

care home resident interview schedule (CHINT4 Resident)

Interviewer Notes

1. Using the interviewer prompts

When asking about how the respondent feels about the domain in question, interviewers may add that this question is asking about the service user's present situation to clarify the timeframe of the question.

2. Mixed-methods toolkit

We do not expect many care home residents to be able to complete a structured interview. This interview schedule is therefore intended for use as part of a mixed-methods toolkit. If the person you are interviewing cannot complete this interview, please try the semi-structured interview instead, which takes conversational approach. We recommend training before using this mixed-methods toolkit.

If you are *only* intending to interview residents and staff, rather than use a mixed-methods approach, please use the INT4 (current questions only for care home residents) and ASCOT-proxy (for staff or family members).

3. Notes on Sensitive Questions

The ASCOT questions ask respondents to think about their lives and experiences. This may be upsetting to some respondents, particularly if they are currently experiencing difficulties. We would recommend that the interviewer clearly explains the nature of the questions before obtaining informed consent, and emphasises the respondent's right to terminate the interview or to refuse to answer specific questions without further explanation.

4. Extra space

There is space under each question to record any further relevant information the respondent gives you regarding that domain. It may be useful to record any contextual information, or reasoning for a person's answer, in this box.

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Introduction

I would like to ask you some questions about your life here in the care home. I would like to know about your experience of living in this care home and how you feel about your quality of life here. I will do this by asking about different aspects of your life.

There are no wrong or right answers. I am just interested in your views and experiences.

If I ask you something that isn't clear, just ask me to explain what I mean. If I ask you a question that you would rather not answer, that is fine, just tell me you'd rather not talk about that and we can move on to another topic.

If you would like to have a short break or stop the interview at any point, just let me know.

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Food and drink

1. Thinking about the food and drink you get, which of the following statements best describes your situation?

Interviewer prompt: If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- I get all the food and drink I like when I want
- I get adequate food and drink at OK times
- I don't always get adequate or timely food and drink
- I don't always get adequate or timely for and drink, and I think there is a risk to my health
- Not known [If not known, go to the next question]

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Accommodation cleanliness and comfort

2. Which of the following statements best describes how clean and comfortable it is here?

Interviewer prompt: *When thinking about how clean and comfortable it is here please think about communal areas of the care home such as the lounge, hallways and the dining room as well as your own room*

If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- | | |
|---|--------------------------|
| It is as clean and comfortable as I want here | <input type="checkbox"/> |
| It is adequately clean and comfortable here | <input type="checkbox"/> |
| It is not quite clean or comfortable enough here | <input type="checkbox"/> |
| It is not at all clean or comfortable here | <input type="checkbox"/> |
| Not known [If not known, go to the next question] | <input type="checkbox"/> |

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Personal cleanliness and comfort

3. Thinking about keeping clean and presentable in appearance, which of the following statements best describes your situation?

Interviewer prompt: If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- I feel clean and am able to present myself the way I like
- I feel adequately clean and presentable
- I feel less than adequately clean or presentable
- I don't feel at all clean or presentable
- Not known [If not known, go to the next question]

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Social participation & involvement

4. Thinking about how much contact you have with people you like, which of the following statements best describes your social situation?

Interviewer prompt: If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- I have as much social contact as I want with people I like
- I have adequate social contact with people
- I have some social contact with people, but not enough
- I have little social contact with people and feel socially isolated
- Not known [If not known, go to the next question]

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Occupation

5. Which of the following statements best describes how you spend your time?

Interviewer prompt: *When you are thinking about how you spend your time please include anything you value or enjoy such as leisure activities.*

If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

I'm able to spend my time as I want, doing things I value or enjoy

I'm able to do enough of the things I value or enjoy with my time

I do some of the things I value or enjoy with my time, but not enough

I don't do anything I value or enjoy with my time

Not known [If not known, go to the next question]

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Control over daily life

6. Which of the following statements best describes how much control you have over your daily life?

Interviewer prompt: *By 'control over daily life' we mean having the choice to do things or have things done for you as you like and when you want.*

If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

I have as much control over my daily life as I want

I have adequate control over my daily life

I have some control over my daily life, but not enough

I have no control over my daily life

Not known [If not known, go to the next question]

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Personal safety

7. Which of the following statements best describes how safe you feel?

Interviewer prompt: By 'feeling safe' we mean how safe you feel both inside and outside the care home. This includes fear of abuse, falling or other physical harm.

If needed, please prompt: When answering the question, think about your situation at the moment.

Please tick (☑) one box

I feel as safe as I want

Generally I feel adequately safe, but not as safe as I would like

I feel less than adequately safe

I don't feel safe at all

Not known [If not known, go to the next question]

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Dignity

8. Which of these statements best describes how having help to do things makes you think and feel about yourself?

Please tick (☑) one box

- | | |
|--|--------------------------|
| Having help makes me think and feel better about myself | <input type="checkbox"/> |
| Having help does not affect the way I think or feel about myself | <input type="checkbox"/> |
| Having help sometimes undermines the way I think or feel about myself | <input type="checkbox"/> |
| Having help completely undermines the way I think or feel about myself | <input type="checkbox"/> |
| Not known [If not known, go to the next question] | <input type="checkbox"/> |

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9. Which of these statements best describes how the way you are helped and treated makes you think and feel about yourself?

Please tick (☑) one box

- The way I'm helped and treated makes me think and feel better about myself
- The way I'm helped and treated does not affect the way I think or feel about myself
- The way I'm helped and treated sometimes undermines the way I think and feel about myself
- The way I'm helped and treated completely undermines the way I think and feel about myself
- Not known

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This questionnaire has been developed by members of the Personal Social Services Research Unit (PSSRU) and Centre for Health Services Studies (CHSS) at the University of Kent at Canterbury, United Kingdom (UK). This is independent research substantially funded by the NIHR Health and Social Care Delivery Programme (15/144/51). The views expressed are those of the authors and not necessarily those of the NHS, the NIHR, the Department of Health and Social Care or its arm's length bodies or other government departments. The University of Kent is the sole owner of the copyright in these materials. The University of Kent authorises non-commercial use of this questionnaire on the condition that anyone who uses it completes the following licence form (<https://www.pssru.ac.uk/ascot/not-for-profit/>) to enable the PSSRU at University of Kent to track authorised non-commercial use. The University of Kent does not automatically authorise commercial use of this questionnaire. Anyone wishing to obtain a licence for commercial use of any of the ASCOT materials should complete the for profit licence form <https://www.pssru.ac.uk/ascot/for-profit-licenses/>. You may then be put touch with the Research and Innovation Services, at the University of Kent.