

ASCOT International Webinar

ASCOT for Service Users and Carers – Experiences from Austria

WU

**WIRTSCHAFTS
UNIVERSITÄT
WIEN VIENNA
UNIVERSITY OF
ECONOMICS
AND BUSINESS**

Birgit Trukeschitz

Vienna, 24 January 2018

**Research Institute for
Economics of Aging**



- What really matters: quality-of-life outcomes for long-term care recipients
- ASCOT – why? - What it is and how it works
- ASCOT in Austria
- The Austrian part of the EXELC project
 - EXCELIC - an overview
 - Aims and progress on the Austrian work packages
 - Developing ASCOT-S and ASCOT-C for German speaking countries
- Next steps



**What really matters:
quality-of-life outcomes for long-term care recipients**

- What really matters: quality-of-life outcomes for long-term care recipients
- ASCOT – why? - What it is and how it works
- ASCOT in Austria
- The Austrian part of the EXELC project
 - EXCELIC - an overview
 - Aims and progress on the Austrian work packages
 - Developing ASCOT-S and ASCOT-C for German speaking countries
- Next steps

ASCOT – why?

What it is and how it works...

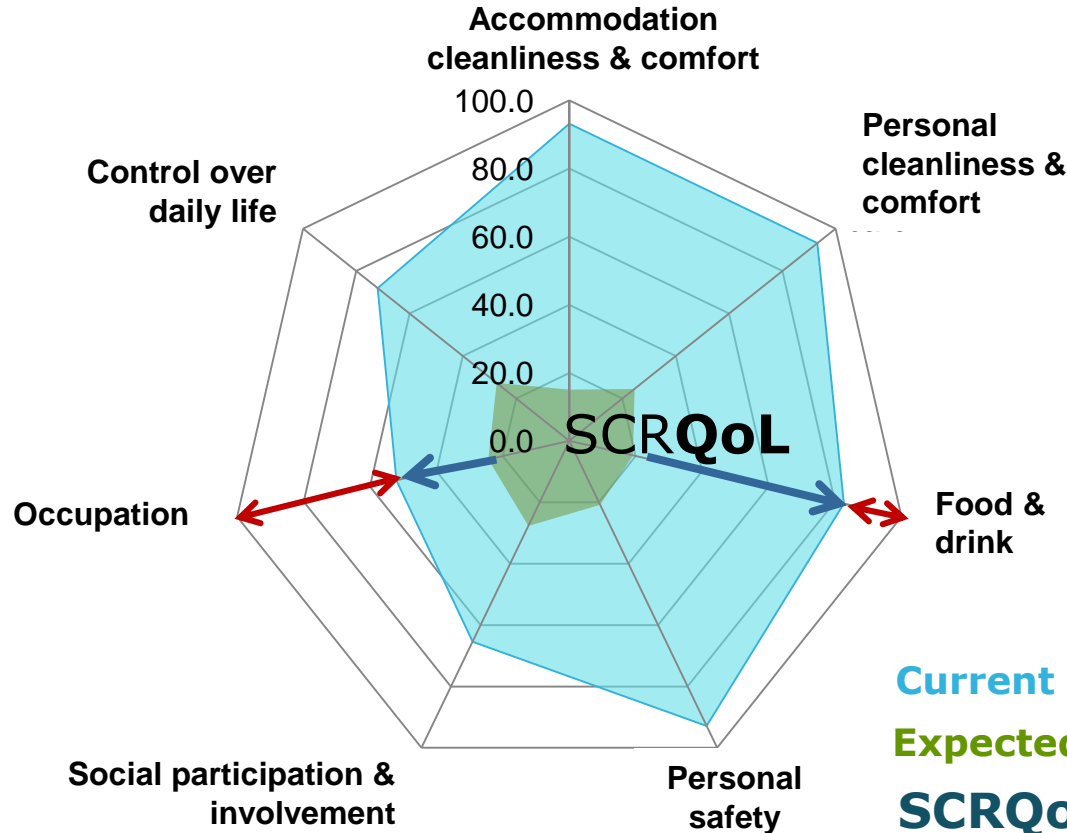


ASCOT – what is it and how it works

Care homes in England

$n_H: 80; n_R=338$

Source: Netten, Beadle-Brown, Trukeschitz, Towers, Welch, Forder, Smith and Alden (2010)



