365 days per year	The service would provide an intensive package of care, if necessary, over a 24-hour period to meet care needs, and support carers experiencing difficulty due to illness. It would be available for 72 hours and reviewed daily, with the possibility of an extension, up to a maximum of 5 days in exceptional circumstances.
Patient contact hours	9,646 per year	Based on information about typical episodes delivered to patients in one year.
Low-cost episode	5 contact hours	A low-cost episode comprises, on average, a total of 5 contact hours.
High-cost episode	43 patient contact hours	A high-cost episode comprises, on average, a total of 43 patient contact hours.
<b>Unit costs available 2012/2013</b>		
£36 per delivered hour (excludes cost for enhanced payments, cost of assessments, discharge and travel costs); high-cost episode £1,547; low-cost episode £180; Average cost per case £954.		

<sup>1</sup> Health & Social Care Information Centre (2013) *NHS staff earnings estimates June 2013*, Health & Social Care Information Centre, Leeds.

<sup>2</sup> Audit Commission (2012) *NHS summarised accounts 2011-2012*, NHS, London.

<sup>3</sup> Building Cost Information Service (2013) *Surveys of tender prices*, Royal Institute of Chartered Surveyors, London.

<sup>4</sup> Personal communication with the Department for Communities and Local Government, 2011.

## 7.6 Hospital-based rehabilitation care scheme

This PCT-run rehabilitation unit, based in a hospital in Kent, is supervised by a nurse consultant. The information was collected in 2005/06 just after a quick redesign, but costs reflect current prices, inflated by the HCHS pay & prices index. The unit is managed by a modern matron, but has a strong multi-professional team. The unit is divided into three sections. The first is the 'assessment area', where patients go for between 24-72 hours on admission to have their health care needs closely observed and identified. They then go to the 'progression area', which is for patients who need moderate to high nursing support and where a rehabilitation programme is provided. Finally, patients move to the 'independent area' before returning home. In total there are 38 beds in the unit.

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary	£908,036 per year	Based on salaries <sup>1</sup> for a team of a modern matron (band 8), 3 nurse team managers (band 7), 7 (wte 5.34) nurse specialists (band 6), 8 (wte 6.31) nurses (band 5), 21 (wte 17.09) higher-level clinical support workers (band 4), 4 (wte 3.2) clinical support workers (band 3) and a support physiotherapist (band 3).
B. Salary oncosts	£217,676 per year	Employer's national insurance is included plus 14 per cent of salary for employer's contribution to superannuation.
C. Qualifications	Not known	
D. Overheads		Taken from NHS (England) Summarised accounts. <sup>1</sup>
Management, administration and estates staff.	£217,375 per year	Management and other non-care staff costs were 19.31 per cent of direct care salary costs and included administration and estates staff.
Non-staff	£472,462 per year	Non-staff costs were 41.97 per cent of direct care salary costs. They include costs to the provider for office, travel/transport and telephone, education and training, supplies and services (clinical and general), as well as utilities such as water, gas and electricity.
E. Capital overheads	£91,688 per year	Includes capital overheads relating to the building and equipment which have been annuitised using the appropriate discount rate.
Hours and duration of service	7 days a week (to include weekends and bank holidays) 8.00 am – 9.00 pm, 365 days per year.	If necessary, the service provides an intensive package of care over 24 hours.
Average duration of stay	14 days	Patients can stay up to six weeks, but average duration is 14 days.
Caseload per worker	30 per month	The total annual caseload was 358.
<b>Unit costs available 2012/2013 (costs including qualifications given in brackets)</b>		
Cost per bed per week £965; Average annual cost per patient £5,327; Cost of a typical client episode £1,925.		

<sup>1</sup> Audit Commission (2012) *NHS summarised accounts 2011-2012*, NHS, London.



## 7.7 Expert Patients Programme

Self-care support in England is provided through a broad initiative called the Expert Patients Programme (EPP). The programme focuses on five core self-management skills: problem-solving, decision-making, resource utilisation, developing effective partnerships with health-care providers, and taking action. It offers a toolkit of fundamental techniques that patients can use to improve their quality of life. It also enables patients who live with a long-term condition to develop their communication skills, manage their emotions, manage daily activities, interact with the health-care system, find health resources, plan for the future, understand exercising and healthy eating, and manage fatigue, sleep, pain, anger and depression (Department of Health, 2001).<sup>1,2</sup> Courses led by trainers who themselves have a chronic condition were held for an optimum number of 16 people over sessions lasting six weeks. The groups were led by two lay trainers or volunteers.

The information for this table is based on research carried out by the University of York.<sup>3,4</sup> The cost per participant is £300. These costs are based on 2005 data and have been updated using the appropriate inflators.

Costs and unit estimation	2012/2013 value	Notes
A. Staff salaries (including oncosts) and expenses	£4,432,450	Includes EPP trainers and co-ordinators.
B. Overheads:		
Publicity material	£482,706	Includes awareness raising, staff magazine, manuals, course books, website, intranet.
Office expenditure	£249,853	Includes IT and other office expenditure.
Assessment	£9,584	Assessment to ensure quality of trainers and programme.
C. Other overheads:	£415,692	Includes EPP staff days, venues (volunteers and staff).
Rental	£428,895	Rental of premises for EPP sessions.
D. Travel	£27,019	Volunteer travel expenses.
Number of participants	20,000	Participants were a range of people living with long-term conditions.
Length of programme	6 weeks	EPP courses take place over six weeks (2½ hours a week) and are led by people who have experience of living with a long-term condition.
<b>Unit costs available 2012/2013</b>		
Cost per participant £300.		

<sup>1</sup> Department of Health (2001) *The expert patient: a new approach to chronic disease management in the 21st Century*, The Stationery Office, London.

<sup>2</sup> Expert Patients Programme Community Interest Company, *EPP price guide 2008/2009*, London.

<sup>3</sup> Richardson, G., Gravelle, H., Weatherly, H. & Richie, G. (2005) Cost-effectiveness of interventions to support self-care: a systematic review, *International Journal of Technology Assessment in Health Care*, 21, 4, 423-432.

<sup>4</sup> Richardson, G., Kennedy, A., Reeves, D., Bower, P., Lee, V., Middleton, E., Gardner, C., Gately, C. & Rogers, A. (2008) Cost-effectiveness of the expert patients programme (EPP) for patients with chronic conditions, *Journal of Epidemiology and Community Health*, 62, 361-367.

## 7.8 Re-ablement service

Adult social care services are increasingly establishing re-ablement services as part of their range of home care provision, sometimes alone, sometimes jointly with NHS partners. Typically, home care re-ablement is a short-term intervention, often provided to the user free of charge, and aims to maximise independent living skills. Information on the costs of re-ablement have been collected as part of an evaluation at the Personal Social Services Research Unit at the University of Kent, in collaboration with the Social Policy Research Unit, University of York.<sup>1</sup> The table below provides the average costs across four re-ablement services participating in the evaluation.<sup>2</sup> All the services were based out of London, and one service had occupational therapists (OTs) working closely with the team. Cost data were provided for 2008/09 and have been updated using the PSS inflators.

Costs per service user for the four sites ranged from £1,623 to £2,204 at 2012/2013 prices.

Costs and unit estimation	2012/2013 value	Notes
A. Salary plus oncosts	£2,344,733	Based on total salary costs ranging from £582,437 to £4,772,087 for re-ablement workers. Salary cost accounted for between 61 and 62 per cent of total costs. One site included OTs as well as re-ablement workers.
B. Direct overheads		
Administrative and management	£864,668	Administrative and management costs accounted for between 2 and 25 per cent of the total for the four sites.
Office and training costs	£46,566	The costs of uniforms and training costs are included here. These accounted for one per cent of the total.
C. Indirect overheads	£162,877	Indirect overheads include general management and support services such as finance and human resource departments. These were 4 per cent of total costs and ranged from 0.5 to 9 per cent.
D. Capital overheads		
Building and land costs	£6,558	Information supplied by the local authority and annuitised over 60 years at a discount rate of 3.5 per cent.
Equipment costs	£2,595	Based on information supplied by the local authority and costed following government guidelines (see tables 7.2 and 7.3).
E. Travel	£431,658	Average travel costs for the four local authorities were 10 per cent of total costs and ranged from 1 to 12 per cent.
Patient contact hours	49 hours	Average duration of episode for the four sites was 49 hours. Average episodes ranged from 35 to 55 hours.
Ratio of direct to indirect time on:		
Face-to-face contacts	1:0.94	Fifty-two per cent of time was spent in contact with service users. This was based on the average number of working hours of (179,174) and average of 92,566 contact hours.
Number of service users	1,886	The average number of service users for the four sites was 1,886 per year, ranging between 429 and 3,500 service users.
<b>Unit costs available 2012/2013</b>		
£22 per hour; £42 per hour of contact; £2,046 average cost per service user.		

<sup>1</sup> Glendinning, C., Jones, K., Baxter, K., Rabiee, P., Curtis, L., Wilde, A., Arksey, H. & Forder, J. (2010) *Home care re-ablement services: investigating the longer-term impacts*, Final Report, University of York, PSSRU Kent, Department of Health, London.

<sup>2</sup> Although five sites participated in the evaluation, one of the sites had very different costs and did not provide complete information. The costs for this site have therefore been omitted. The costs contained in this table are considered to be typical of a re-ablement service.

## 7.9 Public health interventions

These costs are drawn from two reports: *Prioritising investments in public health* (Matrix Evidence and Bazian, 2008),<sup>1</sup> commissioned by the Department of Health, and *A review of the cost-effectiveness of individual level behaviour change interventions* commissioned by the Health and Well-Being Alliance group (North West Public Health Observatory, 2011).<sup>2</sup> Here we present the costs of interventions for which the economic evidence originated in the UK. Further information can be found on Public Health Interventions in the Cost Effectiveness Database (PHICED) <http://www.yhpho.org.uk/PHICED/>. All costs have been taken directly from the reports and updated to 2012/2013 prices using the appropriate inflators. Further information on the specific research studies can be found in the reports named above.

### Intervention: Reducing long-term absence in the workplace

The NICE public health guidance on Management of Long-term Sickness and Incapacity for Work provides cost information for three types of intervention: physical activity and education (10 sessions of physiotherapy or physical activity and 10 sessions of cognitive behaviour therapy); workplace intervention (usual care, workplace assessment and work modifications and communication between occupational physician and GP to reach a consensus on return to work); and physical activity and education along with a workplace visit (sessions as before plus half a day of line manager's time).

Intervention	Workplace intervention	Physiotherapy/physical activity	Cognitive behaviour therapy	Workplace visit	Total
Physical activity and education		£177	£670		£846
Workplace intervention	£569				£569
Physical activity education and workplace visit		£177	£670	£50	£896

### Alcohol intervention

**Intervention:** Brief interventions have proven to be effective and have become increasingly valuable for the management of individuals with increasing and high-risk drinking, filling the gap between primary prevention efforts and more intensive treatment for persons with serious alcohol use disorders. The cost of delivering ten minutes' brief advice for alcohol ranges from £7 for a practice nurse to £35 for a GP (see tables 10.6 and 10.8c of this publication).

### Reducing the incidence of sexually transmitted infections (STIs) and teenage pregnancy

**Intervention: Individual risk counselling,** defined here as one-to-one interventions, delivered by a counsellor to at-risk groups with the aim of reducing incidence of STIs or risky behaviour. Individual risk counselling can be delivered through clinics (genitourinary medicine, abortion, or drug and alcohol misuse clinics), community health services, GPs and other community and non-health-care settings. The review suggested that counselling interventions cost between £83 and £184 per person.

### Reducing smoking and the harms from smoking

**Intervention:** The review suggested that there is strong evidence that **mass media campaigns** for both young and adult populations cost between £0.30 and £2.00 per person. Estimates of cost are higher when the unit receiving the intervention is defined as those potentially exposed to the campaign (£26-£49).

**Intervention: Drug therapies for smoking cessation.** This can include nicotine replacement therapy (NRT) (such as nicotine patches and gum), nicotine receptor partial antagonists (such as varenicline), opioid antagonists (such as naltrexone), clonidine, lobeline, or antidepressants (such as bupropion). There is evidence that drug therapy (bupropion, nicotine replacement therapy and varenicline) has a moderate effect on smoking cessation, particularly in people motivated to quit. There is economic evidence from the UK on the cost of NRT (£46-£160 per person), bupropion (£88-£93 per person), and combinations of NRT and bupropion (£175-£181 per person).

<sup>1</sup> Matrix Evidence & Bazian (2008) *Prioritising investments in public health*, Department of Health, London.

<sup>2</sup> North West Public Health Observatory (2011) *A review of the cost-effectiveness of individual level behaviour change interventions*, Health and Wellbeing Alliance, Manchester. <https://www.ewin.nhs.uk/news/item/2011/changes-in-the-nhs> [accessed 9 October 2013].

**Intervention: A ten-minute opportunistic brief advice session** for smoking is £35 for a GP and £7 for a practice nurse (see tables 10.6 and 10.8c of this publication).

### Well man services

Information has been drawn from the Liverpool Public Health Observatory Series<sup>3</sup> and provides the costs of 18 well man pilots in Scotland funded between June 2004 and March 2006, aimed to:

- Promote healthier lifestyles and attitudes among men;
- Provide men with an opportunity to undertake a health assessment and to obtain advice and support on health and lifestyle issues;
- Effectively engage all men and, in particular, those who were hardest to reach as a consequence of social exclusion or discrimination. They were also intended to identify what worked in promoting and sustaining health awareness and improvement in men.

Staff variation was the main factor in different session costs, and attendance rate was the main factor in cost per health assessment, particularly at drop-in services in community venues, where attendance was unpredictable. The costs did not include those incurred by patients.

### Cost comparison of delivery modes – well man service pilots

Location	Cost per session		Cost per assessment	
	Number	Range	Number	Range
Health clinics	9	£203-£900	9	£46-£306
Workplaces	2	£224-£237	3	£29-£111
Community venues (inc. pharmacies)	6	£109-£461	4	£68-£1,202

### Health action area – community programme

Within the Wirral Health action area, specialist lifestyle advisor staff are co-located with health trainers and community health development staff. These teams work with individuals and groups and provide (or commission) a community programme of lifestyle activities including mental wellbeing. They work closely with employability programmes such as the Condition Management Programme and Wirral Working 4 Health. The teams are based in a variety of community venues including a children's centre and they also work closely with a wide network of other partner agencies, particularly where there is a common interest e.g. in accessing particular groups such as men over 50 or homeless people. This is a model of wellness which takes a network approach within a particular neighbourhood potentially involving all aspects of the wellbeing of an individual or family through joint working rather than a discrete wellness service.

An evaluation of the community programme showed that the average cost per client is £35. Further information is available from [rebecca.mellor@wirral.nhs.uk](mailto:rebecca.mellor@wirral.nhs.uk).

<sup>3</sup> Winters, L., Armitage, M., Stansfield, J. Scott-Samuel & Farrar, A. (2010) *Wellness services – evidence based review and examples of good practice*, Final Report, Liverpool Public Health Observatory.

## 7.10 Rehabilitation services

### 7.10.1 Tertiary 'specialised' rehabilitation services (Level 1)

These are high-cost/low-volume services, which provide for patients with highly complex rehabilitation needs that are beyond the scope of their local and district specialist services. These are normally provided in co-ordinated service networks planned over a regional population of 1-3 million through collaborative (specialised) commissioning arrangements.<sup>1</sup> The data below provide the annual cost per occupied bed and have been drawn from research carried out in eight sites by Turner-Stokes & colleagues (2012).<sup>2</sup> Data were provided for 2009/2010 and have been updated using the HCHS inflators. The information has been calculated from budget statements and accounting costs. These averages include costs from a range of different service models, which are separated in later versions of the Specialised Services National Definition Sets. The wide range of bed-day costs also reflects diversity in staffing/resource provision to meet differing case-load complexity which is factored into commissioning currencies using a costing model based on the Rehabilitation Complexity Scale.<sup>3</sup>

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary and oncosts	£122,910 per year	Staff include (for every 20 beds): 2.5 WTE consultants accredited in rehabilitation medicine and/or neuropsychiatry, 2.5 WTE training grades doctors and 1.5 WTE trust grade doctor, 30 nurses, 6 physiotherapists and 6 occupational therapists, 3 speech and language therapists, 2.5 clinical psychologists, 2 social workers/discharge co-ordinators and 0.75 WTE dietitians, 3 technical/clerical assistants, 1 service manager.
B. Direct overheads Non-pay patient costs	£11,221 per year	Includes the cost of diagnostic & clinical services, drugs/pharmacy, medical and therapy supplies, travel/transport, interpreters, equipment hire, clinical specialist support and the cost of minor procedures.
Ward costs	£16,487 per year	Includes the cost of cleaning, portering, catering, laundry, provisions utilities, maintenance, replacement of bedding & rates.
Provision of equipment and facilities	£1,382 per year	Includes the cost of wheelchairs, mobility and exercise equipment, electronic assistive technology, hydrotherapy and other therapy.
Rehabilitation unit office/administrative costs	£2,721 per year	Includes the cost of office consumables, computer hardware, computer software, IT support, telephones, filing, data and records.
Office (staff) costs	£1,872 per year	Includes administrators and office management.
C. Indirect costs	£21,919 per year	Includes general capital depreciation (departmental and central resources). Also includes central costs relating to HR, Trust management, payroll, Finance and Estates.
D. Overheads	£19,201 per year	Includes units contribution to Public Dividend Capital, interest charges and other costs not included above that are specific to unique factors associated with the rehabilitation service.
Number of beds per unit	26	Median number of beds per unit. Numbers ranged from 15-54.
Occupancy	90 per cent	Average occupancy across the 8 units. Occupancy ranged from 70-99 per cent.
<b>Unit costs available 2012/2013</b>		
Total annual costs per occupied bed £192,147; total daily cost per occupied bed £530 (range £430-£609).		

<sup>1</sup> Turner-Stokes, L. (2010) *Specialist neuro-rehabilitation services: providing for patients with complex rehabilitation needs*, British Society of Rehabilitation Medicine, [http://www.bsrm.co.uk/ClinicalGuidance/Levels\\_of\\_specialisation\\_in\\_rehabilitation\\_services5.pdf](http://www.bsrm.co.uk/ClinicalGuidance/Levels_of_specialisation_in_rehabilitation_services5.pdf) [accessed 9 October 2013].

<sup>2</sup> Turner-Stokes, L., Bill, A. & Dredge, R. (2012) A cost analysis of specialist inpatient neurorehabilitation services in the UK, *Clinical Rehabilitation*, 26, 3, 256-263, <http://cre.sagepub.com/content/26/3/256> [accessed 25 July 2013].

<sup>3</sup> Turner-Stokes, L., Sutch, S. & Dredge, R. (2012) Healthcare tariffs for specialist inpatient neurorehabilitation services: rationale and development of a UK casemix and costing methodology, *Clinical Rehabilitation*, 26, 3, 264-79, <http://cre.sagepub.com/content/26/3/264/> [accessed 9 October 2013].

