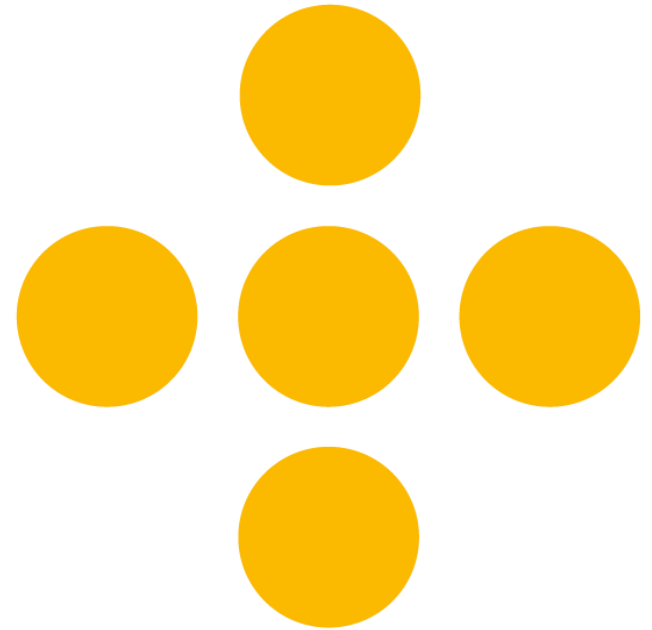




POSITIVE FUTURES  
ACHIEVING DREAMS. TRANSFORMING LIVES.

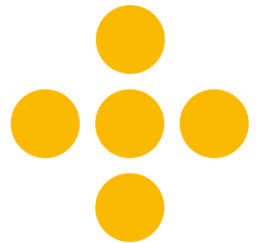
# Measuring Impact: ASCOT and The Life I Want Strategy

Jemma Ennis-Dawson  
Project Manager



# Overview

- Positive Futures: Who we are!
- Our Personalisation journey – from "Good 2 Great" to "The Life I Want" strategy
- Evaluating the impact of personalisation: Why ASCOT?
- The practical application of ASCOT
- Positive Futures findings!



# Positive Futures

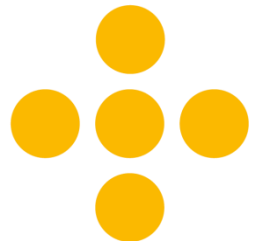
## Achieving Dreams, Transforming lives.

### Our Mission:

- Working together to achieve dreams and transform lives.

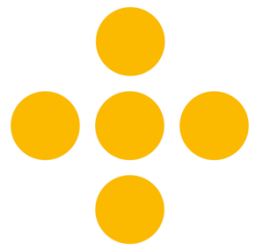
### Our Values:

- We put the people we support first – always
- We see possibilities and opportunities
- We challenge the status quo and aren't afraid to lead the way
- We look for new, creative, better ways to do things
- We aim for excellence
- We don't give up – if it needs to be done, we believe it can and will be done
- We are accountable and realistic
- We can show that a small investment in community-based approaches saves considerable money in the long run
- We can prove that our services make a big difference in people's lives
- We welcome helpful feedback
- We believe in the value of partnership working and proactively seek out partnerships



# What is “The Life I Want”

<https://www.youtube.com/watch?v=tOz9X2kyqyE>



# Evaluating the impact of ‘personalisation’

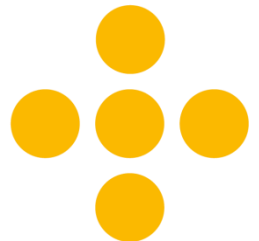
Impact:

What do we want to know?

*“Does this process have a positive impact on the lives of people we support?”*

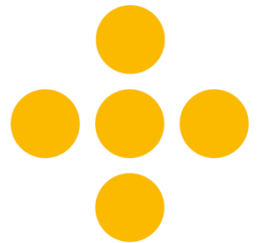
What is the best method / tool to use to answer our question?

- Easy to use
- ‘Fit’ with our existing practises (not additional workload)
- Be adaptable, used by a range of individuals with varying levels of need
- Provide direction – so we know how to improve our services for the people we support.