Current SCRQoL

Expected SCRQoL

SCRQoL impact

Room for improvement

- What really matters: quality-of-life outcomes of long-term care services
- ASCOT – why? - What it is and how it works
- ASCOT in Austria
- The Austrian part of the EXELC project
 - EXCELIC - an overview
 - Aims and progress on the Austrian work packages
 - Developing ASCOT-S and ASCOT-C for German speaking countries
- Next steps



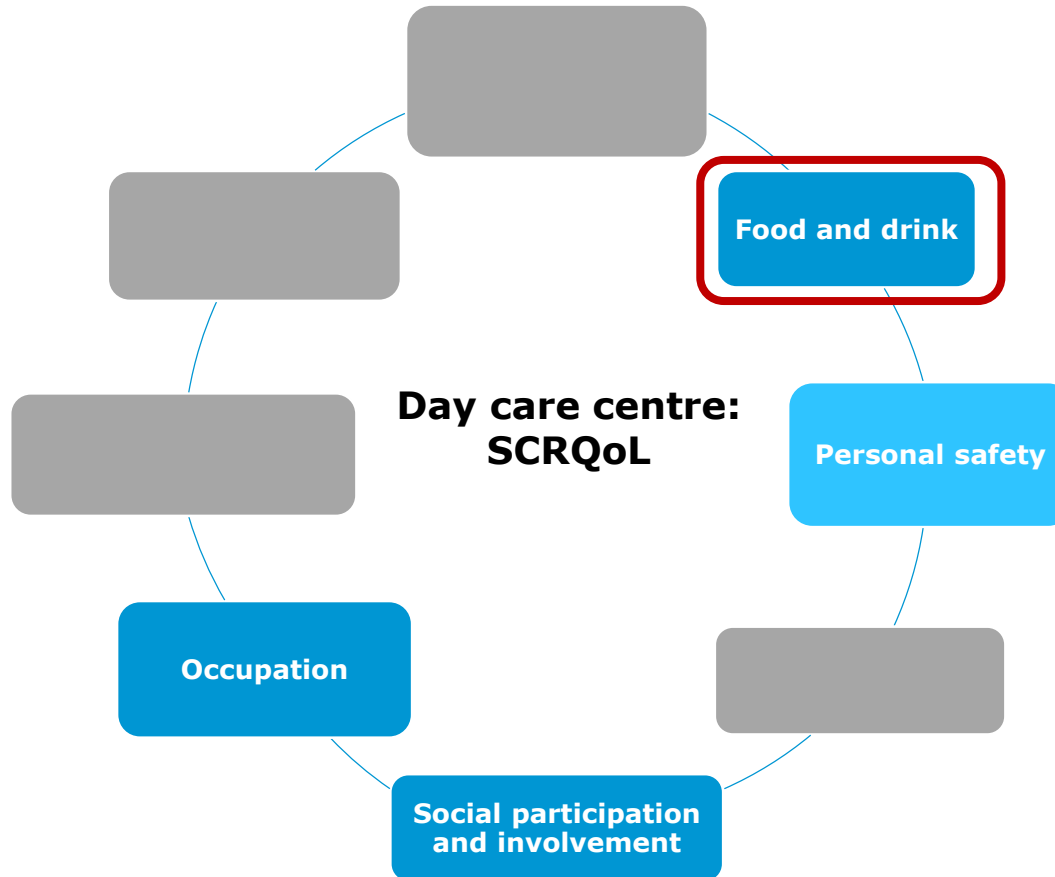
ASCOT
adult social care outcomes toolkit

in Austria

Three examples:

- Quality of life in day care centres – a qualitative study
- Austrian Home Visits and Counselling Programme (HCVP)
- Home Care Quality of Life Audit of Caritas

How do day care centres contribute to QoL– Is this all?



Example: „Food and drink“ – what makes people happy?