## 7.10.2 Local (district) specialist rehabilitation services (Level 2)

These are typically planned over a district-level population of 250-500,000 and are led or supported by a consultant trained and accredited in rehabilitation medicine, working both in hospital and the community setting. The specialist multidisciplinary rehabilitation team provides advice and support for local general rehabilitation teams.<sup>1</sup> The data below provide the annual cost per occupied bed and have been drawn from research carried out in seven sites by Turner-Stokes & colleagues (2011).<sup>2</sup> Data were provided for 2009/2010 and have been updated using the HCHS inflators. The information has been calculated from budget statements and accounting costs. These averages include costs from a range of different service models. The wide range of bed-day costs reflects diversity in staffing/resource provision to meet differing case-load complexity which is factored into commissioning currencies using a costing model based on the Rehabilitation Complexity Scale.<sup>3</sup>

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary and oncosts	£96,901 per year	Staff include (for every 20 beds): 1.5 WTE consultants accredited in rehabilitation medicine and/or neuropsychiatry, 2 WTE training grades doctors and 1.5 WTE trust grade doctor, 28 nurses, 4 physiotherapists and 4 occupational therapists, 2 WTE speech and language therapists, 2 WTE clinical psychologists, 1.5 social workers/discharge co-ordinators and 0.5 WTE dietitians, 2 technical/clerical assistant, 0.5 service manager.
B. Direct overheads		
Non-pay patient costs	£10,424 per year	Includes the cost of diagnostic & clinical services, drugs/pharmacy, medical and therapy supplies, travel/transport, interpreters, equipment hire, clinical specialist support and the cost of minor procedures.
Ward costs	£14,449 per year	Includes the cost of cleaning, portering, catering, laundry, provisions utilities, maintenance, replacement of bedding & rates.
Provision of equipment and facilities	£1,112 per year	Includes the cost of wheelchairs, mobility and exercise equipment, electronic assistive technology, hydrotherapy and other therapy.
Rehabilitation unit office/administrative costs	£2,372 per year	Includes the cost of office consumables, computer hardware, computer software, IT support, telephones, filing, data and records.
Office (staff) costs	£1,476 per year	Includes administrators and office management.
C. Indirect costs	£12,383 per year	Includes general capital depreciation (departmental and central resources). Also includes central costs relating to HR, Trust management, payroll, Finance and Estates.
D. Overheads	£12,505 per year	Includes units contribution to Public Dividend Capital, interest charges and other costs not included above that are specific to unique costs factors associated with the rehabilitation service.
Number of beds per unit	20	Median number of beds per unit. Numbers ranged from 12-30.
Occupancy	96 per cent	Average occupancy across the 7 units. Occupancy ranged from 84-100 per cent.
<b>Unit costs available 2012/2013</b>		
Total annual cost per bed £151,621; average cost per occupied bed day £416 (range £310-£511).		

<sup>1</sup> Turner-Stokes, L. (2010) *Specialist neuro-rehabilitation services: providing for patients with complex rehabilitation needs*, British Society of Rehabilitation Medicine. [http://www.bsrm.co.uk/ClinicalGuidance/Levels\\_of\\_specialisation\\_in\\_rehabilitation\\_services5.pdf](http://www.bsrm.co.uk/ClinicalGuidance/Levels_of_specialisation_in_rehabilitation_services5.pdf) [accessed 9 October 2013].

<sup>2</sup> Turner-Stokes, L., Bill, A. & Dredge, R. (2011) A cost analysis of specialist inpatient neurorehabilitation services in the UK, *Clinical Rehabilitation*, October 5 <http://cre.sagepub.com/content/26/3/256/> [accessed 9 October 2013].

<sup>3</sup> Turner-Stokes, L., Sutch, S. & Dredge, R. (2012) Healthcare tariffs for specialist inpatient neurorehabilitation services: rationale and development of a UK casemix and costing methodology, *Clinical Rehabilitation*, 26, 3, 264-79, doi:10.1177/0269215511417467. <http://cre.sagepub.com/content/26/3/264/> [accessed 9 October 2013].

### 7.10.3 Specialist children's rehabilitation services

These are high-cost/low-volume services, which provide for children with highly complex rehabilitation needs that are beyond the scope of their local and district specialist services.<sup>1</sup> The data below provide the annual cost per occupied bed and have been drawn from research carried out in two sites by Turner-Stokes & colleagues (2011).<sup>2</sup> Data were provided for 2009/2010 and have been updated using the HCHS inflators. The information has been calculated from budget statements and accounting costs.

Costs and unit estimation	2012/2013 value	Notes
A. Wages/salary and oncosts	£294,560 per year	Staff include (for every 20 beds): 2.5 WTE consultants accredited in rehabilitation medicine and/or neuropsychiatry, 2.5 WTE training grades doctors and 1.5 WTE trust grade doctor, 60 nurses, 6 physiotherapists and 4 occupational therapists, 2 play therapists, 3 speech and language therapists, 2.5 clinical psychologists, 2 social workers/discharge co-ordinators and 0.75 WTE dietitians, 3 technical/clerical assistants, 1 service manager.
B. Direct overheads		
Non-pay patient costs	£17,968 per year	Includes the cost of diagnostic & clinical services, drugs/pharmacy, medical and therapy supplies, travel/transport, interpreters, equipment hire, clinical specialist support and the cost of minor procedures.
Ward costs	£16,243 per year	Includes the cost of cleaning, portering, catering, laundry, provisions utilities, maintenance, replacement of bedding & rates.
Provision of equipment and facilities	£9,263 per year	Includes the cost of wheelchairs, mobility and exercise equipment, electronic assistive technology, hydrotherapy and other therapy.
Rehabilitation unit office/administrative costs	£2,925 per year	Includes the cost of office consumables, computer hardware, computer software, IT support, telephones, filing, data and records.
Office (staff) costs	£4,485 per year	Includes administrators and office management.
C. Indirect costs	£65,948 per year	Includes general capital depreciation (departmental and central resources). Also includes central costs relating to HR, Trust management, payroll, Finance and Estates.
D. Overheads	£2,148 per year	Includes units contribution to Public Dividend Capital, interest charges and other costs not included above that are specific to unique factors associated with the rehabilitation service.
Number of beds per unit	9	Median number of beds per unit. Numbers ranged from 5-13.
Occupancy	76 per cent	Average occupancy across the 2 units. Occupancy ranged from 73-78 per cent.
<b>Unit costs available 2012/2013</b>		
Total annual cost per bed £413,542; average cost per occupied bed day £1,133 (range £1,051-£1,216).		

<sup>1</sup> Turner-Stokes, L. (2010) *Specialist neuro-rehabilitation services: providing for patients with complex rehabilitation needs*, British Society of Rehabilitation Medicine. [http://www.bsrm.co.uk/ClinicalGuidance/Levels\\_of\\_specialisation\\_in\\_rehabilitation\\_services5.pdf](http://www.bsrm.co.uk/ClinicalGuidance/Levels_of_specialisation_in_rehabilitation_services5.pdf) [accessed 9 October 2013].

<sup>2</sup> Turner-Stokes, L., Bill, A. & Dredge, R. (2011) A cost analysis of specialist inpatient neurorehabilitation services in the UK, *Clinical Rehabilitation*, October 5 <http://cre.sagepub.com/content/26/3/256/> [accessed 9 October 2013].

## 7.11 End-of-life care

Recent research carried out by the Nuffield Trust (Georghiou et al., 2012)<sup>1</sup> on behalf of the National End of Life Care Intelligence Network (Department of Health, 2011) has examined the health and social care service use patterns in the last year of life of a cohort of 73,243 people who died across seven local authorities.

Table 7.11.1 provides the total cost of care services received in the last twelve months of life and also the average cost per decedent and per user of each type of service. Estimated social care costs include only the most common types of services provided by local authorities. Hospital care accounted for 66 per cent of total care costs with social care costs accounting for 34 per cent of total costs.

Emergency hospital admissions were responsible for 71 per cent of all hospital costs in the final year of life and 46 per cent of total costs. Emergency admissions rose sharply in the final year such that by the final month of death, costs had risen by a factor of 13 compared to 12 months earlier. They accounted for 85 per cent of hospital costs in the final month (£1,983 per decedent). Elective inpatient costs more than tripled in the same time (from £76 per decedent to £260 per decedent).

### 7.11.1 Estimated average cost of care services in the last twelve months of life

	Total cost	Total cost per decedent	% total	No of users	Total cost per user
Hospital care	£508	£6,942	66%	65,624	£7,747
Inpatient emergency	£361	£4,933	47%	54,577	£6,620
Inpatient non-emergency	£96	£1,315	12%	58,165	£1,657
Outpatient	£42	£566	5%	50,155	£827
A&R	£9	£127	1%	48,000	£194
<b>Social care</b>	<b>£255</b>	<b>£3,482</b>	<b>34%</b>	<b>20,330</b>	<b>£12,545</b>
Residential and nursing care	£204	£2,792	28%	10,896	£19,630
Home care	£40	£540	5%	10,970	£3,604
Other	£11	£150	1%	4,084	£2,695
<b>Total</b>	<b>£763</b>	<b>£10,424</b>	<b>100%</b>	<b>NA</b>	<b>NA</b>

One of the key findings of the research was that there were significant differences in the use of social care between groups of individuals with certain long-term conditions: people with dementia, falls and stroke were more likely to use social care services, while people with cancer were least likely to use social care (even when adjusted for age). Table 7.11.2 provides a breakdown of these groups, including prevalence rates and costs. A person may have more than one condition so the groups are not mutually exclusive, and the sum of individual rows exceeds the total. Hospital costs were higher for those with many long-term conditions (as might be expected), and social care costs decreased with increasing number of long-term conditions.

<sup>1</sup> Georghiou, T., Davies, S., Davies, A. & Bardsley, M. (2012) *Understanding patterns of health and social care at the end of life*, Nuffield Trust, London.



### 7.11.2 Cost of hospital and social care services by diagnostic group per decedent in the final year of life

Diagnostic group	Average costs, final year, £ per person			
	Number	Hospital care	Social care	Hospital and social care
All people	73,243	£6,942	£3,483	£10,424
No diagnoses	22,118	£3,418	£4,280	£7,697
Any diagnosis	51,125	£8,465	£3,138	£11,603
Hypertension	21,241	£9,474	£2,879	£12,353
Cancer	19,934	£9,924	£1,345	£11,268
Injury	17,540	£10,223	£4,183	£14,406
Atrial fibrillation	13,567	£9,572	£3,410	£12,981
Ischaemic heart disease	13,213	£9,710	£2,905	£12,615
Respiratory infection	11,136	£10,625	£2,313	£12,938
Falls	10,560	£9,393	£5,295	£14,688
Congestive heart failure	10,474	£9,756	£3,299	£13,055
Chronic obstructive pulmonary disease	9,392	£9,531	£2,600	£12,131
Anaemia	9,210	£11,191	£3,135	£14,326
Diabetes	8,697	£9,741	£3,238	£12,979
Cerebrovascular disease	8,290	£9,592	£4,309	£13,901
Peripheral vascular disease	6,780	£11,052	£2,872	£13,924
Dementia	6,735	£8,000	£9,231	£17,231
Renal failure	6,570	£11,154	£3,314	£14,468
Angina	6,549	£10,430	£2,937	£13,367
Mental disorders, not dementia	4,814	£10,461	£3,731	£14,192
Iatrogenic	4,190	£15,076	£2,616	£17,692
Asthma	3,480	£10,125	£2,564	£12,689
Alcoholism	2,437	£9,234	£1,198	£10,431
Non-rheumatic valve disorder	2,059	£11,368	£2,261	£13,630



## **8. Care packages**

8.1 Community care packages for older people

8.2 Social care support for older people, people with intellectual disabilities, people with mental health problems and people with physical disabilities

8.3 Health care support received by people with mental health problems, older people (over 75) and other service users

8.4 Adults with learning disabilities – care packages

8.5 Support for children and adults with autism

8.6 Services for children in care

8.7 Services for children in need

8.8 Common Assessment Framework

8.9 Services for children returning home from care

8.10 Support care for children

8.11 Young adults with acquired brain injury in the UK

8.12 Palliative care for children and young people



## 8.1 Community care packages for older people

### 8.1.1 Community care package for older people: very low cost

The care package described in this table is an example of a case where the costs to the public purse for health and social care support were in the lowest decile in a 2005 home care sample of 365 cases.<sup>1</sup> In this sample, which had 35 per cent of 'intensive' cases with 10 or more home care hours per week compared with 26 per cent in England as a whole, 10 per cent of cases incurred gross public community care costs of less than £50 per week. Care package costs exclude the costs of hospital and any use of care homes for respite care. Social work/care management costs were included only where visits from a social worker during the previous three months were reported by the individual. GP visits data were not collected so estimates based on national data have been added. Costs for all professionals exclude qualifications.

Prior to services being allocated, the service user's needs were assessed and these costs are excluded from these care packages. Information on the Common Assessment Framework (CAF) used for children and families can be found in table 8.8. All costs have been updated with the appropriate inflators.

<b>Typical case</b> Mrs A was an 83-year old widow who lived alone in sheltered accommodation but received help from two people, with most help coming from another family member.			
<b>Functional ability</b> Mrs A had problems with three activities of daily living: using the stairs, getting around outside, and bathing. Her problems stemmed from a previous stroke.			
<b>Services</b>	<b>Average weekly cost (2012/2013)</b>	<b>Level of service</b>	<b>Description</b>
<b>Social care</b>			
Home care	£35	1 hour	Taken from PSS EX1 2011/12, <sup>2</sup> the average cost for one hour of local authority home care is £35 (see table 11.6).
Meals on wheels	£44		Taken from PSS EX1 2011/12, <sup>2</sup> the average cost per meal on wheels was £6.00 for the local authority and £4.00 for the independent sector.
<b>Health care</b>			
GP	£9.30	11.7 minutes	Surgery visits estimated at once every four weeks based on the <i>General Practitioner Workload Survey</i> , July 2007. <sup>3</sup>
Accommodation	£163		Based on the weekly cost of extra care housing. See table 1.5.
Living expenses	£164		Taken from the <i>Family Expenditure Survey</i> (2012). <sup>4</sup> Based on one retired adult household, mainly dependent on state pensions.
<b>Total weekly cost of health and social care package</b>	<b>£88</b>		<b>Excludes accommodation and living expenses.</b>
	<b>£415</b>		<b>All costs.</b>

<sup>1</sup> Darton, R., Forder, J., Bebbington, A., Netten, A., Towers, A-M. & Williams, J. (2006) *Analysis to support the development of the Relative Needs Formula for older people*, PSSRU Discussion Paper 2265/3, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>2</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>3</sup> Information Centre (2007) *2006/07 UK general practice workload survey, Primary Care Statistics*, Information Centre, Leeds.

<sup>4</sup> Office for National Statistics (2012) *Family spending, 2012 edition*, Office for National Statistics, London. <http://www.ons.gov.uk/ons/rel/family-spending/family-spending/family-spending-2012-edition/index.html> [accessed 9 October 2013].

## 8.1.2 Community care package for older people: low cost

The care package described in this table is an example of a case where the costs to the public purse for health and social care support were in the bottom quartile in a 2005 home care sample of 365 cases.<sup>1</sup> In this sample, which had 35 per cent of 'intensive' cases with 10 or more home care hours per week compared with 26 per cent in England as a whole, 25 per cent of cases incurred gross public community care costs of less than £95 per week. Care package costs exclude the costs of hospital and any use of care homes for respite care. Social work/care management costs were included only where visits from a social worker during the previous three months were reported by the individual. GP visits data were not collected so estimates based on national data have been added. Costs for all professionals exclude qualifications.

Prior to services being allocated, the service user's needs were assessed and these costs are excluded from these care packages. Information on the Common Assessment Framework (CAF) used for children and families can be found in table 8.8. All costs have been updated using the appropriate inflators.

<b>Typical case</b>			
Mrs B was a 79-year old widow who lived alone but received help from two people, most help being provided by a family member.			
<b>Functional ability</b>			
Mrs B had problems with three activities of daily living: using the stairs, getting around outside and bathing. Her problems stemmed from arthritic conditions and cardiovascular disease.			
Services	Average weekly cost	Level of service	Description
<b>Social care</b>			
Home care	£141	4 hours per week	Based on 4 hours of local authority-organised home care (see table 11.6).
Private home care	£44	3 hours per week	Based on 3 hours of independently provided home care (see table 11.6).
<b>Health care</b>			
Community nurse	£4.20	20 minutes	Community nurse visits once a month (see table 10.1). Home visits estimated at once every four weeks based on the General Practitioner Workload Survey, July 2007. <sup>2</sup>
GP	£21	23.4 minutes	
Accommodation	£86		The national average weekly gross rent for a two-bedroom house in the social housing sector. <sup>3</sup>
Living expenses	£164		Taken from <i>the Family Expenditure Survey (2013)</i> . <sup>4</sup> Based on one retired person household, mainly dependent on state pensions.
<b>Total weekly cost of health and social care package</b>	<b>£210</b>		<b>Excludes accommodation and living expenses.</b>
	<b>£460</b>		<b>All costs.</b>

<sup>1</sup> Darton, R., Forder, J., Bebbington, A., Netten, A., Towers, A-M. & Williams, J. (2006) *Analysis to support the development of the Relative Needs Formula for older people*, PSSRU Discussion Paper 2265/3, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>2</sup> Information Centre (2007) *2006/07 UK general practice workload survey, Primary Care Statistics*, Information Centre, Leeds.

<sup>3</sup> Department for Communities and Local Government (2013) *English housing survey 2011 to 2012: headline report*, <https://www.gov.uk/government/publications/english-housing-survey-2011-to-2012-headline-report/> [accessed 9 October 2013].

<sup>4</sup> Office for National Statistics (2012) *Family spending 2012 edition*, Office for National Statistics, London. <http://www.ons.gov.uk/ons/rel/family-spending/family-spending/family-spending-2012-edition/index.html> [accessed 9 October 2013].

### 8.1.3 Community care package for older people: median cost

The care package described in this table illustrates the median public sector costs per week for health and social care support in a 2005 home care sample of 365 cases.<sup>1</sup> In this sample there were 35 per cent of 'intensive' cases with 10 or more home care hours per week compared with 26 per cent in England as a whole. Care package costs exclude the costs of hospital and any use of care homes for respite care. Social work/care management costs were included only where visits from a social worker during the previous three months were reported by the individual. GP visits data were not collected so estimates based on national data have been added. Costs for all professionals exclude qualifications.

Prior to services being allocated, the service user's needs were assessed and these costs are excluded from these care packages. Information on the Common Assessment Framework (CAF) used for children and families can be found in table 8.8. All costs have been updated using the appropriate inflators.

<b>Typical case</b>			
Mrs C was an 80-year old widow living with two other relatives.			
<b>Functional ability</b>			
Mrs C had problems with four activities of daily living: using the stairs, getting around outside, dressing and bathing.			
<b>Services</b>	<b>Average weekly cost</b>	<b>Level of service</b>	<b>Description</b>
<b>Social care</b> Home care	£354	10 hours per week	Based on the cost of local authority-organised home care (see table 11.6).
<b>Health care</b> GP	£9.30	11.7 minutes	Surgery visits estimated at once every four weeks based on the <i>General Practitioner Workload Survey</i> , July 2007. <sup>2</sup>
Accommodation	£164		Based on the average weekly rent paid by private renters. <sup>3</sup>
Living expenses	£164		Living expenses taken from the <i>Family Expenditure Survey</i> (2012). <sup>4</sup> Based on one-person retired household mainly dependent on state pensions.
<b>Total weekly cost of health and social care package</b>	<b>£363</b>		<b>Excludes accommodation and living expenses.</b>
	<b>£691</b>		<b>All costs.</b>

<sup>1</sup> Darton, R., Forder, J., Bebbington, A., Netten, A., Towers, A-M. & Williams, J. (2006) *Analysis to support the development of the Relative Needs Formula for older people*, PSSRU Discussion Paper 2265/3, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>2</sup> Information Centre (2007) *2006/07 UK general practice workload survey*, Primary Care Statistics, Information Centre, Leeds.