# What tools did we considered?

- Goal Attainment Scale (GAS)
- The Outcome Life Star
- Personal Budgets Outcomes Evaluation Tool (POET)
- Health Equality Framework
- Adult Social Care Outcomes Tool (ASCOT)



# The practical application of



## For staff:

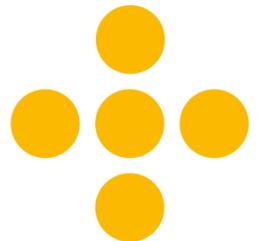
- Easy to use
- Can be incorporated into everyday practice within monitoring and review processes
- Information is easy to record
- Instant results
- Easy to interpret with visual findings
- Questions can be tailored for a specific type of service or all services

## For the people supported:

- Easy to complete, either by yourself or with support from your Social Worker through conversation
- Opportunity to share what elements are not working for you
- Opportunity to work with social worker to identify actions to improve domains leading to a better quality of life

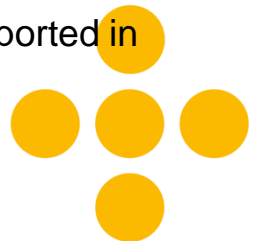
## Provider perspective:

- Clearly identified areas where change is required
- Illustrative data, easy to interpret
- Data can be aggregated across services or for specific individuals



# How did we use ASCOT?

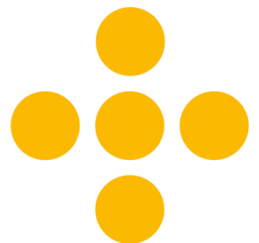
- ASCOT (INT 4)
- We agree how we would use the tool with people we support who couldn't verbally communicate responses or have the capacity to complete the tool.
- Trained people we supports Key Workers & Service Managers how to use the tool.
- 68 people we support completed the tool, data used for 67 people (41 people completed the questions with support from the interviewer; 26 individuals responses were discussed and agreed by the person's core support circle).
- 20 of the 67 people included in the analysis of data had completed "The Life I Want" strategy.
- An average SCRQoL score was collated for each SLS.
- All data was then collated to provide an aggregate SCRQoL score for all individuals supported in SLSs.





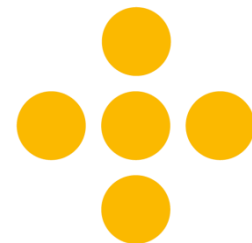
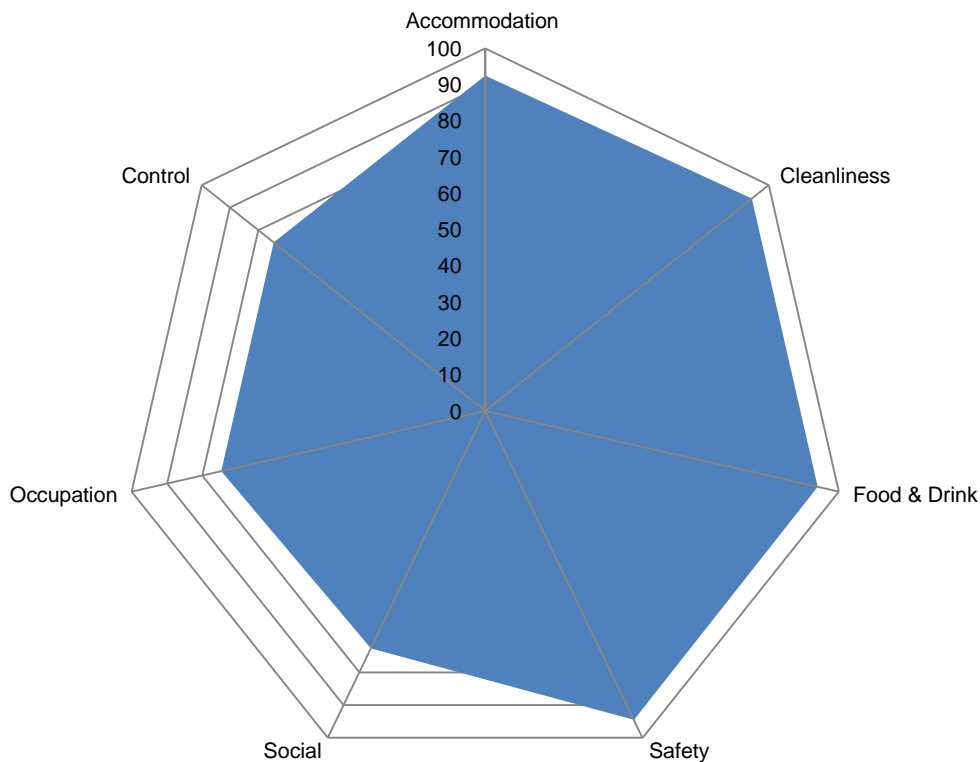
# Interpretation of SCRQoL score

- ASCOT SCRQoL scores range from -0.17 – 1.00.
- Any score  $<0$  indicates that the person considers themselves to be living in a state worse than being dead.
- 1.00 is considered an 'ideal state' – by their expectation, the individuals wishes and preferences are fully met.
- A low SCRQoL score indicates increased 'need' in one or more domains for example, an individual scoring some needs across all domains would score 0.17.