„I do not have to prepare the meals myself.“

„I started to eat again!“

(Trukeschitz, Fliegenschnee 2012)

Example „Food and drink“ – improvements people suggested



Goulash



Example „Food and drink“ – improvements people suggested

„**Goulash and beer go together.** Well, you can ask for a beer, but you will not get it“



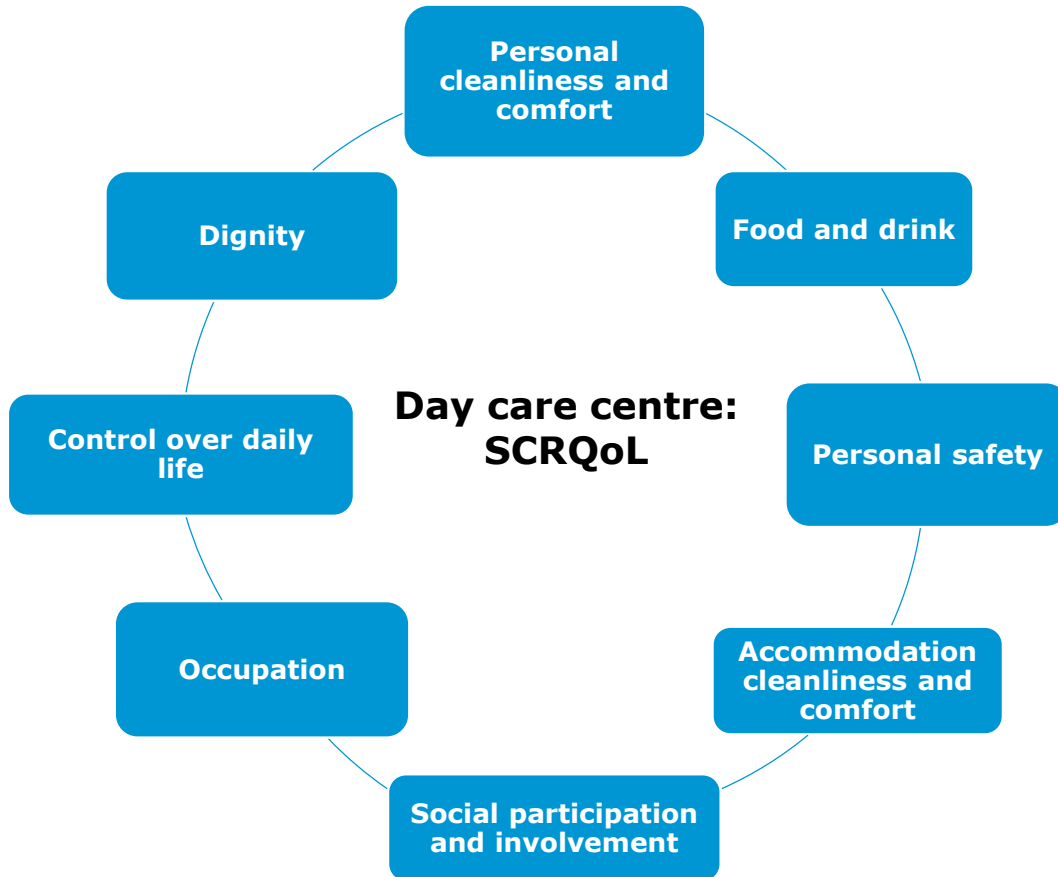
Goulash



(Trukeschitz, Fliegenschnee 2012)

In a nutshell:

ASCOT provided a useful framework to investigate QoL-effects



→ Learn more about what people like and what they do not like

→ Day care centres offer more than games and company...

(Trukeschitz, Fliegenschnee 2012)

The Austrian Home Visits and Counselling Programme (HVCP) & ASCOT

Background:

Long-term care allowance (since 1993)

Quality assurance regulation:

HVCP since 2001 (Austrian Federal Ministry of Labour, Social Affairs, Health and Consumer Protection):

Graduate nurse...