<sup>3</sup> Department for Communities and Local Government (2013) *English housing survey 2011 to 2012: headline report*, <https://www.gov.uk/government/publications/english-housing-survey-2011-to-2012-headline-report/> [accessed 9 October 2013].

<sup>4</sup> Office for National Statistics (2012) *Family spending 2012 edition*, Office for National Statistics, London, available at <http://www.ons.gov.uk/ons/rel/family-spending/family-spending/family-spending-2012-edition/index.html> [accessed 9 October 2013].

### 8.1.4 Community care package for older people: high cost

The care package described in this table is an example of where the costs to the public purse for health and social care support were in the top quartile in a 2005 home care sample of 365 cases.<sup>1</sup> In this sample, which had 35 per cent of 'intensive' cases with 10 or more home care hours per week compared with 26 per cent in England as a whole, 25 per cent of cases incurred gross public community care costs of over £283 per week. Care package costs exclude the costs of hospital and any use of care homes for respite care. Social work/care management costs were included only where visits from a social worker during the previous three months were reported by the individual. GP visits data were not collected so estimates based on national data have been added. Costs for all professionals exclude qualifications.

Prior to services being allocated, the service user's needs were assessed and these costs are excluded from these care packages. Information on the Common Assessment Framework (CAF) used for children and families can be found in table 8.8. All costs have been updated using the appropriate inflators.

<b>Typical case</b>			
Mr D was a 79 year old widower who owned his own home and lived with two other friends. One of these friends provided him with help.			
<b>Functional ability</b>			
Mr D had problems with seven activities of daily living: using the stairs, getting around outside and inside the house, using the toilet, transferring between chair and bed, dressing and bathing. His problems stemmed from arthritic conditions and a previous stroke.			
Services	Average weekly cost	Level of service	Description
<b>Social care</b>			
Home care	£354	10 hours per week	Based on local authority-organised home care (see table 11.6). Attended a day centre about once a week (see table 1.4).
Day care	£39		
Private home care	£353	24 hours per week	Based on PSS EX1 2011/12 data on independently provided home care (see table 11.6).
<b>Health care</b>			
Community nurse	£17	20 minutes	Once a week visit from a community nurse (see table 10.1). Two visits were made by the OT (see table 9.2). Visits (surgery) estimated at once every four weeks based on the <i>General Practitioner Workload Survey</i> , July 2007. <sup>2</sup>
OT	£61	11.7 minutes	
GP	£9.30		
Accommodation	£52		Based on the average weekly mortgage payment paid by owner occupiers. <sup>3</sup>
Living expenses	£200		Living expenses taken from the <i>Family Expenditure Survey</i> (2012). <sup>4</sup> Based on two adult retired households not mainly dependent on state pensions.
<b>Total weekly cost of health and social care package</b>	<b>£833</b>		<b>Excludes accommodation and living expenses and privately purchased home care.</b>
	<b>£1,085</b>		<b>All costs</b>

<sup>1</sup> Darton, R., Forder, J., Bebbington, A., Netten, A., Towers, A-M. & Williams, J. (2006) *Analysis to support the development of the Relative Needs Formula for older people*, PSSRU Discussion Paper 2265/3, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>2</sup> Information Centre (2007) *2006/07 UK general practice workload survey, Primary Care Statistics*, Information Centre, Leeds.

<sup>3</sup> Department for Communities and Local Government (2013) *English housing survey 2011 to 2012: headline report*, <https://www.gov.uk/government/publications/english-housing-survey-2011-to-2012-headline-report/> [accessed 9 October 2013].

<sup>4</sup> Office for National Statistics (2012) *Family spending 2012 edition*, Office for National Statistics, London. <http://www.ons.gov.uk/ons/rel/family-spending/family-spending/family-spending-2012-edition/index.html> [accessed 9 October 2013].



## 8.1.5 Community care package for older people: very high cost

The care package costs described in this table are an example of a case where the costs to the public purse for health and social care support were in the top decile in a 2005 home care sample of 365 cases.<sup>1</sup> In this sample, which had 35 per cent of 'intensive' cases with 10 or more home care hours per week compared with 26 per cent in England as a whole, 10 per cent of cases incurred gross public community care costs of over £390 per week. Package costs exclude the costs of hospital and any use of care homes for respite care. Social work/care management costs were included only where visits from a social worker during the previous three months were reported by the individual. GP visits data were not collected so estimates based on national data have been added. Costs for all professionals exclude qualifications.

Prior to services being allocated, the service user's needs were assessed and these costs are excluded from these care packages. Information on the Common Assessment Framework (CAF) used for children and families can be found in table 8.8. All costs have been updated using the appropriate inflators.

<b>Typical case</b>			
Mrs E was an 82 year old woman who was married and lived with her husband and another relative in her own home. Her husband provided most support.			
<b>Functional ability</b>			
Mrs E suffered from dementia and needed help with nine activities of daily living: stairs, getting around outside and inside the house, using the toilet, transferring between chair and bed, dressing, bathing, washing and feeding.			
<b>Services</b>	<b>Average weekly costs</b>	<b>Level of service</b>	<b>Description</b>
<b>Social care</b> Home care	£1,061	30 hours per week	Based on the cost of local authority-organised home care (see table 11.6).
<b>Health care</b> Community nurse	£17	20 mins	One visit a week from a community nurse (see table 10.1). Visits (surgery) estimated at once every four weeks based on the General Practitioner Workload Survey, July 2007. <sup>2</sup>
GP	£9.30	11.7 mins	
Accommodation	£44		Based on the annuitised value of all houses shared between three people. Taken from the Halifax Price Index, July 2013. <sup>3</sup>
Living expenses	£200		Living expenses taken from the Family Expenditure Survey (2012). <sup>4</sup> Based on one-person retired household, not mainly dependent on state pension.
<b>Total weekly cost of health and social care package</b>	<b>£1,087</b> <b>£1,331</b>		<b>Excludes accommodation and living expenses.</b> <b>All costs.</b>

<sup>1</sup> Darton, R., Forder, J., Bebbington, A., Netten, A., Towers, A-M. & Williams, J. (2006) *Analysis to support the development of the Relative Needs Formula for older people*, PSSRU Discussion Paper 2265/3, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>2</sup> Information Centre (2007) *2006/07 UK general practice workload survey, Primary Care Statistics*, Information Centre, Leeds.

<sup>3</sup> Lloyds Banking Group (2013) *Halifax house price index*, [http://www.lloydsbankinggroup.com/media/pdfs/halifax/2013/060913\\_HPI.pdf](http://www.lloydsbankinggroup.com/media/pdfs/halifax/2013/060913_HPI.pdf) [accessed 14 October 2013].

<sup>4</sup> Office for National Statistics (2012) *Family spending, 2012 edition*, Office for National Statistics, London. <http://www.ons.gov.uk/ons/rel/family-spending/family-spending/family-spending-2012-edition/index.html> [accessed 9 October 2013].

## 8.2 Social care support for older people, people with learning disabilities, people with mental health problems and people with physical disabilities

The care packages described in the following tables (8.2.1-8.2.4) are drawn from the National Evaluation of the Individual Budgets Pilot Projects (IBSEN).<sup>1</sup> This study collected information on the social care service use of 1001 people across four client groups: older people, people with learning disabilities, people with mental health problems, and people with physical disabilities. For the study, the service users' needs were categorised as critical, substantial or moderate, and information was collected on a pre-specified set of services: the type of accommodation in which they usually lived, the number of hours of home care and day care received each week, and the social security benefits they received. The services were costed using information contained in this volume where possible (see details below); otherwise they have been taken from the Personal Social Services Expenditure return (PSS EX1, 2011/2012)<sup>2</sup> and uprated using the PSS pay & prices inflator. As no information was available on whether the services had been provided by the local authority or private organisations, we have used the weighted average price.

**Home care:** The cost per hour for a home care worker is £24 (face-to-face) (see table 11.6). As the PSS EX1 return does not distinguish between client groups for home care, the cost of home care for adults and older people has been used for all client groups. This cost is likely to be an under-estimate for certain client groups.

**Day care:** To arrive at a cost per session of day care, assumptions have to be made about the number of times service users attend per week. It has therefore been assumed that older people, people with mental health problems and people with physical disabilities attend on average three days per week, and that people with learning disabilities attend five days per week. Based on these assumptions, the mean cost per client session for older people is £35 per week, and for people with mental health problems (local authority and independent provision) is £31.<sup>2</sup> For people with learning disabilities the mean cost is £59 per session<sup>2</sup> and for people with physical disabilities the mean cost of a day care session is £61.<sup>2</sup>

**Benefit receipt:** All benefit receipt was costed using information taken from the Department for Work and Pensions (DWP)<sup>3</sup> and summed to provide a total for each service user. Benefits included long-term incapacity benefit (£99.15 per week), severe disability benefit (£58.20 per week), disability (mobility) benefit (£54.05 per week), disability care allowance (£51.85 per week), attendance allowance (lower/higher rate, £51.85/£77.45 per week), carer's allowance (£58.45 per week) and housing benefit (£71 per week).

**Accommodation:** Information was available on whether the service user lived in a registered care home, sheltered accommodation, supported living, flats, private accommodation or rented accommodation; whether the service user lived alone or in shared accommodation; and the number of bedrooms in the accommodation. No information is available on whether the service user lived in accommodation provided by the local authority or private organisations. We have taken the lower-cost assumption that the accommodation was provided by a private sector organisation. For each client group, the appropriate cost was taken from this volume or other national sources such as Rentright (<http://www.rent-right.co.uk/>), a website which provides the average rental costs for England for each month, or the Halifax Price Index which provides average prices for privately-owned accommodation in England. Sometimes judgements were made about the type of accommodation according to the level of need of the service user. For example, for people with physical disabilities, where a care home was specified, it was assumed that this was a high dependency care home (see table 5.1 of last year's volume). Similarly, when a 'flat' was specified and the level of need was 'critical' or 'substantial', the cost of special needs flats were applied (see table 5.3 of last year's volume). When the accommodation type was 'supported living', when the level of need was 'critical', it was assumed that this also was a care home; otherwise the cost of 'extra care housing' was used. Costs for residential care and supported living for all client groups were taken from the relevant sections of this volume.

<sup>1</sup> Glendinning, C., Challis, D., Fernandez, J., Jacobs, S., Jones, K., Knapp, M., Manthorpe, J., Moran, N., Netten, A., Stevens, M. & Wilberforce, M. (2008) *Evaluation of the individual budgets pilot programme: Final Report*, Social Policy Research Unit, University of York, York.

<sup>2</sup> Health & Social Care Information Centre (2013) *PSS EX1 2011/12*, Health & Social Care Information Centre, Leeds.

<sup>3</sup> Department for Work and Pensions (2012) *Social security benefit uprating*, <http://www.dwp.gov.uk/docs/benefitrates2012.pdf> [accessed 9 October 2013].

## 8.2.1 Social care support for older people

In the IBSEN study, 281 people were over 65 (28% of the whole sample): 39 had critical needs, 171 had substantial needs and 71 moderate needs. The average total cost for the whole sample was £282 per week, with 10 per cent incurring costs of less than £120 and 10 per cent more than £542.

Service/need group	Average weekly costs 2012/2013	Number of users	Description
<b>Home care</b>			
Critical	£297	18 users	Forty-two per cent of the sample of older people reported the use of home care. The average weekly cost for critical needs users was £297 compared to £157 for those with moderate needs. The average weekly cost for all 118 service users was £176 (9 hours per week).
Substantial	£154	74 users	
Moderate	£157	26 users	
Average/total	£176	118 users	
<b>Day care</b>			
Critical	£108	4 users	Twelve per cent of the older participants reported the use of day care. The average weekly cost for all 35 users was £71.
Substantial	£69	24 users	
Moderate	£56	7 users	
Average/total	£71	35 users	
<b>Benefits</b>			
Critical	£123	15 users	Thirty-seven per cent reported receiving benefits. In total, the cost of benefits received by critical service users was £123 compared to £95 for moderate service users. The total average weekly cost for all 105 users was £93.
Substantial	£85	66 users	
Moderate	£95	24 users	
Average/total	£93	105 users	
<b>Accommodation</b>			
Critical	£172	39 users	The cost of accommodation for those with moderate needs was 6 per cent higher than those with critical needs. The average weekly cost for accommodation was £165.
Substantial	£142	171 users	
Moderate	£182	71 users	
Average/total	£165	281 users	
<b>Total costs</b>			
Critical	£374	39 users	The average weekly cost for all service users was £282. Support costs for critical service users were 32 per cent higher than costs for moderate service users.
Substantial	£258	171 users	
Moderate	£283	71 users	
Average/total	£282	281 users	

## 8.2.2 Social care support for people with learning disabilities

In the IBSEN study, 260 people had learning disabilities (26% of the whole sample): 76 had critical needs, 159 had substantial needs and 25 moderate needs. The average cost for this sample was £319 per week, with 10 per cent incurring costs of less than £198 and 10 per cent more than £515.

Service/need group	Average weekly costs 2012/2013	Number of users	Description
<b>Home care</b>			
Critical	£394	28 users	Forty-six per cent of the sample of people with learning disabilities reported the use of home care. Of those, the average weekly cost for critical users was £394 compared to £274 for those with moderate needs. The average weekly cost for all 77 service users was £387.
Substantial	£387	47 users	
Moderate	£274	2 users	
Average/total	£387	77 users	
<b>Day care</b>			
Critical	£334	18 users	Twenty-eight per cent of the whole sample of people with learning disabilities reported the use of day care. The average weekly cost was £56 across the 72 users.
Substantial	£49	51 users	
Moderate	£35	3 user	
Average/total	£56	72 users	
<b>Benefits</b>			
Critical	£140	68 users	Seventy-seven per cent reported receiving benefits. In total, the value of benefits received by critical service users was £140 compared to £146 for moderate service users. The total average weekly cost for all 199 users was £139.
Substantial	£138	119 users	
Moderate	£146	12 users	
Average/total	£139	199 users	
<b>Accommodation</b>			
Critical	£184	76 users	The cost of accommodation for those with critical needs was £184 compared to the cost of those with moderate needs of £66. The average weekly cost for the whole sample of people with learning disabilities was £158.
Substantial	£159	159 users	
Moderate	£66	25 users	
Average/total	£158	260 users	
<b>Total costs</b>			
Critical	£395	76 users	The average weekly cost for all service users was £319. Support costs for critical users were 135 per cent higher than costs for moderate service users.
Substantial	£307	159 users	
Moderate	£169	25 users	
Average/total	£319	260 users	

### 8.2.3 Social care support for people with mental health problems

In the IBSEN study, 143 people had mental health problems (14% of the whole sample): 22 had critical needs, 96 had substantial needs and 25 moderate needs. The average cost for these 143 people was £457 per week, with 10 per cent incurring costs of less than £194 and 10 per cent incurring costs of more than £503 per week.

Service/need group	Average weekly costs 2012/2013	Number of users	Description
<b>Home care</b>			
Critical	£103	4 users	Seven per cent of people with mental health problems were receiving home care. The average weekly cost for critical users was £103 compared to £78 for moderate users. The average weekly cost for all 10 service users was £176.
Substantial	£253	5 users	
Moderate	£78	1 user	
Average/total	£176	10 users	
<b>Day care</b>			
Critical	£67	5 users	Fourteen per cent of people with mental health problems were receiving day care. The average weekly cost was £69 across all users of day care.
Substantial	£70	13 users	
Moderate	£64	2 users	
Average/total	£69	20 users	
<b>Benefits</b>			
Critical	£144	17 users	Seventy-seven per cent service users were receiving benefits. In total, the value of benefits received by critical service users was £144 compared to £111 for moderate service users. The total average weekly cost for all 110 users was £145.
Substantial	£156	73 users	
Moderate	£111	20 users	
Average/total	£145	110 users	
<b>Accommodation</b>			
Critical	£199	22 users	The cost of accommodation for those with critical needs was £199 compared to the cost of those with moderate needs of £171. The average weekly cost across all users was £200.
Substantial	£212	96 users	
Moderate	£171	25 users	
Average/total	£200	143 users	
<b>Total costs</b>			
Critical	£327	22 users	The average weekly cost for all service users was £457. Critical service users had costs of £327 compared to moderate service users whose weekly costs were £267.
Substantial	£536	96 users	
Moderate	£267	25 users	
Average/total	£457	143 users	

## 8.2.4 Social care support for people with physical disabilities

In the IBSEN study, 317 people had physical disabilities (32% of the whole sample): 52 had critical needs, 245 had substantial needs and 20 moderate needs. The average cost for this group was £687 per week, with 10 per cent of service users incurring costs of less than £268 and 10 per cent more than £1,117.

Service/need group	Average weekly costs 2012/2013	Number of users	Description
<b>Home care</b>			
Critical	£379	31 users	Fifty-six per cent of the total sample of people with physical disabilities received home care. The average weekly cost for users with critical needs was £379 compared to £125 for those with moderate needs. The average weekly cost for all users of home care (176 people) was £289.
Substantial	£280	136 users	
Moderate	£125	9 user	
Average/total	£289	176 users	
<b>Day care</b>			
Critical	£156	8 users	Twelve per cent of the people with physical disabilities were receiving day care. The value of day care received by moderate users was 56 per cent higher than critical users. The average weekly cost was £166 for all 37 users of day care.
Substantial	£164	27 users	
Moderate	£242	2 users	
Average/total	£166	37 users	
<b>Benefits</b>			
Critical	£129	72 users	Ninety-four per cent of service users were receiving benefits. In total, the cost of benefits received by critical service users was £129 per week compared to £165 for moderate service users. The total average weekly cost for all 297 service users was £175.
Substantial	£175	230 users	
Moderate	£165	17 users	
Average/total	£175	297 users	
<b>Accommodation</b>			
Critical	£763	52 users	The average weekly cost of accommodation for those with critical needs was £746 compared to £234 for those with moderate needs. The average weekly cost was £326.
Substantial	£240	245 users	
Moderate	£240	20 users	
Average/total	£326	317 users	
<b>Total costs</b>			
Critical	£1,226	52 users	The average weekly care package cost for all service users was £687 per week. Critical service users had costs of £1,226 compared to moderate service users whose weekly costs were £469.
Substantial	£586	245 users	
Moderate	£469	20 users	
Average/total	£687	317 users	

### 8.3 Health care support received by people with mental health problems, older people (over 75) and other service users

Information for this table has been drawn from the *Evaluation of the Personal Health Budget Pilot Programme*<sup>1</sup> and provides information on the health service use of participants in the year before the study started. The information provided in the table below shows the total mean annual cost of health care received by all service users, which includes people with chronic obstructive pulmonary disease, diabetes, long-term neurological conditions, mental health, stroke and patients eligible for NHS Continuing Healthcare. It also provides this information separately for people with mental health problems and people over 75 with one of the above health conditions (over 75).

The information was collected in 2009 and has been updated using the appropriate inflators.

Health services received	Total mean annual cost	Number of patients	Range of costs
<b>All service users</b>			
Nursing and therapy	£215	1278	£0-£13,901
Primary care	£846	2028	£0-£10,479
Inpatient care	£4,028	1771	£0-£106,003
Outpatient and A&E	£956	1772	£0-£11,864
<b>People with mental health problems</b>			
Nursing and therapy	£154	180	£0-£3,809
Primary care	£542	344	£0-£2,374
Inpatient care	£4,283	358	£0-£106,003
Outpatient and A&E	£817	358	£0-£6,542
<b>People over 75</b>			
Nursing and therapy	£183	226	£0-£3,961
Primary care	£1,082	345	£0-£13,326
Inpatient care	£5,892	275	£0-£76,067
Outpatient and A&E	£1,027	275	£0-£6,835

<sup>1</sup> Forder, J., Jones, K., Glendinning, C., Caiels, J., Welch, E., Baxter, K., Davidson, J., Windle, K., Irvine, A., King, D. & Dolan, P. (2012) *Evaluation of the personal health budget pilot programme*, Department of Health, London.

