

ASCOT
adult social care outcomes toolkit

Introduction to ASCOT-Carerer

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Aims of this presentation

Frequently asked questions....

1. What ASCOT-Carer measures are available?
2. What is the difference between the ASCOT-Carer SCT4 and ASCOT-Carer INT4?
3. Which measure would be best suited to my study or organisation?

Assumptions

- You are familiar with ASCOT
- You are familiar with the outcome states (levels)
- You are familiar with the scoring:
 - Current Social Care-related Quality of Life (SCRQoL)
 - Expected SCRQoL
 - SCRQoL gain (estimating the impact of services)

For more information on these topics, please refer to the other available presentations

Introduction to ASCOT-Carerer

- **Adult Social Care Outcomes Toolkit for Carers**
 - Self completion (Carer-SCT4)
 - A measure of the social care-related quality of life of family/friend carers, aged 18 years or older
 - Interview (Carer-INT4)
 - What effect does social care support have on carers' social care-related quality of life ?

ASCOT-Carer Domains

Service User (SCT4/INT4)	Carer (SCT4/INT4)
Control over daily life	Control over daily life
Occupation	Occupation
Social participation and involvement	Social participation and involvement
Personal safety	Personal safety *
Personal cleanliness and comfort	Self-care
Food and drink	
Accommodation cleanliness and comfort	-
Dignity	-
-	Space and time to be yourself
-	Feeling encouraged and supported

* Carer-specific personal safety (i.e. feeling safe from accidents, harm etc. *as a result of caring role*)

	ASCOT-Carer SCT4	ASCOT-Carer INT4
Format	Self-completion	Face-to-face interview
Number of response levels	4	4
Current SCRQoL	Yes	Yes
Expected SCRQoL	No	Yes
Measure effect of services?	No	Yes
Number of questions	7	21
Intended use	With carers of adults who are supported by social care services	With carers of adults who are supported by social care services

ASCOT-Carer INT4: Impact of services

- **Current SCRQoL**
- **Expected SCRQoL**
 - Self-rating of SCRQoL in the absence of social care services
 - Assume no other help will step in – to estimate the full value of services
- **SCRQoL Gain**
 - SCRQoL gain = *current* SCRQoL - *expected* SCRQoL
 - Estimate of the effect of services on the person's quality of life

For more information on the INT4 method, please refer to the other available presentations.

Things to consider

- The aim of your study or organisation
 - Do you need to measure impact?
 - Are you planning to collect the data several times?
 - How do you plan to use the information?
- Your budget (might limit your choices)
- Time scales (especially if training is needed)



Thank you for listening

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