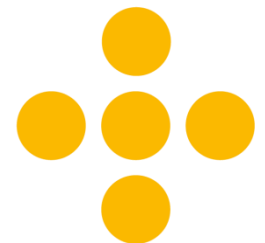
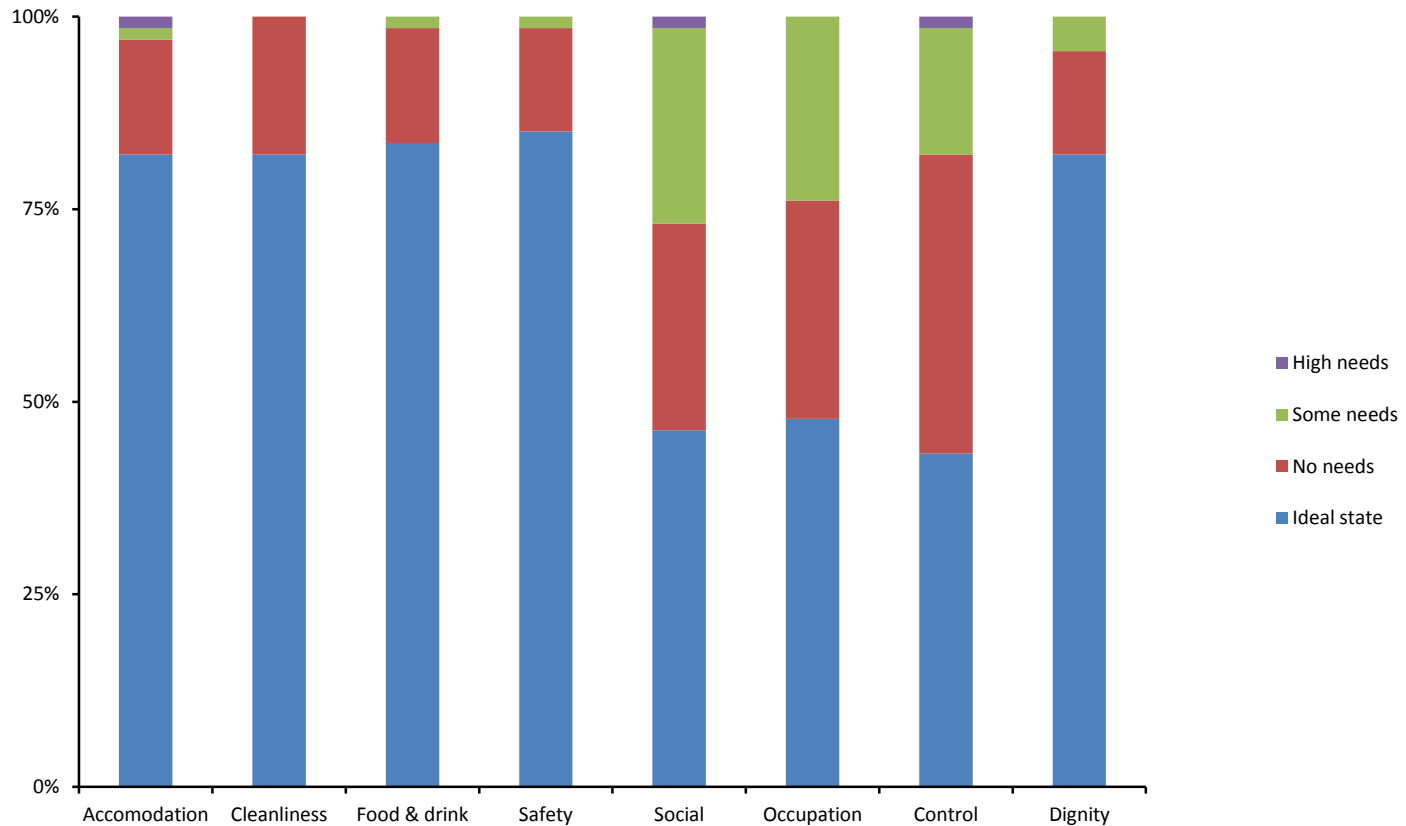


# Findings:

- Aggregate mean SCRQoL score for people supported by Positive Futures Supported Living Services is: **0.88**
- No one is in a state considered to be worse than death!
- Scores on SCRQoL are skewed towards the higher end, i.e. most people (n = 51) scored better than the average, m = 0.88.