## 8.4 Adults with learning disabilities – care packages

These care packages (8.4.1 and 8.4.2) draw on research carried out by Laing & Buisson<sup>1</sup> and commissioned by the Department of Health. They provide illustrative cost models in learning disabilities social care provision, first for residential care homes and then for supported living schemes.

### 8.4.1 Residential care homes

The table below provides examples of high-specification care homes in the South East of England, one with 4 bedrooms and one with 8 bedrooms. Twenty four-hour support is provided in both houses; they are well equipped and include en suites with bath or shower and good communal spaces. The average fee paid for the 4-bedroom house is £1,600 per week and for the 8-bedroom house is £1,450.

Costs and unit estimation	2012/2013			
	4-bed house	Notes	8-bed house	Notes
<b>Staff costs</b>				
Salaries	£208,878	Based on approximately 7.5 WTE staff providing 257 hours of support per week plus 1 waking night staff member and an additional sleep-in support staff member. There is also a full-time manager earning £28,056 per year.	£302,516	Based on approximately 12.4 WTE staff providing 427 hours of support per week plus 1 waking night staff member (2 additional WTEs to cover the full week). There is also a full-time manager earning £35,000 per year plus one additional deputy manager.
Training	£6,252		£6,773	
Staff overheads	£7,190		£21,258	
<b>Capital costs</b>				
Building	£21,050	The purchase price of the building was £524,939. This has been annuitised over 60 years at 3.5%	£29,470	The purchase price of the building was £734,915. This has been annuitised over 60 years at 3.5%
Equipment	£8,420	Major adaptations cost £209,976. This amount has been annuitised over 60 years at 3.5%	£16,840	Major adaptations cost £419,952. This amount has been annuitised over 60 years at 3.5%
<b>Living expenses</b>				
Personal living expenses	£24,872	Living expenses per person per week cover £46 food, £46 travel, £23 service user activities and £6 for holidays.	£45,008	Living expenses per person per week cover £46 food, £46 travel, £23 service user activities and £6 for holidays.
Utilities	£7,106		£14,213	
<b>Direct overheads</b>				
Maintenance/ service	£27,715	Includes the costs of boiler and other equipment maintenance, cleaning materials, maintenance staff costs and damages and breakages.	£45,955	Includes the costs of boiler and other equipment maintenance, cleaning materials, maintenance staff costs and damages and breakages.
<b>Indirect overheads</b>				
Head office costs	£18,236	Head office costs are charged at £88 per person per week, on the basis of full occupancy.	£36,473	Head office costs are charged at £88 per person per week, on the basis of full occupancy.
Total cost per year	£329,719		£518,506	
Total cost per person per year	£82,430		£64,813	
<b>Total cost per person per week</b>	<b>£1,580</b>		<b>£1,242</b>	

<sup>1</sup> Laing & Buisson (2011) *Illustrative cost models in learning disabilities social care provision*, Department of Health, London.



## 8.4.2 Supported living homes

The weekly unit costs per service user for both homes in this table are similar. Both homes support service users with, on average, the same level of needs for support hours, although there are some offsetting differences; in particular, staff costs are higher at the two-bedded home but the manager costs are lower, reflecting input of only 5 hours a week for both services (i.e. 2.5 hours per service user).<sup>1</sup>

Costs and unit estimation	This example is of a two-bedded supported living home in the North West of England, using budgeted costs. On average 94 hours of support		This example is of a three-bedded supported living home in the North West of England, using budgeted costs. On average 85.7 hours of support	
Income	Unit fee/cost per week (including oncosts)	2 residents Total £ per year	Unit fee/cost per week (including oncosts)	3 residents Total £ per year
<b>INCOME</b>				
Fees	£915	£95,194	£915	£142,792
<b>COSTS</b>				
Direct staff costs				
Senior support staff	£212	£22,147	£267	£41,720
Support staff	£363	£37,884	£295	£46,141
<b>Sub-total</b>	<b>£576</b>	<b>£60,032</b>	<b>£563</b>	<b>£87,911</b>
Waking nights				
Sleep-in	£110	£10,963	£70	£10,963
Manager	£39	£3,977	£90	£14,162
<b>Sub-total</b>	<b>£149</b>	<b>£14,940</b>	<b>£160</b>	<b>£25,125</b>
Recruitment	£5	£502	£5	£727
Training	£12	£1,302	£12	£2,002
Other staff overheads	£16	£1,669	£19	£2,935
<b>Total staff support costs</b>	<b>£758</b>	<b>£78,444</b>	<b>£759</b>	<b>£118,700</b>
<b>Management costs-area, division, central</b>	<b>£124</b>	<b>£12,930</b>	<b>£125</b>	<b>£19,578</b>

<sup>1</sup> Laing & Buisson (2011) *Illustrative cost models in learning disabilities social care provision*, Department of Health, London.

## 8.5 Support for children and adults with autism

There is growing evidence on the economic burden of autism spectrum disorders (ASD). Autism has life-time consequences with a range of impacts on the health, economic well-being, social integration and quality of life of individuals with the disorder, their families and potentially the rest of society. Many of those impacts can be expressed as economic costs.

Interventions and services currently used to treat or support children and adults with ASD include those provided by medical practitioners, nurses, dietitians, psychologists, speech and language therapists, teachers and various providers of complementary and alternative medicine, such as music therapy, aromatherapy, homeopathic remedies, naturopathic remedies, manipulative body therapies and spiritual healing. These treatments, services and supports impose costs to the state, the voluntary sector or to the families of people with ASD who have to pay for them from their own pockets.

Here we present cost information taken from two research studies. The first focuses on pre-school children and provides the service and wider societal costs in the UK.<sup>1</sup> It looked at the services received by 152 pre-school children with autism, reported family out-of-pocket expenses and productivity losses, and explored the relationship between family characteristics and costs.

Service use data were collected using a modified version of the Child and Adolescent Service Use Schedule (CA-SUS) asking about the use of specialist accommodation such as foster and respite care, education or day care facilities attended, all medication prescribed for the individual child, all hospital contacts, and all community health, education and social care services, including non-statutory provision. School-based services were not recorded separately to avoid double-counting the costs included in the overall cost of the education facility, and because parents may not always be aware of their use. In addition, parents were asked to report details of time off work due to their child's illness, and expenditure on any specialist equipment or other extraordinary costs, such as home adaptations, conference or training attendance, and overseas travel that were a direct result of their child's autism. Information from this study is found in 8.5.1.

The second study provides the annual costs for children and adults with low-functioning and high-functioning ASD (i.e. with and without an intellectual disability). The research carried out by Knapp et al. (2007, 2009)<sup>2,3</sup> estimated the full costs of autism spectrum disorders (ASDs) in the United Kingdom drawing on previous research, national surveys, expert advice and supplemented with usage data on 146 children and 91 adults. In the sample of children with autism, ages ranged from 3 to 17, with a mean of 10.28 years (standard deviation 3.17) and a median age of 10. The purpose of the study was to examine the service, family and other economic consequences of autism in the UK for children and adults with ASD. See tables 8.5.2 to 8.5.4 for costs from this study.

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<sup>1</sup> Barrett, B., Byford, S., Sharac, J., Hudry, K., Leadbitter, K., Temple, K., Aldred, C., Slonims, V., Green, J. & the PACT Consortium (2012) Service and wider societal costs of very young children with autism, *Journal of Autism and Developmental Disorders*, 42,5,797-804.

<sup>2</sup> Knapp, M., Romeo, R. & Beecham, J. (2007) *The economic consequences of autism in the UK*, Report to the Foundation for People with Learning Disabilities, London.

<sup>3</sup> Knapp, M., Romeo, R. & Beecham, J. (2009) Economic cost of autism in the UK, *Autism*, 13, 3, May, 317-336.

## 8.5.1 Children with autism (pre-school)

Information for this table has been taken from Barrett et al. (2012).<sup>1</sup> All costs presented were for 2006/2007 and have therefore been updated to 2012/2013 using the appropriate inflators.

This table reports the service and wider societal costs for the six months prior to interview for pre-school children with autism. The mean total service costs were £2,834, equivalent to £472 per month and over £5,667 per year. Almost half the costs (44%) were for education and childcare, 41 per cent were for community health and social services, and 12 per cent for hospital services. Total costs varied substantially between the children in the study (range £345 to £7,299 over six months). Box 1 below presents case studies of low- and high-cost cases.

On average, families spent an additional £284 as a result of their child's illness over the six months prior to interview (range £0 to £4,189). Fifty-one per cent of families reported taking some time off work due to their child's illness over the six months, associated with productivity losses of £300 per family. Total costs including all services, family costs and productivity losses were estimated at over £3,417 over six months, equivalent to over £570 per month.

### Total costs per child for the six months prior to interview (£, n=152)

	Mean	SD	Total service cost %	Total cost %
Accommodation	£17	£212	0.58	0.49
Hospital-based health services	£348	£510	12.19	10.13
Community health and social services	£1,162	£973	41.06	34.12
Medication	£19	£93	0.64	0.53
Voluntary sector services	£33	£89	1.16	0.96
Education and child care	£1,255	£898	44.37	36.88
<b>Total service costs</b>	<b>£2,834</b>	<b>£1,359</b>	<b>100.00</b>	<b>83.11</b>
Out-of-pocket expenses	£284	£601		8.09
Productivity losses	£300	£655		8.80
<b>Total costs</b>	<b>£3,417</b>	<b>£1,820</b>		<b>100.00</b>

#### Box 1 Case studies of low and high cost cases

High cost — £7,299 over six months

Child H attends a mainstream nursery part-time and a specialist playgroup one day a week. He spent three nights in hospital following a grommet operation, and had two outpatient appointments with the ear, nose and throat specialist before and after the operation. Child H had monthly visits to his GP, regular contact with the practice nurse and his health visitor, and weekly contacts with a speech and language therapist at the local health centre. In addition, he had contact with a community paediatrician and a portage worker.

Low cost — £345 over six months

Child I does not attend any formal education or childcare, spending all his time at home with his mother. He had one visit to a paediatrician at the local hospital, but did not have any other hospital contacts or use any services in the community.

<sup>1</sup> Barrett, B., Byford, S., Sharac, J., Hudry, K., Leadbitter, K., Temple, K., Aldred, C., Slonims, V., Green, J. & the PACT consortium (2012) Service and wider societal costs of very young children with autism, *Journal of Autism and Developmental Disorders*, 42,5,797-804.

## 8.5.2 Children with low-functioning autism (ages 0-17)

The research carried out by Knapp et al. (2007, 2009)<sup>1,2</sup> estimated the full costs of autism spectrum disorders (ASDs) in the United Kingdom. Costs estimated for children used a combination of routinely collected and research data and a pooled dataset of 146 children.

The table below summarises the average cost per child with low-functioning ASD, whether living with their families or living in a residential or foster care placement. Costs are organised under a number of different service and support headings. Family expenses were also included and, where appropriate, costs were imputed for the lost employment of parents. The table distinguishes children in three different age groups. The annual costs for children with low-functioning ASD who live in residential or foster placements are estimated to be £18,064 (if aged 0-3), £45,290 (aged 4-11) and £69,797 (aged 12-17). For the two older age groups, the largest contributors to these totals are the care placements themselves, and special education. The authors noted that, given the availability of data, residential special school costs may have been underestimated.

Costs for children with low-functioning ASD who live with families are much lower: £4,846 (if aged 0-3), £31,105 (aged 4-11) and £45,173 (aged 12-17). For the two older age groups the largest contributors to these totals are special education, and health and social care services (including hospital and respite care).

### Average annual cost per child with low-functioning ASD

	Living in residential or foster care placement			Living in private households with family		
	Ages 0-3	Ages 4-11	Ages 12-17	Ages 0-3	Ages 4-11	Ages 12-17
Residential/foster care placement	£17,411	£25,072	£35,635	-	-	-
Hospital services	-	£962	£1,771	-	£961	£1,769
Other health and social services	£653	£7,710	£446	£653	£7,710	£446
Respite care	-	-	-	-	£3,154	£4,112
Special education	-	£10,203	£30,815	-	£10,203	£30,815
Education support	-	£1,321	£1,113	-	£1,321	£1,113
Treatments	-	£20	£17	-	£20	£17
Help from voluntary organisations	-	-	-	-	£941	£107
Benefits	-	-	-	£4,193	£4,464	£4,464
Lost employment (parents)	-	-	-	-	£2,328	£2,328
<b>Total annual cost (excluding benefits)</b>	<b>£18,064</b>	<b>£45,290</b>	<b>£69,797</b>	<b>£653</b>	<b>£26,640</b>	<b>£40,709</b>
<b>Total annual cost (including benefits)</b>	<b>£18,064</b>	<b>£45,290</b>	<b>£69,797</b>	<b>£4,846</b>	<b>£31,105</b>	<b>£45,173</b>

Note: Expenditure on social security/welfare benefits could partly double-count the costs of lost employment for parents, which is why two totals are provided above.

<sup>1</sup> Knapp, M., Romeo, R. & Beecham, J. (2007) *The economic consequences of autism in the UK*, Report to the Foundation for People with Learning Disabilities, London.

<sup>2</sup> Knapp, M., Romeo, R. & Beecham, J. (2009) Economic cost of autism in the UK, *Autism*, 13, 3, May, 317-336.

### 8.5.3 Children with high-functioning autism (ages 0-17)

The research carried out by Knapp et al. (2007, 2009)<sup>1,2</sup> estimated the full costs of autism spectrum disorders (ASDs) in the United Kingdom.

As in table 8.3.2, the table below distinguishes costs under a number of different service and support headings. The study assumed that all children with high-functioning ASD live with their parents. Average costs range from £1,878 to £24,062 per year.

#### Average annual cost per child with high functioning ASD

	Living in private household with family		
	Ages 0-3	Ages 4-11	Ages 12-17
Hospital services	-	£867	£867
Other health and social services	£1,355	£1,355	£1,355
Respite care	-	£7,266	£7,266
Special education	-	£13,036	£13,036
Education support	-	£608	£608
Treatments	-	£165	£165
Help from voluntary organisations	-	-	-
Benefits	£523	£523	£523
Lost employment (parents)	-	£241	£241
<b>Total annual cost (excluding benefits)</b>	<b>£1,355</b>	<b>£23,539</b>	<b>£23,539</b>
<b>Total annual cost (including benefits)</b>	<b>£1,878</b>	<b>£24,062</b>	<b>£24,062</b>

#### Notes

The costs for children aged 4-11 and aged 12-17 are the same.

Expenditure on social security/welfare benefits could partly double-count the costs of lost employment for parents, which is why two totals are provided above.

<sup>1</sup> Knapp, M., Romeo, R. & Beecham, J. (2007) *The economic consequences of autism in the UK*, Report to the Foundation for People with Learning Disabilities, London.

<sup>2</sup> Knapp, M., Romeo, R. & Beecham, J. (2009) Economic cost of autism in the UK, *Autism*, 13, 3, May, 317-336.

## 8.5.4 Adults with autism

The research carried out by Knapp et al. (2007, 2009)<sup>1,2</sup> estimated the full costs of autism spectrum disorders (ASDs) in the United Kingdom. The estimated annual costs for adults with high-and low-functioning ASD are presented below and were calculated from routinely-collected and research data and a pooled dataset of 185 individuals. Imputed costs for lost employment are included for both the individuals with ASD and for parents, where these are appropriate. Costs are arranged by place of residence.

For an adult with high-functioning ASD, it is estimated that the annual cost of living in a private household (with or without family) is £37,246. A sizeable part of this (£22,082) is the imputed cost of lost employment for the individual with ASD (and hence also lost productivity to the economy). Part of that (not separately identified here) would be lost tax revenue to the Exchequer. Costs for high-functioning adults in supported living settings or care homes are much higher (£95,238 and £98,265 per year respectively) and the proportion attributable to lost employment is lower. The largest cost element in each case is for accommodation, and includes the costs of staff employed in those settings or supporting the residents. For low-functioning adults, the mean annual costs (excluding benefits but including lost employment) rise with increased support in the accommodation for those living in private households from £48,026 to £110,258 for those in hospital care.

### Average annual cost per adult with ASD

	Adults with high-functioning ASD			Adults with low-functioning ASD			
	Private household	Supporting People	Residential care	Private household	Supporting People	Residential care	Hospital
Accommodation	£1,661	£65,875	£68,902	-	£65,875	£68,902	-
Hospital services	£867	£867	£867	£97	£167	£38	£84,244
Other health and social services	£542	£542	£542	£789	£522	£646	-
Respite care	-	-	-	£1,714	-	-	-
Day services	£2,484	£2,484	£2,484	£4,188	£4,044	£925	-
Adult education	£3,221	£3,221	£3,221	£1,602	£950	£3,701	-
Employment support	-	-	-	£563	£1,220	-	-
Treatments	£165	£165	£165	£69	£69	£69	-
Family expenses	£2,111	-	-	£2,430	-	-	-
Lost employment (parents)	£4,112	-	-	£4,112	-	-	-
Subtotal	£15,163	£73,155	£76,182	£15,563	£72,847	£74,282	£84,244
Lost employment (person with ASD)	£22,082	£22,082	£22,082	£24,982	£24,982	£24,982	£24,982
<b>Total (excluding benefits)</b>	<b>£37,246</b>	<b>£95,238</b>	<b>£98,265</b>	<b>£40,545</b>	<b>£97,829</b>	<b>£99,264</b>	<b>£109,226</b>
Benefits	-	-	-	£7,481	£4,822	£4,822	£1,032
<b>Total (including benefits)</b>	<b>£37,246</b>	<b>£95,238</b>	<b>£98,265</b>	<b>£48,026</b>	<b>£102,651</b>	<b>£104,085</b>	<b>£110,258</b>

<sup>1</sup> Knapp, M., Romeo, R. & Beecham, J. (2007) *The economic consequences of autism in the UK*, Report to the Foundation for People with Learning Disabilities, London.

<sup>2</sup> Knapp, M., Romeo, R. & Beecham, J. (2009) Economic cost of autism in the UK, *Autism*, 13, 3, May, 317-336.

## 8.6 Services for children in care

The following tables present illustrative costs of children in care reflecting a range of circumstances. Information from practitioners and managers, gathered in the course of developing unit costs for social work processes, indicated that some needs — or combinations of them — are likely to have an impact on the cost of placements: disabilities; emotional or behavioural difficulties; and offending behaviour.<sup>1</sup> Unaccompanied asylum-seeking children comprise a further group whose circumstances, rather than their attributes, engender a different pattern of costs. In any population of looked-after children, there will be some children who have none of these additional support needs. Authorities with a higher proportion of children without additional needs will incur lower average costs per looked-after child. However, in reality their overall expenditure on children's services may be greater, for such authorities may place a higher proportion of their whole population of children in need away from home than do those with better developed family support services.

The study by Ward and colleagues identified different combinations of additional support needs. There were five 'simple' groups of children who display none or one of the attributes expected to affect costs, and six complex groups of children who display two or more additional support needs. In the sample of 478 children, 129 (27%) showed no evidence of additional support needs; 215 (45%) displayed one; 124 (26%) children displayed combinations of two; and a very small group of children (2%) displayed combinations of three or more.

The care package costs for children described in tables 8.6.1-8.6.4 illustrate an example of the support received by children in some of these groups, taken from the study sample. Costs relate to time periods stated in each table.