... assesses the care situation

... offers counselling & advice



LTC allowance
recipient



Aim of the ASCOT-project:

To add **LTC outcome measure** to the assessment instrument using the concept of ASCOT

- November 2009-October 2010
- Relates to the idea and concept of ASCOT & comprehensive reference scenarios for home care
- Funded by the Austrian Federal Ministry of Social Affairs
- Implemented in 2011

Home Care Quality of Life Audit & ASCOT

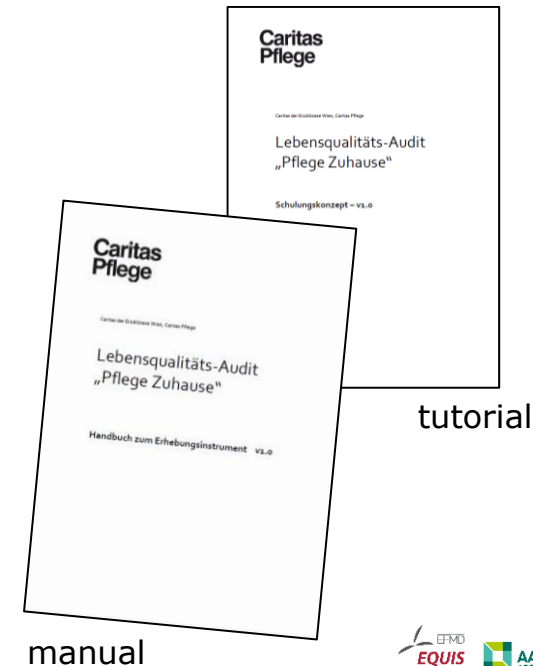
Caritas (Vienna & Lower Austria - East)

Background:

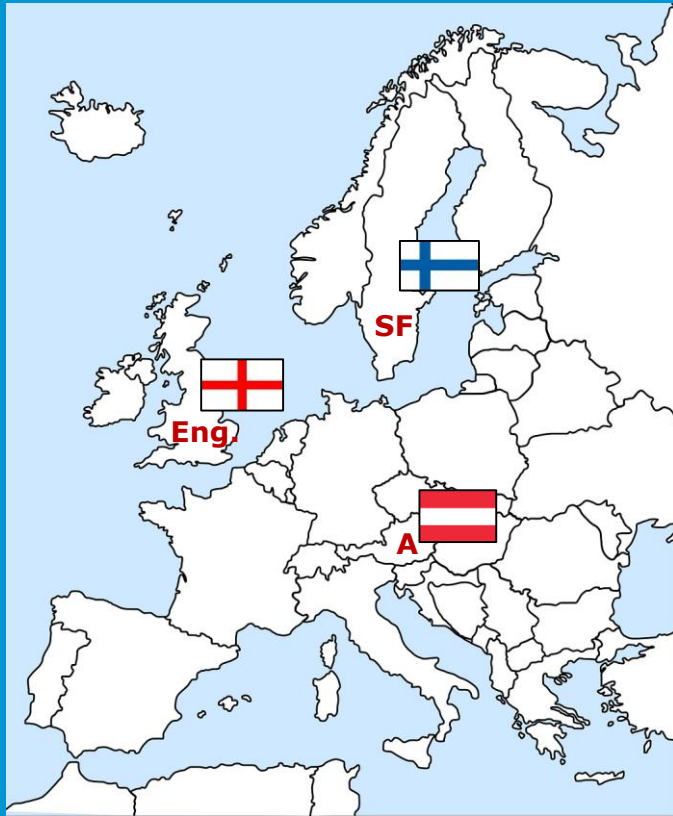
- nursing managers from Caritas visits home care clients to assess the care provided;
- intended to focus on quality-of-life outcomes of home care service provision

Aim of the ASCOT-project: Development of the Home Care Quality of Life Audit

- September 2015 – December 2016:
- joint work with a colleague from Gesundheit Österreich and nursing managers from Caritas; funded by Caritas
- Using ASCOT – scoring (original); further development of the reference scenarios for home care



- What really matters: quality-of-life outcomes for long-term care recipients
- ASCOT – why? - What it is and how it works
- ASCOT in Austria
- The Austrian part of the EXELC project
 - EXCELC - an overview
 - Aims and progress on the Austrian work packages
 - Developing ASCOT-S and ASCOT-C for German speaking countries
- Next steps



<https://www.excelc.eu/>



April 2015 – August 2018

NORFACE programme (“Welfare State Futures”)

Funded by NORFACE Coordination Office with funds from the 7th Framework Programme.

Additional funding for Austria: FWF (Austrian Science Funds), the FSW (Fonds Soziales Wien) and WU; and for Finland: the National Institute for Health and Welfare.