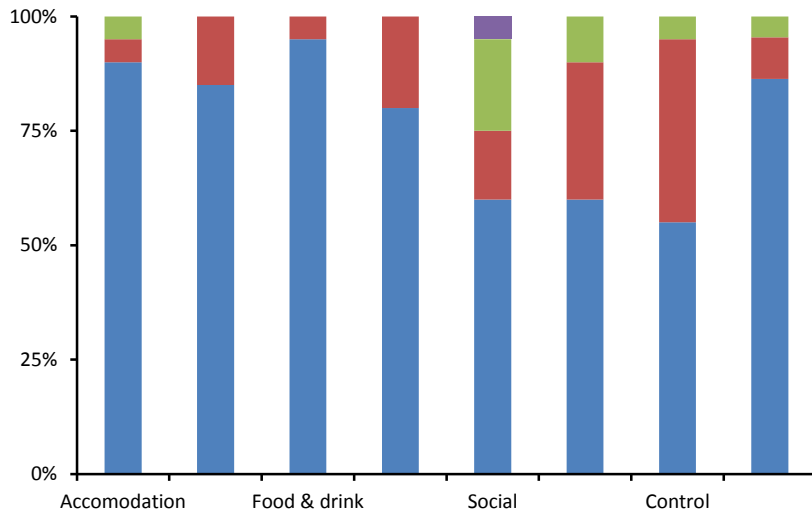
# Positive Futures “The Life I Want” findings:



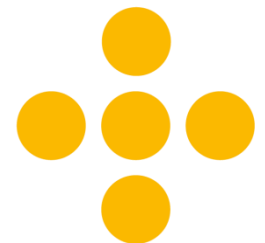
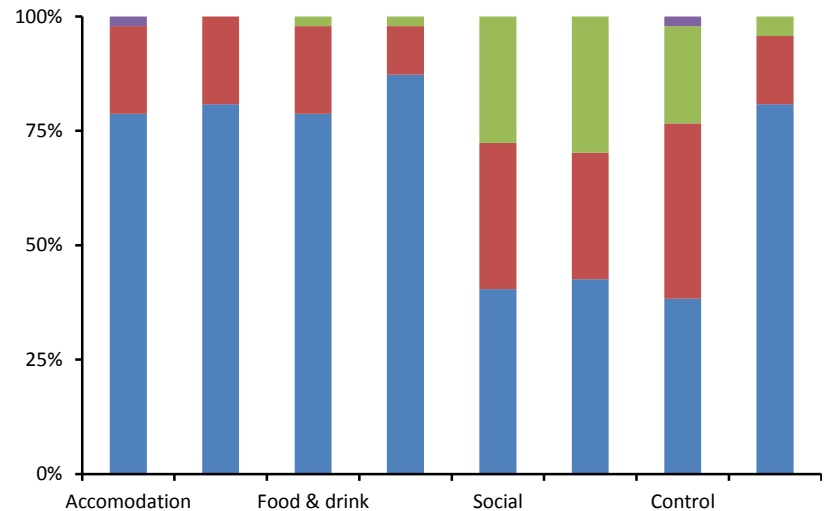
# Does “The Life I Want” processes lead to better outcomes?

Overall individuals who have completed “The Life I Want” strategy reported (SCRQoL score:  $m = 0.91$ ) their quality of life to be greater than those who have not (SCRQoL score:  $m = 0.87$ ).

*Individuals who have completed TLIW processes*

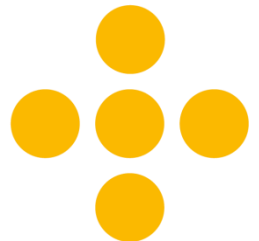


*Individuals who have NOT completed TLIW processes*



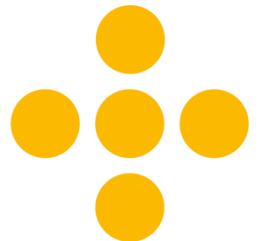
# What having an outcomes based approach has meant for us?

- Positive Futures has 3 main areas where we can improve individuals' lives:
  - Social participation and involvement
  - Control
  - Occupation
- What we are doing to improve this?
  - Employed a Community Connections Coordinator
  - Individuals have a 'perfect week' / reviewed support planners / matched staff to people's choices so they have more control over their support
  - Supporting the person to see their purpose in life - through just enough support identifying reciprocal relationships to help individuals



# Future uses of ASCOT:

- Incorporated into Person centred Review processes
- Completed again in September for annual comparison of aggregate data
- Exploring the use of using the Carers Version of ASCOT to evaluate the impact of our family services on their carers SCRQoL





Thank you for listening!

Jemma Ennis-Dawson  
Project Manager “The Life I Want”  
02891475720

[Jemma.ennis-dawson@positive-futures.net](mailto:Jemma.ennis-dawson@positive-futures.net)  
[www.positive-futures.net](http://www.positive-futures.net)