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<sup>1</sup> Ward, H., Holmes, L. & Soper, J. (2008) *Costs and consequences of placing children in care*, Jessica Kingsley, London.

### 8.6.1 Children in care: low-cost — with no evidence of additional support needs

Child A is a boy aged 14 with no evidence of additional support needs. The table shows the total cost incurred by social services and other agencies from February 2005 to October 2006, uprated using the PSS pay & prices inflator. Child A became looked after at the age of six, as the result of neglect. A care order was obtained in 2002. Since then he has been placed with the same local authority foster carers, a placement that had lasted eight years by the start of the study. In June 2006, his case was transferred to the leaving care team. Reviews were held at six-monthly intervals and his care plan was updated every six months. He attended six-monthly dental appointments and an annual looked-after child medical. During the time period shown above, this young person attended weekly, hour-long physiotherapy sessions as a result of a neck injury. He completed his statutory schooling in summer 2008 and obtained seven GCSEs. He then progressed to further education to start an A level course.

Child A had a relatively inexpensive placement with local authority foster carers. He incurred some educational costs, in that he attended school, and some health care costs, but there was no exceptional expenditure. Please note that these figures have been rounded. Where appropriate, the original information has been adjusted to take account of Agenda for Change salaries.

Process	Cost to LA	Total	Cost to others	Total
Care planning	£242 x 3	£725	£172 x 3	£517
Maintaining the placement	£805 x 87 weeks minus £9,768 <sup>1</sup>	£60,269	£55 x 3	£165
Review	£623 x 3 + £19 <sup>2</sup>	£1,889		
Legal	£8 <sup>3</sup> x 87 weeks	£696	£12 <sup>4</sup> x 87 weeks	£1,074
Transition to leaving care	£1,849	£1,859		
<b>Cost of services</b>				
Mainstream schooling			£28 <sup>5</sup> per day	£7,854
FE college			£28 <sup>5</sup> per day	£819
Looked-after child medical			£37 <sup>6</sup>	£37
Physiotherapy (home visit)			£76 x 87 weeks <sup>7</sup>	£6,590
Dentist			No current costs	
<b>Total cost over 9 months</b>		<b>£65,438</b>		<b>£17,057</b>

<sup>1</sup> Cost includes payment made for the placement and all activity to support the placement. There is a reduction in cost as a result of reduced activity once the placement has lasted for more than one year.

<sup>2</sup> An additional cost is incurred for the first 16+ review.

<sup>3</sup> The cost of obtaining a care order has been divided over the total number of weeks between admission and the child's eighteenth birthday.

<sup>4</sup> Selwyn, J., Sturgess, W., Quinton, D. & Baxter, C. (2003) *Costs and outcomes of non-infant adoptions*, report to the Department of Health, Hadley Centre for Adoption and Foster Care Studies, University of Bristol.

<sup>5</sup> Based on the cost of a secondary school place. Calculated by dividing total secondary school expenditure by the total number of pupils on the roll, and by the total number of days of pupil contact (190). Department for Education (2011) *Section 251 data archive: Outturn data-detailed level 2008-09 onwards, outturn summary 2011-12*, Department for Education, London and table 1A 'All Schools: pupils with statements of special educational needs'.

<sup>6</sup> Based on the unit cost of a surgery consultation with a general practitioner (see table 10.8b).

<sup>7</sup> Department of Health (2013) *NHS reference costs 2011-2012*, <https://www.gov.uk/government/publications/reference-costs-guidance-for-2011-12/> [accessed 9 October 2013].



## 8.6.2 Children in care: median cost — child with emotional or behavioural difficulties

Between February 2005 and April 2006, Child B was placed with local authority foster carers (within the area of the authority). She then moved to another placement with local authority foster carers within the area of the authority. A care order was obtained for this young person when she first became looked after. During the time-frame, three review meetings were held and her care plan was also updated on three occasions. Child B attended mainstream school from December 2005 until June 2006 where she received support from a personal teaching assistant for four hours a week. This young person attended six-monthly dental appointments and also her annual looked-after child medical. Child B also received speech therapy until July 2006. Following a self-harm incident she was taken to the accident and emergency department and was referred to a clinical psychologist and began weekly sessions in April 2005.

Costs to social services are relatively low, largely because she was placed with local authority foster carers within the authority area throughout the study period, and not considered difficult to place. There were relatively high costs to other agencies, designed to meet both her health and educational needs. Please note that these figures have been rounded. Where appropriate, the original information has been adjusted to take account of Agenda for Change salaries.

Process	Cost to LA		Cost to others	
	Unit costs	Total	Unit costs	Total
Care planning	£242 x 3	£725	£172 x 3	£517
Maintaining the placement	£705 x 59 weeks minus £5,238 <sup>1</sup>	£36,357		
Finding subsequent placement	£313	£313		
Review	£623 x 3	£1,870	£55 x 3	£165
Legal	£10 <sup>2</sup> x 59 weeks	£590	£12.30 <sup>3</sup> x 59	£726
<b>Cost of services</b>				
Mainstream schooling			£28 <sup>4</sup> per day	£8,559
Looked-after child medical			£37 <sup>5</sup>	£37
Speech therapy			£91 x 60 weeks	£5,460
Clinical psychologist			£134 x 52 weeks	£6,968
Hospital accident and emergency visit (admitted)			£230	£230
Personal teaching assistant			£22 (4 hours per week for 25 weeks) <sup>6</sup>	£2,200
Dentist			No current costs	
<b>Total cost over 14 months</b>		<b>£39,855</b>		<b>£24,862</b>

<sup>1</sup> Cost includes payment made for the placement and all activity to support the placement. There is a reduction in cost as a result of reduced activity once the placement has lasted for more than one year.

<sup>2</sup> The cost of obtaining a care order has been divided over the total number of weeks between admission and the child's eighteenth birthday.

<sup>3</sup> Selwyn, J., Sturgess, W., Quinton, D. & Baxter, C. (2003) *Costs and outcomes of non-infant adoptions*, report to the Department of Health, Hadley Centre for Adoption and Foster Care Studies, University of Bristol.

<sup>4</sup> Based on the cost of a secondary school place. Calculated by dividing total secondary school expenditure by the total number of pupils on the roll, and by the total number of days of pupil contact (190). Department for Education (2012) *Section 251 data archive: Outturn data-detailed level 2008-09 onwards, outturn summary 2011-12*, Department for Education, London and table 1A 'All Schools: pupils with statements of special educational needs'.

<sup>5</sup> Based on the unit cost of a surgery consultation with a general practitioner (see table 10.8b).

<sup>6</sup> Based on the average salary of a teaching assistant, <http://www.tes.co.uk/article.aspx?storyCode=6168765/> [accessed 22 October 2013].

### 8.6.3 Children in care: high cost — children with emotional or behavioural difficulties and offending behaviour

Child C was aged 15 at the start of the study. He first became looked after at the age of 11, when his parents needed respite. Prior to the start of the study he was placed in secure accommodation on five separate occasions. He had also been placed in various residential homes, schools and foster placements, many of which had broken down. As a consequence, he had been classified as 'difficult to place'. During the study period (74 weeks), Child C experienced ten different placements. He also refused all statutory medical and dental appointments; furthermore, he refused any mental health support. Child C did not complete his statutory schooling, as a result of numerous exclusions and non-attendance. Prior to the start of the study he had a history of offending: this continued throughout the study, with him committing ten further offences. He ceased being looked after in summer 2007 when he refused to return to any placement provided by the local authority.

The costs to social services were relatively high, both because of a number of out-of-authority, residential placements provided by independent sector agencies and due to nine changes of placement. There were substantial costs to other agencies (Youth Offending Team and the Police) as a result of his offending behaviour. No additional health care costs were incurred for this young man because of his refusal to engage in the services offered to him. Please note that these figures have been rounded. Where appropriate, the original information has been adjusted to take account of Agenda for Change salaries.

Process	Cost to LA	Total	Cost to others	Total
Care planning	£242 x 2	£483	£172 x 2	£345
Maintaining the placement	£357,840 <sup>1</sup>	£357,840	£55 x 74 weeks <sup>2</sup>	£4,066
Ceased being looked after	£418	£418		
Find subsequent placements	£10,293 <sup>3</sup>	£10,293		
Review	£1,870	£1,870	£200 x 2	£400
<b>Cost of services<sup>4</sup></b>				
YOT involvement/criminal costs			£1,110 <sup>5</sup> x 74 weeks	£82,140
<b>Total cost over 18.5 months</b>		<b>£370,904</b>		<b>£86,951</b>

<sup>1</sup> This cost includes the payment made for the placement and all activity to support the placements. There is an increase in cost in the first three months of a placement due to increased social worker activity.

<sup>2</sup> Child C ceased being looked after in July 2011, therefore the time period being costed is 74 weeks.

<sup>3</sup> Child C experienced nine changes of placement during the timeframe of the study.

<sup>4</sup> There are no additional education costs because these are included in the costs of the placements in process three.

<sup>5</sup> Liddle, M. (1998) *Wasted Lives: Counting the Cost of Juvenile Offending*, National Association for the Care and Resettlement of Offenders (NACRO), London.

### 8.6.4 Children in care: very high cost — children with disabilities, emotional or behavioural difficulties plus offending behaviour

Child D experienced nine different placements from February 2006 to October 2007. Initially he was placed in an independent sector agency residential unit with education facilities. In March 2006, he was placed with independent sector foster carers, again out of area. He then experienced three further placements, all out of the independent sector area authority and all provided by independent sector organisations: another residential unit, then another foster placement, then a third residential placement. In September 2006 he was placed overnight in a secure unit within the authority. He then had three independent sector placements: foster carers, a residential unit, and a specialised one-bedded residential unit in December 2006. This placement was also out of the area of the authority. Review meetings were held six-monthly and his care plan was also updated every six months. This young person attended the education provision in two different residential units up until summer 2006, when he was permanently excluded. He then started sessions with a home tutor in October 2006. During the given time period, he attended six-monthly dental appointments and his looked-after child medical. He also attended weekly sessions with a clinical psychologist from October 2006 onwards. In September 2006, he was accused of a criminal offence; the police were involved, but he was not convicted.

These costs are markedly higher than for the majority of other children in the sample. Child D had become difficult to place; and increasing amounts of social work time had to be spent on finding the rare placements that were prepared to accept him. The costs of changing placements were calculated at over £1,000 per move. Please note that these figures have been rounded. Where appropriate, the original information has been adjusted to take account of Agenda for Change salaries.

Process	Cost to LA	Total	Cost to others	Total
Care planning	£146 x 3	£439	£172 x 3	£517
Maintaining the placement	£684,128 plus £1,755 <sup>1</sup>	£685,883		
Finding subsequent placements	£20,272	£20,272	£94 x 8	£770
Review	£991 x 3	£2,972	£399 x 3	£1,197
Legal	£5 <sup>2</sup> x 87 weeks	£450	£6 <sup>3</sup> x 87 weeks	£539
Transition to leaving care	£1,859	£1,859		
<b>Cost of services</b>				
Home tuition			No current costs	
Permanent exclusion			No current costs <sup>4</sup>	
Looked-after child medical			£37 <sup>5</sup>	£37
Clinical psychologist			£134 per hour for 52 weeks	£6,957
Police costs for criminal offence (police statement and interview)			£324 <sup>6</sup>	£324
Dentist			No current costs	
<b>Total cost over 20 months</b>		<b>£711,875</b>		<b>£10,331</b>

<sup>1</sup> The cost includes the payment made for the placements and all activity to support the placements. There is an increase in cost in the first three months of a placement due to increased social worker activity.

<sup>2</sup> The cost of obtaining a care order has been divided over the total number of weeks between admission and the child's eighteenth birthday.

<sup>3</sup> Selwyn, J., Sturgess, W., Quinton, D. & Baxter, C. (2003) *Costs and outcomes of non-infant adoptions*, report to the Department of Health, Hadley Centre for Adoption and Foster Care Studies, University of Bristol.

<sup>4</sup> See Prince's Trust (2007) *The cost of exclusion*, Prince's Trust, London. <http://www.princes-trust.org.uk/PDF/Princes%20Trust%20Research%20Cost%20of%20Exclusion%20apr07.pdf> [accessed 9 October 2013].

<sup>5</sup> Based on the unit cost of a surgery consultation with a general practitioner (see table 10.8b).

<sup>6</sup> Bedfordshire Police (2012) 2012/13 Fees and charges handbook, [http://www.bedfordshire.police.uk/PDF/bedfordshire\\_fees\\_and\\_charges.pdf](http://www.bedfordshire.police.uk/PDF/bedfordshire_fees_and_charges.pdf) [accessed 9 October 2013].

## 8.7 Services for children in need

The care package costs for children described in the tables (8.7.1-8.7.4) illustrate examples of the support received by children in need reflecting a range of circumstances. These costs have been drawn from a study undertaken by the Centre for Child and Family Research (CCFR) at Loughborough University in which the costs of key social care processes for children in need have been calculated in four local authorities, including initial and core assessments, children in need reviews, along with ongoing social care activity to support families.<sup>1</sup> The study used a bottom-up costing methodology,<sup>2</sup> which uses social care activity time data as the basis for building up unit costs. The unit costs per hour are based on average salaries for each staff type using national salary scales and applying oncosts and overheads as presented in this volume.

The costs provided were for 2008/09 and have been updated using the appropriate inflators.

For social services support received by children in need, see tables 6.5.1-6.5.4.

### 8.7.1 Child A – no additional needs

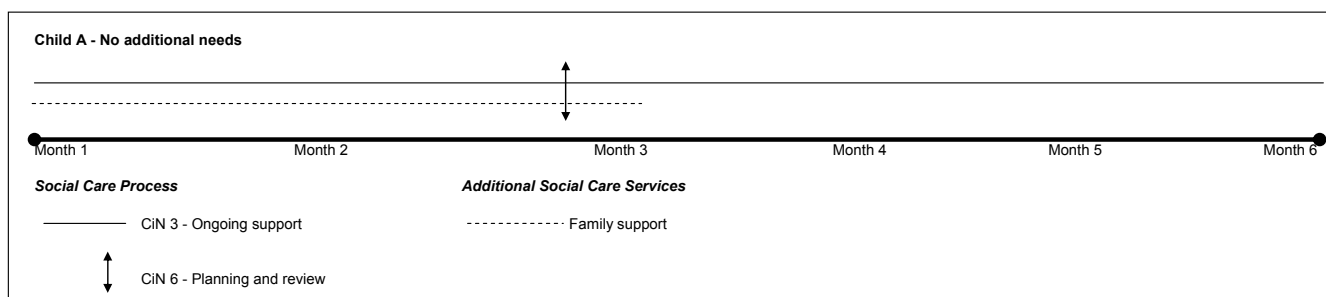
Child A – No additional needs: out of London costs

Child A, a boy aged 11 at the start of the study, was referred to social care in August 2007. Support was offered to his family, who had been assessed as being in need due to ‘family dysfunction’. Child A lived with his mother and had no siblings.

Concerns had been raised about the relationship between Child A and his mother, in particular the ability of his mother to deal with his tantrums and use appropriate levels of discipline.

In addition to the ongoing case management provided by the allocated social worker, a family support worker from the social care team had been allocated to the case to undertake some work around discipline and behaviour. A weekly visit was made by the family support worker. This work ceased in December 2008, three months into the data collection period. One Child in Need Review was carried out during the study time period.

#### Timeline for Child A



#### Total costs for Child A during the six-month data collection period<sup>a</sup>

Social care activity costs (out of London costs)			
Process	Frequency	Unit cost	Sub-total
CiN 3 – ongoing support	6 months	£110	£661
CiN 6 – planning and review		£229	£229
<b>Cost of social care case management activity</b>			<b>£890</b>
Additional services costs (out of London costs)			
Family support	Once a week for 10 weeks <sup>a</sup>	£35	£347
<b>Cost of service provision</b>			<b>£347</b>
<b>Total cost incurred by children’s social care for Child A during the 6-month period</b>			<b>£1,237</b>

<sup>a</sup> There was no evidence of additional support services being provided by other agencies during the study timeframe.

<sup>1</sup> Holmes, L. & McDermid, S. (2012) *Understanding costs and outcomes in child welfare services*, Jessica Kingsley, London.

<sup>2</sup> Beecham, J. (2000) *Unit costs – not exactly child’s play: a guide to estimating unit costs for children’s social care*, Department of Health, Dartington Social Research Unit and the Personal Social Services Research Unit, University of Kent; Ward, H., Holmes, L. & Soper, J. (2008) *Costs and consequences of placing children in care*, Jessica Kingsley, London.

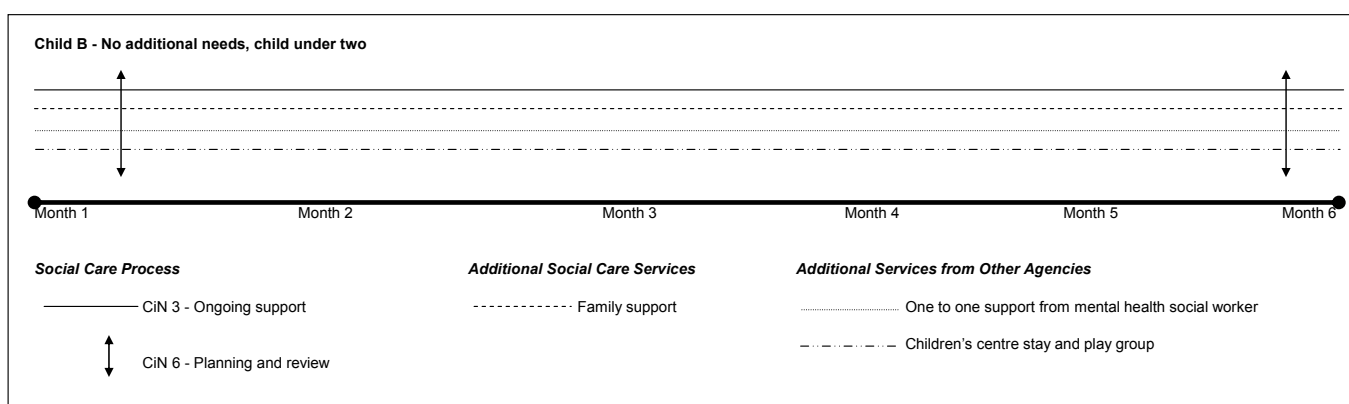
## 8.7.2 Child B – no additional needs, aged six and under

### Child B – No additional needs, aged six and under: London costs

Child B was referred to social care in June 2008, aged 14 months, due to concerns about her mother's mental health. Although both parents lived at home, Child B's mother was struggling to fulfil her caring duties because of her anxiety and depression. These difficulties were also putting a strain on the parents' relationship. Consequently, Child B was assessed as being in need under Section 17 of the Children Act 1989. The primary need code was recorded as 'family in acute distress' and no additional needs were identified.

During the study time period, the family were in receipt of a number of additional support services. Weekly one-to-one home visits were provided by a mental health social worker from multi-agency early intervention service. A mental health support worker was funded by the Primary Care Trust to address and support Child B's mother. Additional one-to-one support was offered to Child B's mother for an hour each week by the local authority family support team. The family also attended weekly group sessions at the local children's centre. There were two Child in Need Reviews during the data collection period.