- **University of Kent**, PSSRU – Professor Julien Forder (project lead)
- **LSE**, London School of Economics and Political Science, PSSRU – Dr Juliette Malley
- **THL** – National Institute for Health and Welfare – Professor Ismo Linnosmaa
- **WU Vienna University of Economics and Business**, Research Institute for Economics of Aging – Dr Birgit Trukeschitz



- **WP1: Translation & testing instruments**

- ASCOT-S and ASCOT-C translated
- To do: validation, write up results



- **WP2: Establishing preference weights and exploring preferences**

- Data collected (general population in Austria: 2 x 1,000 people)
- To do: run final models, write up results



- **WP3: Exploring variations in QoL outcomes**

- Data collected (636 service users, 344 carers, thereof 152 SU-C pairs)
- Blogs on
 - experiences from conducting structured interviews with LTC recipients
 - The lives of Austrian home care service users – experiences from the interviews
- To do: complete data cleaning, modelling, write up results



- **WP4: Exploring the relative efficiency of care systems and estimating cost-effectiveness**

- Data on unit costs collected
- To do: modelling, write up results



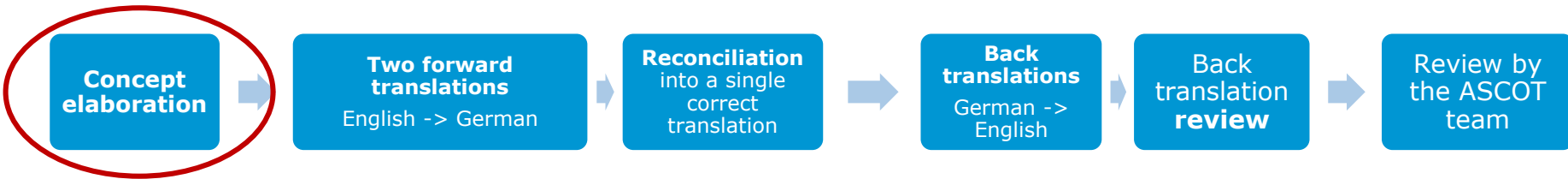
Developing ASCOT-S and ASCOT-C for German speaking countries



Process & challenges

- ASCOT-S and ASCOT-C: translation work (June 2015 – March 2016)
 - Carried out by the translating agency PharmaQuest (now part of Corporate Translations) in cooperation with the EXELC-teams from Austria, Finland, England and the ASCOT team

- Process:



Process & challenges

- ASCOT-S and ASCOT-C: translation work (June 2015 – March 2016)
 - Carried out by the translating agency PharmaQuest (now part of Corporate Translations) in cooperation with the EXELC-teams from Austria, Finland, England and the ASCOT team
- Process:



Independent proofreading, comments from EXCELC-team members, social workers; pilot testing and cognitive interviews; pilot testing review, investigator proofreading

Final report: March 2016, 1,542 pages

Download ASCOT-S & ASCOT-C for German speaking countries available from September 2018 (<http://www.pssru.ac.uk/ascot/>)

- What really matters: quality-of-life outcomes for long-term care recipients
- ASCOT – why? - What it is and how it works
- ASCOT in Austria
- The Austrian part of the EXELC project
 - EXCELIC - an overview
 - Aims and progress on the Austrian work packages
 - Developing ASCOT-S and ASCOT-C for German speaking countries
- **Next steps**



Save the date: 10-12 September 2018

Organised session(s): Results from the EXCELC-project on quality of life outcomes for care-service users and their carers in England, Finland and Austria

ILPN-Conference in Vienna 2018

5th International Conference on Evidence-based Policy in Long-term Care

WU Vienna University of Economics and Business

<http://www.ilpnetwork.org/ilpn-conference-2018/>

see you there! 😊



contact details



VIENNA UNIVERSITY OF
ECONOMICS AND BUSINESS

RESEARCH INSTITUTE OF ECONOMICS OF AGING

Welthandelsplatz 1, 1020 Vienna, Austria

DR BIRGIT TRUKESCHITZ

T +43-1-313 36-5877

birgit.trukeschitz@wu.ac.at

<https://www.wu.ac.at/en/altersoekonomie>