### Timeline for Child B



### Total costs for child B during the six-month data collection period<sup>a</sup>

<b>Social care activity costs (London costs)</b>			
Process	Frequency	Unit cost	Sub-total
CiN 3 – ongoing support	6 months	£238	£1,428
CiN 6 – planning and review	2	£268	£555
<b>Cost of social care case management activity</b>			<b>£1,983</b>
<b>Additional services costs (London costs)</b>			
<b>Social care services</b>			
Family support	Once a week for 21 weeks <sup>1</sup>	£44	£920
<b>Cost of service care provision</b>			<b>£920</b>
<b>Services from other agencies</b>			
Children's centre stay and play group provided by Local authority, not social care	Once a week for 21 weeks <sup>2</sup>	£15	£324
One-to-one support from mental health social worker provided by the PCT	Once a week for 21 weeks <sup>3</sup>	£119	£2,502
<b>Cost of service provision from other providers</b>			<b>£2,826</b>
<b>Total cost incurred by children's social care for Child B during the 6-month period</b>			<b>£2,903</b>
<b>Total cost incurred for Child B during the 6-month period</b>			<b>£5,729</b>

<sup>a</sup> There was no evidence of additional support services being provided by social care during the study timeframe.

<sup>1</sup> Unit cost based on a one-hour visit and 40 minutes travel time.

<sup>2</sup> Tidmarsh, J. & Schneider, J. (2005) Typical costs of sure start local programmes, in L. Curtis (ed.) *Unit Costs of Health and Social Care 2005*, Personal Social Services Research Unit, University of Kent, Canterbury.

<sup>3</sup> Curtis, L. (2011) *Unit Costs of Health and Social Care 2011*, Personal Social Services Research Unit, University of Kent, Canterbury. (Costs have been updated to 2013 values.)

### 8.7.3 Child C – emotional or behavioural difficulties

Child C – Boy with emotional or behavioural difficulties: Out of London costs.

Child C was aged 14 at the time of the data collection and had been receiving support as a child in need since September 2008, as his family was 'in acute distress'.

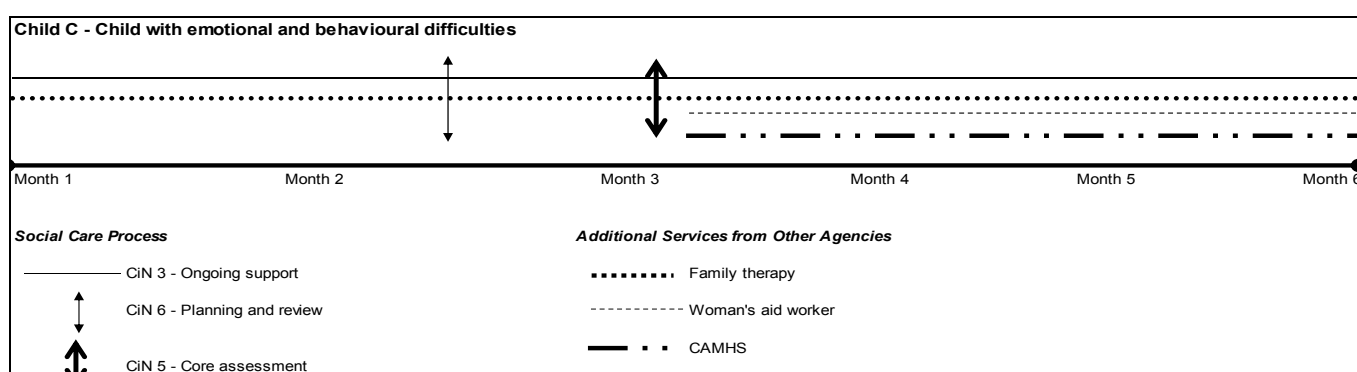
Child C's mother had been subject to domestic abuse by her partner and, although he no longer lived in the family home, their relationship had continued to be chaotic. The family had been receiving family therapy, provided by a voluntary agency, twice a month, to help another sibling with obsessive compulsive disorder.

The family's circumstances were reviewed at a Child in Need Review in November 2008. At this review meeting Child C's teacher noted that he had also exhibited symptoms of low self-esteem. His school attendance has been low and his teacher was concerned that this may be as a result of his anxieties around socialising with his peers.

The review meeting concluded that the family's situation had not improved and, because of the additional concerns raised by the teacher and social worker, a Core Assessment was recommended. This was carried out in December 2008.

Subsequently, Child C was referred to CAMHS for weekly sessions and his mother was offered women's aid support.

#### Timeline for Child C



#### Total costs for Child C during the six-month data collection period<sup>a</sup>

<b>Social care activity costs (out of London costs)</b>			
<b>Process</b>	<b>Frequency</b>	<b>Unit cost</b>	<b>Sub-total</b>
CiN 3 – ongoing support	6 months	£206	£1,234
CiN 6 – planning and review		£229	£229
CiN 5 – core assessment		£605	£605
Cost of social care case management activity			£2,068
<b>Additional services from other agencies (out of London costs)</b>			
Family therapy provided by voluntary agency	Twice a month for 6 months <sup>1</sup>	£104	£1,096
Women's aid provided by voluntary agency	Weekly for 3 months <sup>2</sup>	£65	£686
CAMHS provided by Primary Care Trust	Weekly for 3 months <sup>3</sup>	£69	£829
<b>Cost of service provision from other providers</b>			<b>£2,611</b>
<b>Total cost incurred by children's social care for Child B during the 6-month period</b>			<b>£2,068</b>
<b>Total cost incurred for Child B during the 6-month period</b>			<b>£4,679</b>

<sup>a</sup> There was no evidence of additional support services being provided by social care during the study timeframe.

<sup>1</sup> Barlow, J., Davis, H., McIntosh, E., Jarrett, P., Mockford, C. & Stewart-Brown, S. (2006) Role of home visiting in improving parenting and health in families at risk of abuse and neglect: results of a multicentre randomised controlled trial and economic evaluation, *Archives of Disease in Childhood*, 92, 3, 229-233.

<sup>2</sup> McIntosh, E. & Barlow, J. (2006) The costs of an intensive home visiting intervention for vulnerable families, in A. Netten & L. Curtis (eds) *Unit Costs of Health and Social Care 2006*, PSSRU, University of Kent, Canterbury.

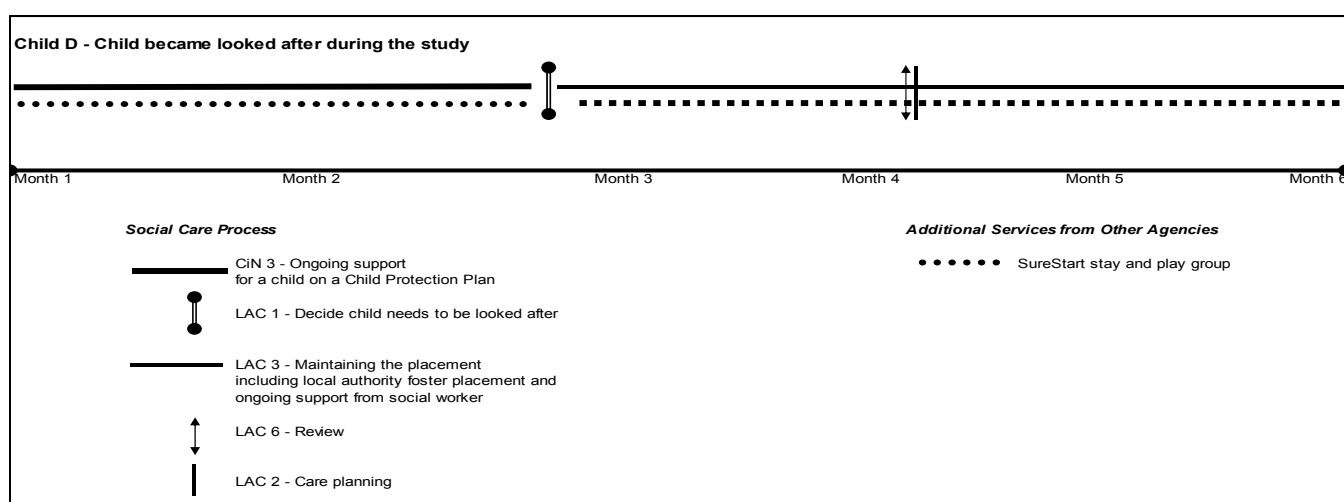
<sup>3</sup> Curtis, L. (2013) *Unit Costs of Health and Social Care 2013*, Personal Social Services Research Unit, University of Kent, Canterbury.

### 8.7.4 Child D – became looked after during the data collection

Child D was first referred to social care in August 2007 and had been receiving support as part of a Child Protection Plan. Her parents were identified as regular drug users and this was felt to be impacting on their ability to care appropriately for her needs. In particular, her mother's chaotic lifestyle and regular drug use meant that she frequently failed to get Child D ready for school. The home environment was felt to be unsuitable for young children. Child D was five and a half at the start of the data collection. Child D lived with her mother, and had regular contact with her father who also misused drugs. Both parents were reluctant to engage with additional services, although Child D's father would occasionally attend a stay-and-play group at the local Sure Start children's centre with his daughter.

In early December 2008 the social worker was contacted by a child care worker at the children's centre who reported that Child D presented with bruises, allegedly caused by her mother's new partner. Along with concerns regarding the lack of improvements since the implementation of a Child Protection Plan, further investigation was instigated and the decision was taken for Child D to be placed in local authority foster care. A review was held 28 days after the child was placed and the Care Plan updated following that review. Child D remained on a Child Protection Plan whilst being looked after.

#### Timeline for Child D



#### Total costs for Child D during the six-month data collection period<sup>a</sup>

Social care activity costs (London costs)			
Process	Frequency	Unit cost	Sub-total
<b>Child in Need processes</b>			
CiN 3 – ongoing support	Two and a half months	£238	£595
<b>Looked-after children processes<sup>1</sup></b>			
LAC1 – Decide child needs to be looked after		£1,110	£1,110
LAC3 – Maintaining the placement <sup>2</sup>	Three and a half months		
LAC2 – Care planning		£216	£216
LAC6 – Review			£676
<b>Cost of social care case management activity</b>			<b>£2,597</b>
<b>Additional services from other agencies (London costs)</b>			
Sure Start stay and play group provided by Local authority (not social care) <sup>3</sup>	Twice during the data collection period	£15	£29
<b>Cost of service provision from other providers</b>			<b>£29</b>
<b>Total cost incurred by children's social care for Child D during the 6-month period</b>			<b>£2,597</b>
<b>Total cost incurred for Child B during the 6-month period</b>			<b>£2,626</b>

<sup>a</sup> There was no evidence of additional support services being provided by social care during the study timeframe.

<sup>1</sup> Ward, H., Holmes, L. & Soper, J. (2008) *Costs and consequences of placing children in care*, Jessica Kingsley, London.

<sup>2</sup> The costs of maintaining the placement also include the weekly fees and allowance of the child's placement.

<sup>3</sup> Tidmarsh, J. & Schneider, J. (2005) Typical costs of sure start local programmes in L. Curtis (ed.) *Unit Costs of Health and Social Care 2005*, Personal Social Services Research Unit, University of Kent, Canterbury.

## 8.8 Common Assessment Framework (CAF)

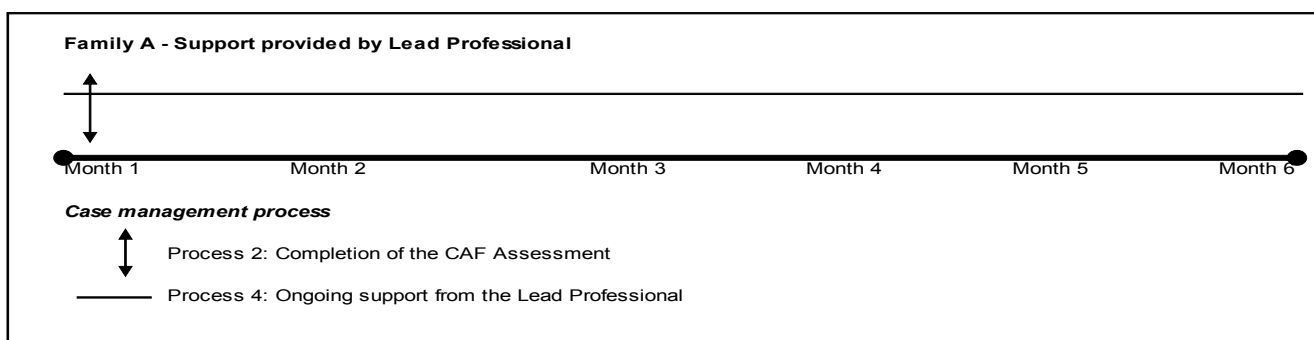
The Common Assessment Framework (CAF) is a standardised approach for assessing children and their families, to facilitate the early identification of additional needs and to promote a co-ordinated service response. CAF is underpinned by an integrated approach to support and has been designed for use by all professionals working with children and families with additional needs who do not meet the threshold for more intensive interventions such as those associated with children's social care or safeguarding.<sup>1</sup> Information for tables 8.8.1-8.8.3 have been provided by Lisa Holmes and Samantha McDermid from the Centre for Child and Family Research, Loughborough, and have been drawn from Holmes et al. (2012).<sup>1</sup>

The study used a bottom-up costing methodology,<sup>2</sup> which uses social care activity time data as the basis for building up unit costs. The unit costs per hour are based on average salaries for each staff type using national salary scales and applying oncosts and overheads as presented in this publication.

### 8.8.1 Family A: support from a lead professional (LP)

Family A live in London and consists of Jennifer, who has two sons, Ryan and Jack, aged 8 and 4 respectively. Jennifer and the boys' father had recently separated. Jennifer contacted CAMHS after discovering that Ryan had been self-harming. CAMHS informed Jennifer that they had a six-month waiting list for assessments but referred their case onto 'Family Help', a voluntary organisation that supports vulnerable children and families. The service manager completed a CAF, although a pre-CAF checklist was not completed. A family support worker from Family Help was allocated to support their case and was identified as the lead professional for the child and family. Following the completion of the CAF assessment, the support worker visited the child and family on a fortnightly basis. Team Around the Child (TAC) meetings were not held, and the support worker continued to support the child and family until a CAMHS assessment was offered. The child and family were not in receipt of other additional services at this time. Jennifer reported that the support they had received from Family Help had been extremely useful and that Ryan's self-harming behaviour had reduced. Jennifer reported that she thought that the CAF had helped her family.

#### Timeline for family A



#### Total costs for family A during a six-month period<sup>3</sup>

Social care activity costs (London costs)			
Process	Frequency	Unit cost	Sub-total
Process 2: CAF assessment completed by service manager		£334	£334
Process 4: ongoing support from the family support worker	Fortnightly visits for 6 months <sup>4</sup>	£51	£613
<b>Total cost of CAF support for Family A during the 6-month period</b>			<b>£947</b>

<sup>1</sup> Holmes, L., McDermid, S., Padley, M. & Soper, J. (2012) *Exploration of the costs and impact of the Common Assessment Framework* (Research Report DFE-RR210), Department for Education, London.

<sup>2</sup> Beecham, J. (2000) *Unit costs – not exactly child's play: a guide to estimating unit costs for children's social care*, Department of Health, Dartington Social Research Unit and the Personal Social Services Research Unit, University of Kent; Ward, H., Holmes, L. & Soper, J. (2008) *Costs and consequences of placing children in care*, Jessica Kingsley, London.

<sup>3</sup> Costs have been rounded to the nearest pound.

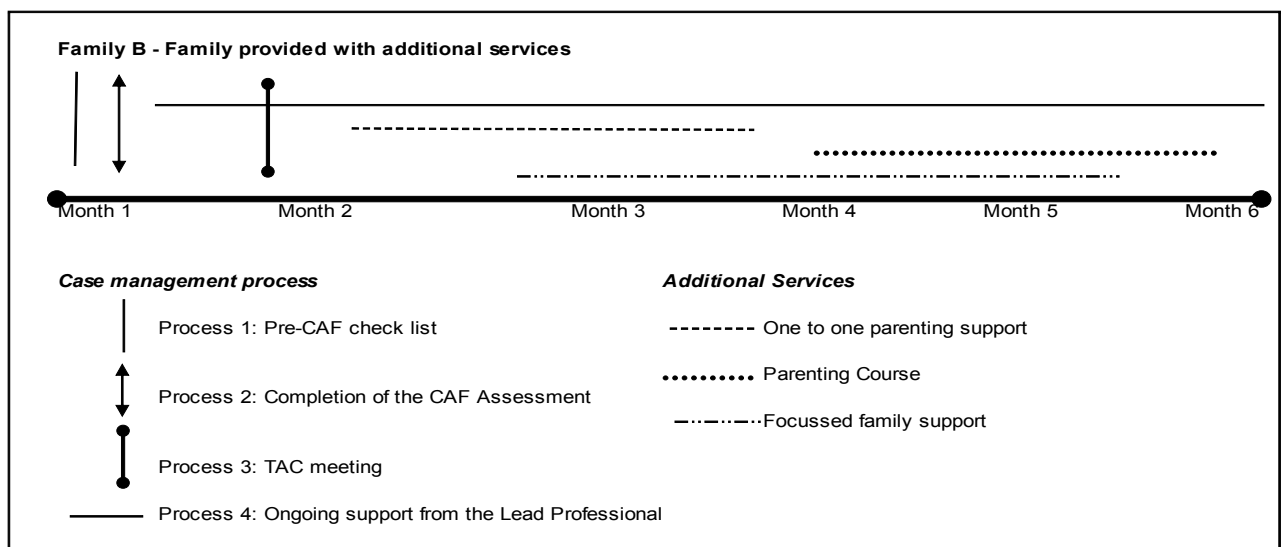
<sup>4</sup> Holmes, L. & McDermid, S. (2012) *Understanding costs and outcomes in child welfare services: a comprehensive costing approach to managing your resources*, Jessica Kingsley, London. (This suggests that the average time for a home visit is 1 hour 40 minutes, including travel time.)



### 8.8.2 Family B: support from a range of services

Mother, Michelle, lives with her daughter Sophie, aged 13. Michelle suffers with anxiety and depression and finds it very difficult to leave the house. Concerns were raised by Sophie’s school about her behaviour and a reduction in attendance; subsequently they referred the child and family to a voluntary organisation, ‘Family Help’, after completing a pre-CAF checklist. A worker from Family Help completed a CAF assessment and decided that Michelle and her daughter would benefit from additional support, both to improve Sophie’s behaviour and to support Michelle with her mental health difficulties and parenting. A family support worker was identified as the lead professional (LP). One Team Around the Child (TAC) meeting was held, which Michelle attended, along with the support worker and the school education welfare officer. Michelle received one-to-one parenting support, once a week for 8 weeks, and then attended a parenting course over 8 weeks. Sophie received one-to-one support in school from a learning mentor. The LP continued to co-ordinate the support and provided a 12-week focused piece of family support, visiting Michelle and Sophie on a weekly basis. Michelle said that the LP had been extremely supportive and thought that the other services provided as a result of the CAF had helped her and Sophie: she would have liked more of the intensive parenting support offered by the LP, and reported that Sophie’s behaviour in school had improved.

#### Timeline for family B



**Total costs for family B during the six-month period<sup>1</sup>**

<b>Social care activity costs (out of London costs)</b>			
<b>Process</b>	<b>Frequency</b>	<b>Unit cost</b>	<b>Sub-total</b>
Process 1: pre-CAF checklist completed by education welfare officer	Once	£17	£17
Process 2: completion of the CAF assessment by family support worker	Once	£171	£171
Process 3: TAC meeting attended by family support worker	Once	£224	£224
Process 3: TAC meeting attended by education welfare officer	Once	£27	£27
Process 4: ongoing support of lead professional by family support worker	Over five and a half months	£161	£890
<b>Cost of case management activity</b>			<b>£1,329</b>
<b>Additional services (out of London costs)</b>			
Parenting course	Once a week for 8 weeks <sup>2</sup>	£48	£384
One-to-one parenting support	Once a week for 8 weeks	£51	£408
Focused family support	Once a week for 12 weeks	£50	£600
<b>Total cost of additional support</b>			<b>£1,392</b>
<b>Total cost of CAF support incurred for Family B during the 6-month period</b>			<b>£2,721</b>

<sup>1</sup> Costs have been rounded to the nearest pound.

<sup>2</sup> Tidmarsh, J. & Schneider, J. (2005) Typical costs of sure start local programmes, in L. Curtis (ed.) *Unit Costs of Health and Social Care 2005*, Personal Social Services Research Unit, University of Kent, Canterbury.

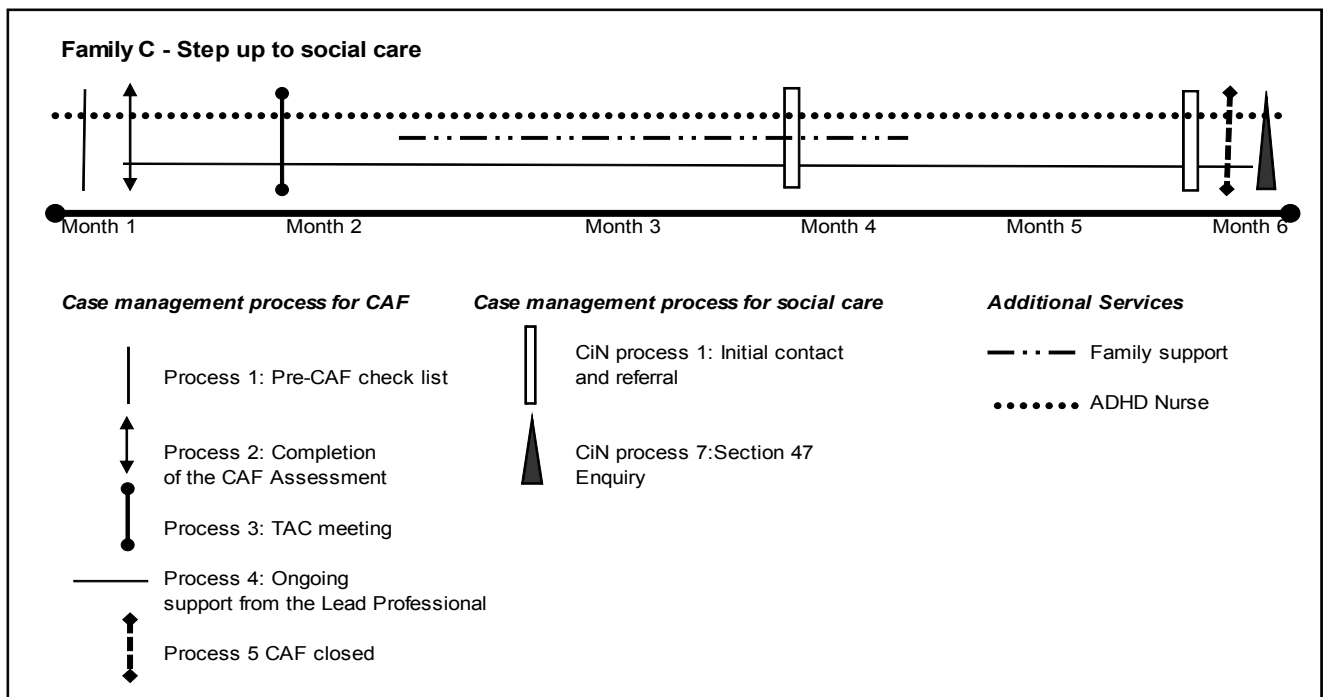
### 8.8.3 Family C: CAF as a step up to social care

Kyle, aged 13, lives with his mother, Louise, and four year old brother, Robert. A CAF was initiated in January 2011 by the school due to concerns about Kyle’s deteriorating behaviour at home and school. Kyle has long-standing mental health difficulties, anxieties about new situations and had difficulties making friends. Louise also had mental health difficulties and there were concerns about her capacity to maintain the children’s food and drink intake. There were also some concerns about Louise’s offending behaviour.

The CAF was undertaken by the school learning mentor, and a Team Around the Child (TAC) meeting was convened. The TAC was attended by the learning mentor, an educational psychologist, and a family support worker from Children’s Services. Prior to the initial TAC meeting, Kyle had been permanently excluded from school after his behaviour became untenable and was placed at another school at the end of March 2011. A referral was also made to the children’s social care emergency duty team by a hospital doctor following concerns about Louise’s mental health. The social care team were aware that a CAF was in process and therefore no further action was taken.

A number of services were initiated to support the child and family; ADHD support was provided to both Kyle and Louise. They saw the ADHD nurse on a monthly basis. A family support worker was also identified to address some of Kyle’s behavioural difficulties. The family support worker visited the family once a week for 8 weeks. Despite some improvements, the family suffered a number of setbacks and was referred to children’s social care in July 2011. The CAF case was closed, and a child protection plan was initiated.

#### Timeline for family C



**Total costs for family C during the six-month period<sup>1</sup>**

<b>Social care activity costs (out of London costs): CAF</b>			
<b>Process</b>	<b>Frequency</b>	<b>Unit cost</b>	<b>Sub-total</b>
Process 1: Pre-CAF checklist completed by learning mentor	Once	£13	£13
Process 2: Completion of the CAF assessment by learning mentor	Once	£160	£160
Process 3: TAC meeting attended by learning mentor	Once	£208	£273
Educational psychologist		£40	
Family support worker		£25	
Process 4: Ongoing support of lead professional by learning mentor	Five months	£153	£766
Process 5: Case closure			£88
<b>Cost of case management activity for CAF</b>			<b>£1,300</b>
<b>Social care activity costs (out of London): social care</b>			
CiN process 1: initial contact and referral with no further action		£216	£216
CiN process 1: initial contact and referral		£195	£195
CiN process 7: Section 47 enquiry		£535	£535
<b>Total cost of care management activity for social care</b>			<b>£946</b>
<b>Additional services (out of London costs)</b>			
ADHD nurse	Once a month for 6 months <sup>2</sup>	£46	£276
Family support worker <sup>3</sup>	Once a week for 8 weeks	£42	£333
<b>Total cost of additional services</b>			<b>£609</b>
<b>Total cost of CAF support incurred for Family C during the 6-month period</b>			<b>£2,246</b>
<b>Total cost of support for Family C during the 6-month period</b>			<b>£2,855</b>

<sup>1</sup> Costs have been rounded to the nearest pound.

<sup>2</sup> Holmes, L. & McDermid, S. (2012) *Understanding costs and outcomes in child welfare services: a comprehensive costing approach to managing your resources*, Jessica Kingsley, London.

<sup>3</sup> Curtis, L. (2011) *Unit Costs of Health and Social Care*, Personal Social Services Research Unit, University of Kent, Canterbury.

## 8.9 Services for children returning home from care

A child is recorded as returning home from an episode of care if he or she ceases to be looked after by returning to live with parents or another person who has parental responsibility. This includes a child who returns to live with their adoptive parents but does not include a child who becomes the subject of an adoption order for the first time, nor a child who becomes the subject of a residence or special guardianship order.<sup>1</sup>

In light of the research findings about the lack of support leading to breakdown of reunification in some circumstances, the Department for Education has worked with Loughborough University to draw up a number of scenarios reflecting the costs of returning children home based on a range of ages, circumstances and placement types.

Information for tables 8.9.1 to 8.9.4 have been drawn from a study commissioned by the Childhood Wellbeing Research Centre and undertaken by the Centre for Child and Family Research (CCFR) at Loughborough University.<sup>1</sup> They make use of existing unit costs that have been estimated in previous research studies carried out by the CCFR.<sup>2,3,4</sup> The aim of this work was to provide a series of estimated unit cost trajectories for children returning home from care. The care illustrates examples of the support received by children 12 months after returning home from care.

The unit cost estimations used are based on estimates for the 2012/13 financial year. Where costs have been taken from research completed in previous years, the unit costs have been inflated to 2012/13 using inflation indices. The unit costs of support foster care have been estimated for the Fostering Network, and have been included in these case studies with permission from the Fostering Network.<sup>5</sup>

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<sup>1</sup> Department for Education (2013) *Data pack: improving permanence for looked after children*, <http://www.education.gov.uk/a00227754/looked-after-children-data-pack/> [accessed 1 October 2013].

<sup>2</sup> Ward, H., Holmes, L. & Soper, J. (2008) *Costs and consequences of placing children in care*, Jessica Kingsley, London.

<sup>3</sup> Holmes, L., McDermid, S., Padley, M. & Soper, J. (2012) *Exploration of the costs and outcomes of the Common Assessment Framework*, Department of Health, London.

<sup>4</sup> Holmes, L. & McDermid, S. (2012) *Understanding costs and outcomes in child welfare services*, Jessica Kingsley, London.

<sup>5</sup> The Fostering Network and Holmes, L. (2013) *Unit Costs of Support Care*, the Fostering Network, London.

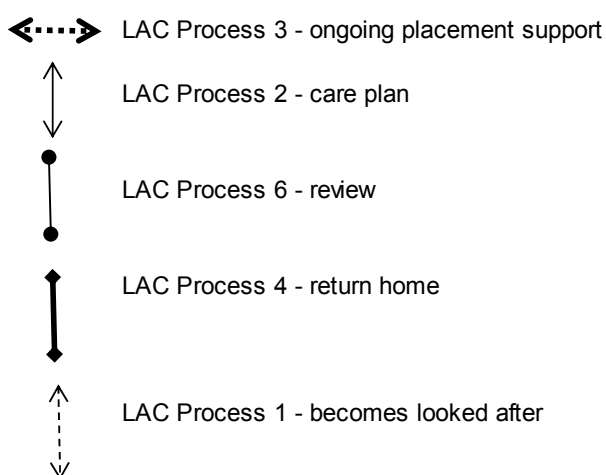
### 8.9.1 Child A – low level of child in need support on return home from care

Child A became looked after under Section 20 arrangements at the age of five. Child A was placed with grandparents out of the area of the local authority under kinship placement arrangements. The placement lasted for three months and, on return home, formal support was not provided; however, the grandmother provided ongoing informal support to the family. In October 2012 child A became looked after again and returned to the care of the grandmother.<sup>1</sup>

#### Timeline for child A



#### Social care processes (case management)



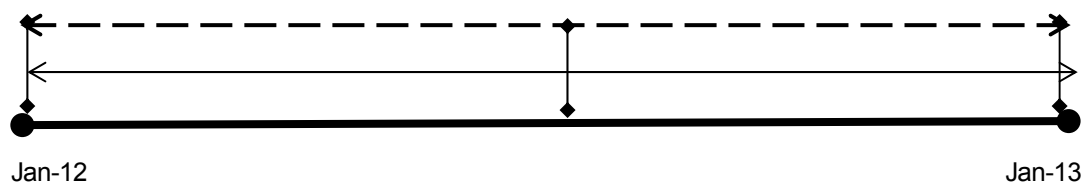
Social care processes (case management)			
Process	Frequency	Unit cost	Sub-total
LAC 1 – became LAC	Twice	£1,266	£2,532
LAC 2 – care plan	Once a fortnight	£239	£478
LAC 3 – ongoing	Six months in total	£2,903	£17,418
LAC 4 – return home	Once	£412	£412
LAC 6 – review	Twice	£614	£1,228
<b>Total social care case management costs</b>			<b>£22,068</b>

<sup>1</sup> Department for Education (2013) *Data pack: improving permanence for looked after children*, <http://www.education.gov.uk/a00227754/looked-after-children-data-pack/> [accessed 1 October 2013].

## 8.9.2 Child B – high level of child in need support on return home from care

Child B first became looked after as a baby and was placed with local authority foster carers when an interim care order was obtained. In February 2011, Child A returned home and a high level of (child in need) support was provided to the family throughout the time period shown on the timeline below. For the duration of the 12 months shown below, the parent was provided with drug and alcohol treatment services (Department for Education, 2013).<sup>1</sup>

### Timeline for child B



#### Key

**Social care processes (case management)**

**Other support or services**

↔ Process 3 - CiN ongoing support

← — → Drug and alcohol treatment services

◆  
|  
◆ Process 6 - CiN planning and review

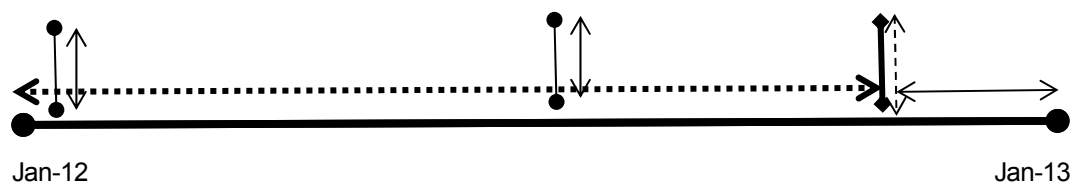
Social care processes (case management)			
Process	Frequency	Unit cost	Sub-total
CiN 3 – ongoing support	12 months	£198	£2,376
CiN 6 – planning and review	3 times	£228	£684
<b>Cost of social care case management activity</b>			<b>£3,060</b>
Additional services costs (out of London)			
Drug and alcohol treatment services	Once a fortnight	£120	£3,120
<b>Total social care case management costs</b>			<b>£6,180</b>

<sup>1</sup> Department for Education (2013) *Data pack: improving permanence for looked after children*, <http://www.education.gov.uk/a00227754/looked-after-children-data-pack/> [accessed 1 October 2013].

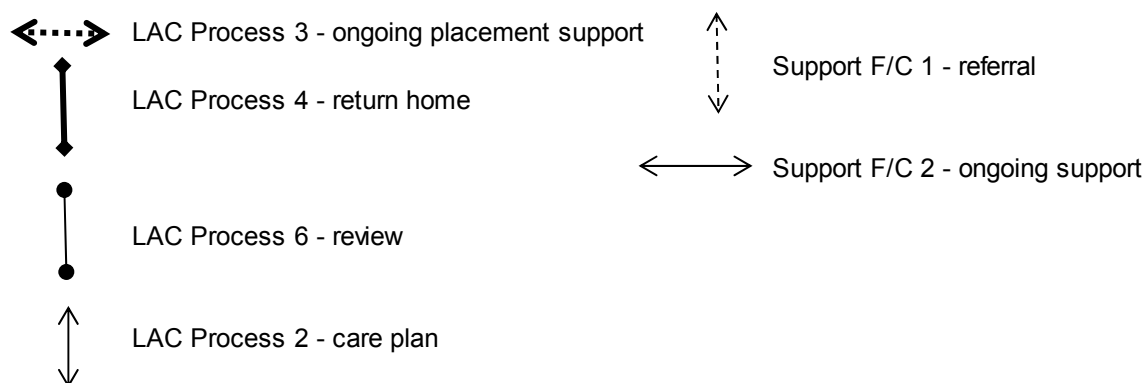
### 8.9.3 Child C – high level of child in need support and support foster care provided on return home from care

Child C was placed in a specialist therapeutic foster care community placement outside the area of the placing authority between September 2011 and October 2012. Prior to this placement, child C had experienced two other placements and was accommodated under Section 20 arrangements.<sup>1</sup> Child C had emotional and behavioural problems, and was aged 11 at the start of the specialist placement included on the timeline below. On return home, child C was referred to receive support foster care. A support foster care family was identified, and respite care was provided by the carers for one overnight stay per week. The case also remained open as a CiN/support foster care case, and this support continued until March 2013.<sup>2</sup>

#### Timeline for child C



#### Social care processes (case management)



Social care processes (case management)			
Process	Frequency	Unit cost	Sub-total
LAC 2 – carer plan	Twice	£238	£476
LAC 3 – ongoing	10 months	£11,855	£118,550
LAC 4 – return home	Once	£412	£412
LAC 6 – review	Twice	£614	£1,228
Support foster care – ongoing	2 months	£688	£1,376
Support foster care – referral	Once	£392	£392
<b>Total social care case management unit costs</b>			<b>£122,434</b>

<sup>1</sup> Department for Education (2012) *Children in care*, <http://www.education.gov.uk/childrenandyoungpeople/safeguardingchildren/a0068940/children-in-care/> [accessed 10 September, 2013].

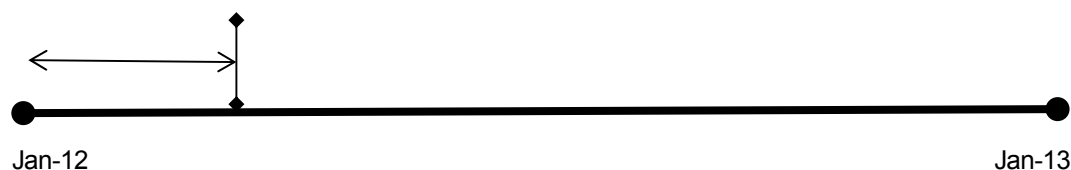
<sup>2</sup> Department for Education (2013) Data pack: improving permanence for looked after children, <http://www.education.gov.uk/a00227754/looked-after-children-data-pack> [accessed 1 October 2013].



## 8.9.4 Child D – ongoing support provided by an independent fostering provider on return home from care

Child D was placed with Intensive Foster Placement (IFP) foster carers in June 2010, aged 16, after a care order was obtained. Child D had emotional and behavioural difficulties and remained in the placement until August 2011. On return home, child D continued to be supported by the IFP, and there was a good working relationship between the foster carers and birth family. The support continued until the end of March 2012. The timeline below shows the CiN support provided during the first three months of 2012.<sup>1</sup>

### Timeline for child D



#### Key

#### Social care processes (case management)

↔ Process 3 - CiN ongoing support

↑↓ Process 4 - close CiN case

Social care processes (case management)			
Process	Frequency	Unit cost	Sub-total
CiN 3 – ongoing support	3 months	£1,072	£3,216
CiN 4 – close case	Once	£98	£98
<b>Total social care case management unit costs</b>			<b>£3,314</b>

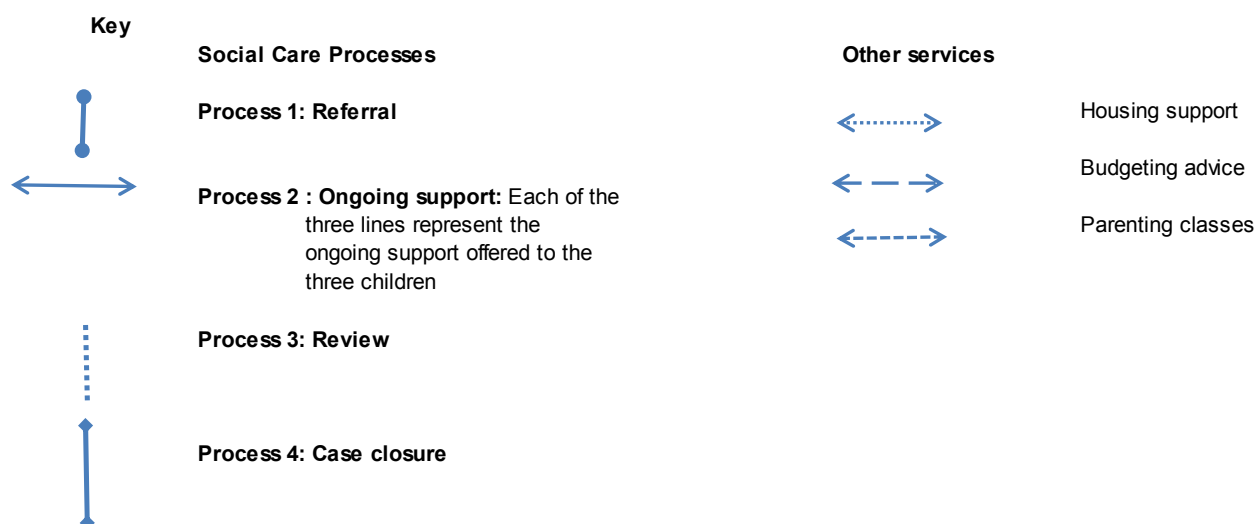
<sup>1</sup> Department for Education (2013) *Data pack: improving permanence for looked after children*, <http://www.education.gov.uk/a00227754/looked-after-children-data-pack> [accessed 1 October 2013].

## 8.10 Support care for children

Support care is short-term preventative foster care aimed at families in crisis, with a view to avoiding a child being taken into care full-time and long-term. Support carers look after the child on a part-time basis, while at the same time a package of other support services is offered to the family, giving them space, guidance and help to work through their problems. The information reproduced below has been drawn from the *Unit Costs of Support Care*, a report by the Fostering Network (2013) in conjunction with Lisa Holmes from the Centre for Child and Family Research (CCFR) at Loughborough University.<sup>1</sup> The report demonstrates that support care, including the accompanying support services for families, has a far lower unit cost than the foster care it replaces.

As well as helping struggling families stay together, support care also helps family and friends' carers such as grandparents, who report that they struggle when children are first placed with them. It can also help to prevent adoption breakdown, and be a breathing space for some families whose children do not reach the criteria for short breaks for disabled children but desperately need help.

Using the methodology developed by the team at CCFR and a range of pre-existing process unit costs (for example, referrals, reviews and ongoing support),<sup>2</sup> the costs of support care, using individual case studies as illustrative examples, are presented in tables 8.10.1 and 8.10.2. Comparative costs if the local authority had been required to place them as looked-after children are also shown. Costs have been updated to current prices using the PSS pay & prices inflator. The key for the social care processes is as follows:



The first case study (8.10.1) shows that, for Family A, the costs would have been much higher if the local authority had been required to place them as looked-after children. The cost to look after the three children in local authority foster care for one year is £128,657, which is ten times higher than the estimated social care costs of providing support care for the same duration (£10,509).

The second case study (8.10.2) shows that the total estimated cost to look after child B in local authority foster care for one year is £45,777 – four times higher than the estimated social care costs of providing support care for the same duration (£10,822).

<sup>1</sup> The Fostering Network and Holmes, L. (2013) *Unit costs of support care*, the Fostering Network, London.

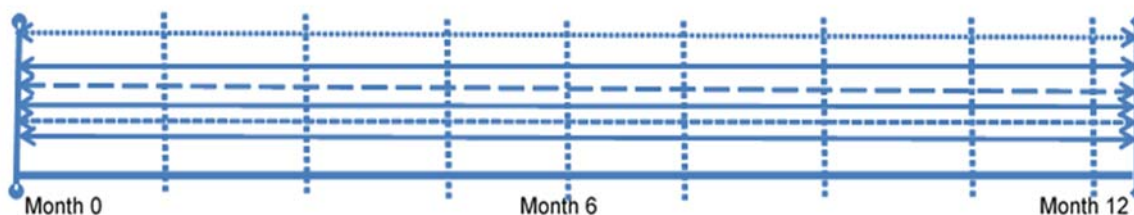
<sup>2</sup> Taken from: Ward, H., Holmes, L. & Soper, J. (2009) *Costs and consequences of placing children in care*, Jessica Kingsley, London; Holmes, L. & McDermid, S. (2012) *Understanding costs and outcomes in child welfare services: a comprehensive costing approach to managing your resources*, Loughborough University; Holmes, L. McDermid, S. Padley, M. & Soper, J. (2012) *Exploration of the costs and impact of the Common Assessment Framework*, Department for Education, London.

### 8.10.1 Family A – support care for a sibling group

Family A were referred to support care following social work concerns about their living arrangements and the deterioration in family relationships. The family consisted of 11 children living with their mother and step-father in a small three-bedroom house. In addition to support care, the family were engaged with a housing support service, budgeting advice, parenting classes and ongoing social work support.

Support care was initially offered to three members of the family: Jack aged 15, Samantha aged 8 and Jordan aged 7. Different support carers were identified for each of the children and they were offered one overnight stay with support carers once a fortnight.

#### Timeline



NB see 8.10 for the key to this diagram

#### Family A's: support care and annual social care costs

Process	Process unit cost	Social work cost	Fostering cost
1 Referral	£392	£246	£146
2 Ongoing support	(£226 x 12) and (£108 x 12)	£2,716	£1,304
2 Ongoing support	$[(£147/7) \times 26] \times 3 + [ (£424/7) \times 26] \times 3$		£6,362
3 Review	£82 x 8 and £68 x 8	£661	£550
4 Case closure	£278	£244	£34
<b>Total</b>		<b>£3,868</b>	<b>£8,396</b>

#### Annual costs of other support or services provided alongside support care

Support or service	Frequency/duration	Unit cost	Subtotal
Parenting programme	One course – group	£500	£500
Housing support	Once a fortnight	£31	£806
Budgeting advice	Once a fortnight	£31	£806
<b>Total cost of other support or services</b>			<b>£2,112</b>

#### Family A: social care costs for looked-after children

The cost to look after the three children in local authority foster care for one year would be £128,657 which is nine times higher than the estimated social care costs of providing support care for the same duration (£10,509).

These costs include the activity to find the first placement for the three siblings, to review the case (using statutory timeframes of 28 days, three-monthly and six-monthly intervals), update care plans and also support the children in their placements. The costs of these processes are detailed below:

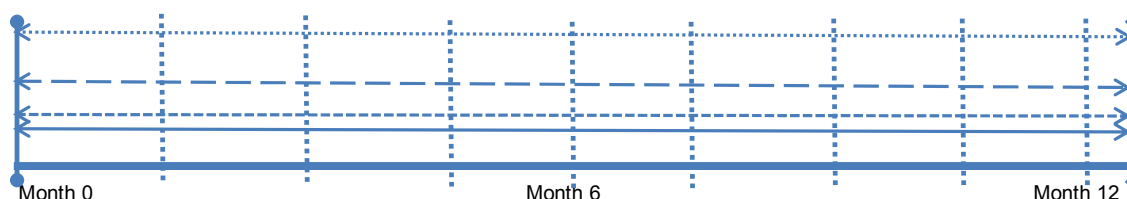
Process	Cost
1: Decide children need to be looked after and find first placement	£965
2: Care plans: Updated three times following reviews for each of the children (£238 x 9)	£2,142
3: Maintain the placements: Support and placement costs (£793 per child per week)	£123,708
6: Review: Held on three occasions during the year (3 x £614)	£1,842

### 8.10.2 Child B – Support care for a single child

Child B (aged six) was referred for support care as a result of housing and financial concerns. He was living with his father and step-mother, along with five other children, in a two-bedroom property throughout the week, and a further three children stayed at weekends. Space and overcrowding were key concerns, as were the financial pressures.

Child B was offered support care for one overnight stay per week at the weekend. Child B's father also agreed to attend support sessions for parenting and budgeting. Child B continued with weekly visits to his support carers for six months, until his family secured larger accommodation. He then continued to receive support care, on a fortnightly basis for three further months before being reduced to monthly stays. Child B and his family no longer required support care or other support services after 12 months.

#### Timeline



NB see 8.10 for the key to this diagram

#### Child B's: support care and annual social care unit costs

Process	Process unit cost	Social work cost	Fostering cost
1.	£392	£246	£146
2.	(£226 x 12) and (£108 x 12)	£2,716	£1,304
2.	[(£147/7) x 42] and [(£424/7) x 42]		£3,426
3.	(£82 x 8) and £68	£661	£550
4.	£278	£244	£34
<b>Total</b>		<b>£3,868</b>	<b>£5,461</b>

#### Annual costs of other support or services, provided alongside support care

Support or service	Frequency/duration	Unit cost	Subtotal
Parenting programme	Once course – group	£500	£500
Housing support	Six sessions	£31	£186
Budgeting advice	Once a fortnight	£31	£806
<b>Total cost of other support or services</b>			<b>£1,492</b>

#### Child B's: social care costs for looked-after children

The costs for child B would also have been much higher if the local authority had been required to place him as a looked-after child. The costs below include the activity to find the first placement for child B, to review the case (using statutory timeframes of 28 days, three-monthly and six-monthly intervals), update his care plan and also support child B in his placement. The costs of these processes are detailed below:

Process	Cost
1. Decide child needs to be looked-after and find first placement	£965
2. Care plans: Updated three times following reviews	£1,734
3. Maintain the placements: Support and placement costs (£793 per week)	£41,236
6. Review: Held on three occasions during the year (3 x £614)	£1,842
<b>Total</b>	<b>£45,777</b>

## 8.11 Young adults with acquired brain injury in the UK

Acquired brain injury (ABI) is 'a non-degenerative injury to the brain occurring since birth', including both open and closed head injuries. ABI includes a range of diagnoses or causes, including strokes or tumours. Head injury through trauma is a common cause among young adults. ABI is not thought to affect life expectancy after the initial acute phase, so the prevalence of long-term brain damage is high at 100-150 per 100,000 population, implying a total of 60,000-90,000 people in the UK (<http://www.rhn.org.uk/>).

A study was undertaken by the Personal Social Services Research Unit to identify the health and social care services used by young adults aged 18-25 years with acquired brain injury (ABI) and the associated costs.<sup>1</sup> The study identified the annual incidence of ABI in this age group, and then tracked the young adults' likely progress through four support-related stages: trauma, stabilisation, rehabilitation and return to the community. By identifying the numbers using different treatment locations and services at each stage, a picture of service use and costs could be built up over a notional 12-month period following injury. All costs have been updated to 2012/2013 prices using the HCHS pay & prices Inflatior.

Four broad groups of young people with ABI were identified by their location at the community care stage.

Group 1 comprises the largest proportion of those sustaining brain injuries and includes those who attend A&E with ABI or spend short periods in a hospital ward and then return home. A small proportion, perhaps just one in five, will have follow-up appointments arranged at an outpatient clinic or with their GP. This group will generally have had a mild head injury and no longer-term disability, although 20 per cent of this group may continue to have residual symptoms six months after injury.

**Group 1: Average cost per person = £301 per year.**

People in Group 2 are also likely to have returned to their own homes within a year, but are more seriously disabled and rely on personal care support provided by spouses, parents or other informal carers. This group may include those who are discharged home from longer-term residential rehabilitation (34% of patients discharged), from acute brain injury units (25%) and from neurosurgery units (23%). It is likely that at least 40 per cent of them will require at least part-time support or supervision from informal carers.

**Group 2: Average costs per person = £21,482 per year.**

The third group of young adults with ABI are those whose pathway towards the end of a year will see them living in supported accommodation with formal (paid) personal carers. Some will have been discharged straight from hospital and some will have stayed in a rehabilitation facility prior to their move to supported living. One in four of these young adults will need overnight supervision, and three in four will need at least part-time supervision during the day. The number of young adults may be quite high, but some will move on to more independent living. Others will need this type of support for many years to come. For cost estimates, it has been assumed this group will live in community-based housing with low staffing levels during the day and 'sleeping-in' staff at night. In addition to personal care, they are also likely to use outpatient clinics and community-based therapists. Personal care costs (estimated at an average of 8 hours overnight 'sleeping-in' and 6 hours during the day) would amount to £538 per week. Use of community-based therapy and health care services would add another £625 by the end of the notional 12-month period.

**Group 3: Average cost per person = £41,186 per year.**

The fourth group includes young adults who are likely to be among the most severely disabled. Although some will be supported at home, it is estimated that 310 will be resident in nursing homes for young adults, specialist ABI residential units, in longer-stay hospital wards or in mental health units. They are likely to have been the most severely injured. Some of the principal independent providers contacted for this research reported current prices for residential placements of up to £3,129 per week, often jointly funded by health and social services. Nursing homes and 'young disability units' are likely to be less costly. However, nursing home care may not be appropriate for people with severe ABI-related disability as there tend to be few qualified staff and low input from local community-based teams or specialist doctors.

**Group 4: Average cost per person = £42,438 per year.**

<sup>1</sup> Beecham, J., Perkins, M., Snell, T. & Knapp, M. (2009) Treatment paths and costs for young adults with acquired brain injury in the United Kingdom, *Brain Injury*, 23, 1. 30-38.

## 8.12 Palliative care for children and young people

The government's manifesto commitment to improve palliative care services in 2006<sup>1</sup> resulted in an independent review of children's palliative care services commissioned by the Secretary of State for Health.<sup>2</sup> This independent review was based on findings from a wide consultation with stakeholders, including children and young people and their families, commissioners and providers of services, along with commissioned research from Department of Health and the York Health Economics Consortium.

Information for this table has been drawn from the work carried out by the York Health Economics Consortium<sup>3</sup> which provides examples of illness trajectories and the resulting costs for children in need of palliative care. All costs have been updated using the appropriate inflators to provide current prices. See Lowson et al. (2007) for more information on the cost benefits of using community care instead of hospital services.

### 8.12.1 Short illness trajectory: cancer

This generic pathway was developed for a child with cancer from data provided by Sargent Cancer Care for Children and Cancer and Leukaemia in Childhood (CLIC Sargent). It was triangulated with information collected during focus groups which included two parents, both of whose children had died: one from a form of leukaemia, the second from bone cancer.

<b>A child with cancer</b>	<b>Cost per year</b>
<b>Health costs</b>	
During one year	
- Three inpatient stays	£7,365
- One ward attendance per month	£694
- One day care episode per fortnight	£4,063
- One home visit per week, including intensive bereavement support	£8,727
<b>Sub-total</b>	<b>£20,849</b>
It was assumed that the child died at home with intensive community support and that there was no uptake of respite care. It was also assumed that there were no costs accruing to education and social services	
<b>Financial burden on the family</b>	
- One family member gives up paid employment	£15,004
- Significant financial cost to family	£7,482
<b>Sub-total</b>	<b>£22,486</b>
<b>Total costs (including financial burden on the family)</b>	<b>£43,335</b>

<sup>1</sup> Cochrane, H., Liyanage, S. Nantambi, R. (2007) *Palliative care statistics for children and young adults*, Department of Health, London.

<sup>2</sup> Craft, A. & Killen, S. (2007) *Palliative care services for children and young people in England*, Department of Health, London.

<sup>3</sup> Lowson, K., Lowson, P. & Duffy, S. (2007) *Independent review of palliative care services for children and young people: economic study*, Final Report, York Health Economics Consortium, Department of Health Independent Review Team, London.

## 8.12.2 Longer life illness trajectories: cardiac care

This pathway has been developed for a typical child being treated by a community-based team. The information was provided by parents at a focus group.

<b>A child aged 15 months with a cardiac condition</b>	<b>Cost per year</b>
<b>Health costs</b>	
During one year	
- Inpatient stay of 5 days in local hospital for respiratory infection	£2,455
- Inpatient stay of 4 weeks in paediatric cardiac unit including 1 week in PICU	£49,852
- Inpatient stay of 6 days in local hospital for viral infection	£2,455
- Inpatient stay of 6 weeks in paediatric cardiac unit including 2 weeks in PICU	£77,633
- One outpatient visit per month to local team	£2,083
- One home visit per week by community team	£8,727
- One telephone contact per week	£361
<b>Sub-total</b>	<b>£143,566</b>
<b>Social care costs</b>	
- The child attends a pre-school special needs nursery	£3,727
- Uses wheelchair and has home equipment	£6,477
<b>Sub-total</b>	<b>£10,204</b>
<b>Respite care costs</b>	
Assumptions re. respite care (based on focus groups and published evidence)	£15,973
- 15 days per year at hospice	£8,583
- 6 hours per week at home	
<b>Sub-total</b>	<b>£24,556</b>
<b>Financial burden on the family</b>	
- Family in receipt of carer allowance	£0
- One family member gives up paid employment	£15,004
- Significant financial cost to family	£7,482
<b>Sub-total</b>	<b>£22,486</b>
<b>Total costs (including financial burden on the family)</b>	<b>£200,811</b>

### 8.12.3 Longer life illness trajectories: cystic fibrosis

This pathway has been developed for a typical child being treated by a community-based team. The information was provided by parents at a focus group.

<b>A child aged 5 years with cystic fibrosis</b>	<b>Cost per year</b>
<b>Health costs</b>	
During one year:	
- Two inpatient stays in local hospital for receipt of intravenous antibiotics	£8,255
- One outpatient visit per month to local team comprising consultant paediatrician and consultant respiratory paediatrician	£8,333
- Four visits per year to speech and language therapist	£1,769
- One home visit per fortnight by community team	£407
- One telephone contact per week	£4,364
	£361
<b>Sub-total</b>	<b>23,489</b>
<b>Social care costs</b>	£6,533
- The child attends mainstream school with support	£6,477
- Uses wheelchair and has home equipment	
<b>Sub-total</b>	<b>£13,010</b>
<b>Respite care (based on focus groups and published evidence)</b>	
- 15 days per year at hospice	£15,973
- 6 hours per week at home	£8,583
<b>Sub-total</b>	<b>£24,556</b>
<b>Financial burden on family</b>	
- One family member gives up paid employment	£15,004
- Significant financial cost to family	£7,482
<b>Sub-total</b>	<b>£22,486</b>
<b>Total costs</b>	<b>£83,540</b>



### 8.12.4 Longer life illness trajectories: child with multiple disabilities

This pathway has been developed for a typical child being treated by a community-based team. The information was provided by parents at a focus group.

<b>An older child with complex and multiple needs.</b> The child has renal problems and seizures, with visual impairment and intellectual difficulties. The child and family are in contact with five specialities: paediatric endocrinology, paediatric gastroenterology, neurosurgery, ophthalmology, child psychiatry.	<b>Cost per year</b>
<b>Health costs</b> In one year <ul style="list-style-type: none"> <li>- One inpatient stay in tertiary centre for neurosurgery</li> <li>- One inpatient stay for dental extraction</li> <li>- One outpatient visit per week for blood tests</li> <li>- One outpatient visit per month for specialist reviews</li> <li>- Two CT scans</li> <li>- Two MRI scans</li> <li>- Three EEGs</li> <li>- Four visits per year to clinical psychologist</li> <li>- Four visits per year to speech and language therapist</li> <li>- One face-to-face visit per month by community team</li> <li>- One home visit per fortnight by community team</li> <li>- One telephone contact per fortnight with community team</li> </ul>	£16,069 £1,160 £9,028 £2,083 £299 £778 £344 £1,769 £407 £2,014 £4,028 £181
<b>Sub-total</b>	<b>£38,160</b>
<b>Social care costs</b> <ul style="list-style-type: none"> <li>- The child attends a school for children with special educational needs</li> <li>- Uses wheelchair and has home equipment</li> </ul>	£3,509 £6,477
<b>Sub-total</b>	<b>£9,986</b>
<b>Respite care (based on focus groups and published evidence)</b> <ul style="list-style-type: none"> <li>- 15 days per year at hospice</li> <li>- 6 hours per week at home</li> </ul>	£15,973 £8,583
<b>Sub-total</b>	<b>£24,556</b>
<b>Financial burden on the family</b> <ul style="list-style-type: none"> <li>- Family in receipt of carer allowance</li> <li>- One family member gives up paid employment</li> <li>- Significant financial cost to family</li> </ul>	£0 £15,004 £7,482
<b>Sub-total</b>	<b>£22,486</b>
<b>Total costs (including financial burden on the family)</b>	<b>£95,188</b>